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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 53 No. 51

Thursday, September 9, 2021

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TOURNAMENT CHAMPS – Team Nazz went 5-0, including a 14-5 win in the championship game to capture the inaugural Steele & Nazz Softball Classic at Faxon Park Aug. 28. From left to right: (bottom row) Curran Jorgensen and Mike Litif; (top row) James Harrison, Cam Dillon, Adam Nazzaro, Tyler Braun, Colin Ryan, Pat Connors, Danny Riley and Ryan Nagel. There were nine teams in the tournament and the event raised \$6,000 for the Cystic Fibrosis Foundation in memory of Dan and Dennis Sullivan. *Courtesy Photos*

Softball Tournament Raises \$6,000 For Cystic Fibrosis, Remembers Two Brothers

By TOM JOYCE

Lifelong Quincy residents Daniel Sullivan and Dennis Sullivan both passed away from Cystic Fibrosis last decade, but many of their friends in the community want to make sure that their legacy lives

on. One way that this was done in Quincy last weekend was the Steele & Nazz Softball Classic. It took place Aug. 28 at Faxon Field and O'Rourke Park in Quincy.

More than 100 people

signed up to play in the nine-team slow-pitch softball tournament. The charity event raised \$6,000, said tournament co-organizer Adam Nazzaro.

That money will go to the Cystic Fibrosis Foundation.

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SOFTBALL TOURNAMENT ORGANIZERS Adam Nazzaro (left) and Mike Steele (center) with Todd Angilly, who sings the national anthem at Boston Bruins home games. Angilly sang the national anthem at the softball tournament, supported the event and took photos with fans.

School Committee Preliminary Election Tuesday

By SCOTT JACKSON

The field of candidates seeking seats on the School Committee this year will shrink by one following next Tuesday's preliminary election.

Polls will open at 7 a.m. on Tuesday, Sept. 14, and will remain open until 8 p.m. The same polling place

used for last November's presidential election will be used this fall.

The preliminary election features a seven-person race for three seats on the School Committee. The top six vote getters in the preliminary will advance to the final election in November.

City Clerk Nicole Cris-

po is forecasting a turnout of 10 to 12 percent for the preliminary election. That would mean between 6,375 and 7,650 of the city's 63,756 registered voters will have cast ballots by the time polls close.

Absentee and mail-in voting is already underway

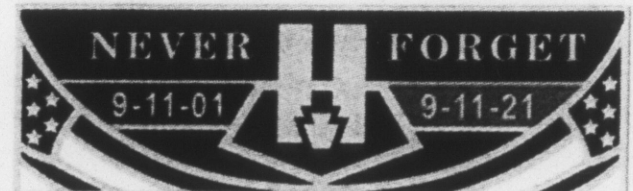
Sept. 11 Remembrance Ceremony Saturday

By SCOTT JACKSON

The Quincy Fire Department will hold a solemn observance Saturday morning to mark the 20th anniversary of the Sept. 11, 2001, terrorist attacks.

The ceremony will be held at departmental headquarters at 40 Quincy Ave. and will begin around 10 a.m., according to Fire Chief Joseph Jackson.

The observance will be



similar to previous years, he said, including a moment of silence, lowering the American flag to half staff, and tolling of a bell.

"We won't really deviate much from what we've done

in the past, even though it is the 20th anniversary," the fire chief said.

Jackson said he had been serving with the Quincy Fire Department for three years

Cont'd On Page 16

North Quincy High School Using New Yakoo Logo

By SCOTT JACKSON

North Quincy High School will begin using a new version of its Yakoo mascot – which replaces Native American imagery with colonial-era attire – this year while the school's athletic teams will retain the Raiders nickname.

Mayor Thomas Koch and Dr. Allan Yacubian, the original inspiration for the mascot, had unveiled the revised version of the Yakoo in August 2020. Rob Shaw, then the principal at North,

at the time said he would let the school's students determine whether or not to use the revised mascot and what the school should use as a nickname going forward.

In a recent interview, Supt. Kevin Mulvey said the students at North voted overwhelmingly in support of the new Yakoo last spring and also voted to keep the Raiders nickname. Over the summer, the new Yakoo was painted at center court in the school's gym and the new image will also ap-

pear throughout the building wherever the old Yakoo once was.

"We had input from the students and there was an election held with the former principal last spring and the students. I think it was 70 percent, elected to have the new Yakoo image as their mascot," Mulvey said.

"So, it was adopted with their approval and then we went ahead and did the new image, not only in the floor but I believe it is being re-

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Ward 2 Civic Assn. Looks To The Future - Page 11
QPS Making Strides Towards Diversity - Page 14



More Quincy news:

The Quincy Sun.com



WAYNE WESTCOTT

A Practical Fall Fitness Program

Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

For some of us, summer is a time to get outside and get in shape, which is highly commendable. Unfortunately, the end of summer may elicit a change in behavior with a return to

more sedentary living. The daylight hours are shorter, there is less lawn and garden work, and typically less free-time for walking, cycling, canoeing, hiking, and other physically beneficial recreational activities. If

you are in this category, I challenge you to take steps to maintain (or improve) your present level of fitness throughout the autumn months.

For others, summer is a time to relax and enjoy a

slower pace of living. You spend lots of time with your family, take vacations, do day trips, have picnics, and cool-off at the beach. Graduations, weddings, and reunions make it difficult to maintain your desired body-

weight, and the hot weather reduces your desire to exercise regularly. If this is a reasonably accurate description of your summer season, my challenge is to make September your starting point for improved physical fitness.

Most of us look to Labor Day as the start of a new year at school, college, or work. With this common mindset, it is logical to consider this time of year a perfect starting point for a new exercise program. Unlike Spring, when there may be more incentive to improve your appearance for summer clothes and bathing suits, the Fall fitness program is more about feeling better and functioning better through purposeful physical activity. The four key objectives of your fall exercise program are increased muscular strength, increased cardiovascular endurance, enhanced joint flexibility, and improved body composition. Of course, as you make progress in each of these fitness components you will undoubtedly observe desirable changes in your physique, especially more (firm) muscle and less fat.

Our research with thousands of program participants has clearly shown that excellent fitness results can be attained without high-volume or time-consuming training sessions, as long as the exercise intensity is moderately high. For example, in our body composition study, the research participants trained for 40 to 50 minutes, 2 or 3 days a week, with a combination of strength, aerobic, and flexibility exercise. After 6 months, they rebuilt 5 pounds of muscle and reduced 9 pounds of fat, for a 15-pound improvement in their body composition and physical appearance. In our follow-up bone density study, the research participants performed less than an hour of strength, aerobic, and flexibility exercise, 2 or 3 days a week. After 9 months of training, they likewise experienced significant muscle gain and fat loss, as well as reduced resting blood pressure and increased bone mineral density. In our low back study, the same basic training program produced significant increases in low back strength and significant decreases in low back-fatigue/discomfort, as well as significant improvements in body composition.

Every survey reveals that the greatest obstacle to regular exercise is lack of time. It should therefore be encouraging to know that 2 weekly 40 to 50-minute

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CITY OF QUINCY PRELIMINARY ELECTION

City Clerk's Office



August 17, 2021

Notice is hereby given to the voters of the City of Quincy, to assemble at the voting places in their respective Wards and Precincts, as designated on

TUESDAY, SEPTEMBER 14, 2021

Then and there to give their votes for the nominating of candidates for:

School Committee
Vote for no more than 3

The polls are to be opened at seven o'clock in the morning and close at eight o'clock in the evening.

Polling places have been designated as follows:

- WARD 1, PRECINCT 1 — MERRYMOUNT SCHOOL, 4 AGAWAM ROAD
- WARD 1, PRECINCT 2 — O'BRIEN TOWERS, 73 BICKNELL STREET
- WARD 1, PRECINCT 3 — THOMAS CRANE LIBRARY (MEETING ROOM), 40 WASHINGTON STREET
- WARD 1, PRECINCT 4 — ADAMS SHORE LIBRARY, 519 SEA STREET
- WARD 1, PRECINCT 5 — SAINT THOMAS AQUINAS HALL, DARROW STREET
- WARD 2, PRECINCT 1 — FORE RIVER CLUB HOUSE, 16 NEVADA ROAD
- WARD 2, PRECINCT 2 — CLIFFORD MARSHALL SCHOOL, 200 MOODY STREET
- WARD 2, PRECINCT 3 — MARTENSEN STREET HOUSING, 95 MARTENSEN STREET
- WARD 2, PRECINCT 3A — CLIFFORD MARSHALL SCHOOL, 200 MOODY STREET
- WARD 2, PRECINCT 4 — SAINT JOHN'S CHURCH, 44 SCHOOL STREET
- WARD 2, PRECINCT 5 — SAINT JOHN'S CHURCH, 44 SCHOOL STREET
- WARD 3, PRECINCT 1 — COVENANT CHURCH OF QUINCY, 315 WHITWELL STREET
- WARD 3, PRECINCT 2 — FIRST BAPTIST CHURCH, 81 PROSPECT AVENUE
- WARD 3, PRECINCT 3 — MONTCLAIR SCHOOL, 8 BELMONT STREET
- WARD 3, PRECINCT 4 — WOLLASTON SCHOOL, 205 BEALE STREET
- WARD 3, PRECINCT 5 — WOLLASTON SCHOOL, 205 BEALE STREET
- WARD 4, PRECINCT 1 — LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET ENTRANCE
- WARD 4, PRECINCT 2 — QUINCY LODGE OF ELKS, 254 QUARRY STREET
- WARD 4, PRECINCT 3 — QUINCY LODGE OF ELKS, 254 QUARRY STREET
- WARD 4, PRECINCT 4 — LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET ENTRANCE
- WARD 4, PRECINCT 5 — MORRISETTE AMERICAN LEGION POST, 81 LIBERTY STREET
- WARD 5, PRECINCT 1 — FORT SQUARE PRESBYTERIAN CHURCH, 16 PLEASANT STREET
- WARD 5, PRECINCT 2 — QUINCY COMMUNITY UNITED METHODIST CHURCH, 40 BEALE STREET
- WARD 5, PRECINCT 3 — ADAMS ACADEMY, 8 ADAMS STREET (DIMMOCK STREET ENTRANCE)
- WARD 5, PRECINCT 4 — BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
- WARD 5, PRECINCT 5 — BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
- WARD 6, PRECINCT 1 — NORTH QUINCY HIGH SCHOOL, 318 HANCOCK STREET
- WARD 6, PRECINCT 2 — KNIGHTS of COLUMBUS HALL, 5 HOLLIS AVENUE AT HANCOCK STREET
- WARD 6, PRECINCT 3 — KENNEDY CENTER GYM, 440 EAST SQUANTUM STREET
- WARD 6, PRECINCT 4 — ATLANTIC MIDDLE SCHOOL, 86 HOLLIS AVENUE
- WARD 6, PRECINCT 5 — SQUANTUM SCHOOL, 50 HUCKINS AVENUE

POLLS OPEN AT 7:00 A.M.

POLLS CLOSE AT 8:00 P.M.

Attest:



Nicole L. Crispo
NICOLE L. CRISPO
City Clerk

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City To Dedicate Generals Bridge, Park Saturday

By SCOTT JACKSON

The city will formally dedicate the new Generals Bridge and Park in Quincy Center this Saturday.

The ceremony to dedicate the bridge and park will begin at 10 a.m. on Saturday and will be held near intersection of Dunford Drive and McConville Way in the area of the former Ross Lot. The event will take place rain or shine.

The new bridge and park honor will 18 generals who have served the United States since the Revolutionary War. Seven of those generals, who have all served since World War II, will be honored with statues or busts in the new park space.

Three four-star generals will have full statues in the new park: retired Marine Corps Gen. Joseph Dunford, who served as the chairman of the Joint Chiefs and was the commandant of the Marine Corps before that; Gen. James McConville, currently the chief of staff of the Army; and retired Army

Gen. Gordon Sullivan, who served as the chief of staff of the Army.

Busts will be dedicated in honor of: Major General Francis McGinn of the Massachusetts National Guard; Ronald Rand, a retired Air Force brigadier general; the late Stephen Keefe, a major general in the Air Force; and the late Charles Sweeney, the pilot of the B-29 that dropped an atomic bomb on Nagasaki during World War II who later became a major general in the Massachusetts Air National Guard.

All five living generals have been invited to the speak at the dedication and all are expected to do so. Keefe's son, David, who also served in the Air Force, has been invited to speak in honor of his father. Richard Stratton, a naval aviator from Quincy who was held prisoner of war during the Vietnam War, has been invited to speak on behalf of Sweeney.

Gov. Charlie Baker and Mayor Thomas Koch are cohosting Saturday's ceremony.

US Rep. Stephen Lynch is also expected to deliver remarks at the event. Paul Hurley, the Army's retired chief of chaplains and a two-star general, will give the invocation. The Rev. William Harding, pastor emeritus at Bethany Congregational Church, will give the benediction.

Saturday's events will kick-off around 9:30 a.m. with a prelude from the US Navy Brass Quintet, Koch said. The combined Quincy-North Quincy High School Marching Band will also perform, making its way from Hannon Parkway to the area of the festivities around 10 a.m.

Koch said the ceremony would begin with the raising of the flags of the Army, Air Force, Navy, Marine Corps and Coast Guard. Veterans from each of those branches have been chosen as presenters for the flag raising.

The Star-Spangled Banner will then be played as the flags of the United States, Massachusetts and Quincy are raised. The families of Generals Joseph

Dunford, James McConville and Francis McGinn, all of whom are veterans, will be raising the U.S. flag. They will also serve as the honorary chairs of a 500-person

committee comprised of the city's veterans.

The ceremony will also include a military flyover, the mayor said, as well as howitzers.

The state is overseeing

the construction of the new Generals Bridge, which will form part of a road network linking Burgin Parkway to the municipal parking garage on the former Hancock

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VICTORIA YU of the University of California at Irvine (left), Nicola Liang of Quincy High (second from left) and Qiang Olivia Liu (right) of Northeastern University successfully completed a summer volunteer program for the City of Quincy Constituent Services. During their volunteer work July 6 through Aug. 27, the team published an on-line Asian Business Directory and a highlighted summary of the 2020 City Budget. The team also developed a Chinese/English Candidates List for the 2021 Election and presented these projects on Facebook live. Mayor Thomas Koch and Betty Yau, Office of the Mayor (second from right), met with the students on Aug. 26 in the Mayor's Office to express their appreciation of the volunteer efforts on behalf of the City of Quincy.

Photo Courtesy Mayor's Office

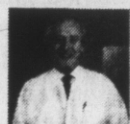
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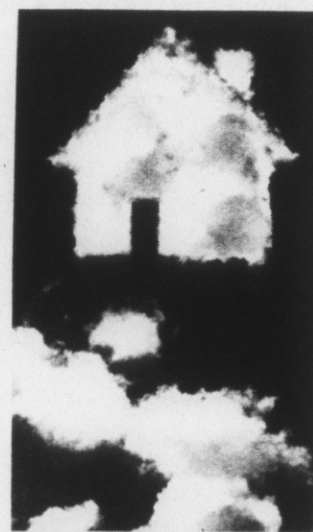
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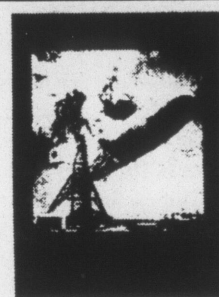
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Moments in time

THE HISTORY CHANNEL

EDITOR'S NOTE: In last week's "Moments in Time" column (0830), there were 2 items dated Sept. 18. The "New Zealand voting rights" item should be Sept. 19; the "cesium-137" is correct.

• On Sept. 22, 1598, 26-year-old playwright Ben Jonson is indicted for manslaughter after a duel. He was very nearly hanged, but his ability to read and write saved him. He claimed "benefit of clergy," which allowed him to be sentenced by the lenient ecclesiastical courts. In his time, Jonson was as famous as Shakespeare.

• On Sept. 25, 1789, the first Congress of the United States proposes 12 amendments to the U.S. Constitution, and sends them to the states for ratification. Ten were ratified and are known as the Bill of Rights.

• On Sept. 21, 1866, H.G. Wells, pioneer of science fiction, is born in Bromley, England. In 1895, he published his classic novel "The Time Machine" about a man who journeys to the future. The book was a success, as was "The War of the Worlds" (1898).

• On Sept. 20, 1881, Chester Arthur is inaugurated, becoming the third person to serve as president in that year. In March, President Rutherford Hayes turned over the reins of government to James Garfield, who was assassinated July 2 by a crazed gunman. Arthur, the vice president, was sworn in the next day.

• On Sept. 26, 1928, work begins at Chicago's new Galvin Manufacturing Corporation. In 1930, Galvin would introduce the Motorola radio, the first mass-produced car radio. (The name had two parts: "motor," evoking cars, and "ola" derived from "Victrola" record players.)

• On Sept. 24, 1968, CBS airs the first episode of the pioneer newsmagazine show "60 Minutes," which would become the longest-running prime-time show in American television history. The first episode featured coverage of the Richard Nixon and Hubert Humphrey presidential campaigns.

• On Sept. 23, 1992, Manon Rheume becomes the first woman to play in men's North American pro sports leagues when she takes the ice for the NHL's Tampa Bay Lightning in a preseason game.

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Keyhole garden

This raised-bed garden design is an option for those who are unable to manage a larger, in-ground space due to physical limitations or time constraints. Its design allows the soil to have direct access at all times to the nutrients in the built-in composting bin. The "keyhole" is a wedge-shaped opening where the gardener can walk easily to the composting bin and refill it.

- Brenda Weaver

Sources: www.bighogofgardening.com, concernusa.org

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Quincycycles Answers Questions About Biking In Quincy Ask A Neighbor Who Bikes

This column is created by Quincycycles, a group of Quincy residents advocating for bicycle infrastructure on our city streets and promoting responsible bicycling as a means of transportation, recreation, and exercise in Quincy.

We hear a lot of great questions about biking from our neighbors in Quincy, and are using this column to help respond. To ask a question of your own, please reach out to quincycycles@gmail.com. Thanks for reading!



I've noticed new bike lanes in Quincy. Are these safe?

Yes! Bike lanes have been shown to increase the safety for people riding bikes, walking, and driving cars. Bike lanes reduce vehicle speeds by narrowing lanes, improve the predictability of people's behavior while biking, and reduce the distance walkers are in contact with cars while crossing the street. A powerful study in the Journal of Transport & Health, "Why cities with high bicycling rates are safer for all road users", (2019) looked to predict what factors lead to traffic crashes and deaths in 12 cities. It found that "[b]etter safety outcomes are...associated with a greater prevalence of bike facilities - particularly protected and separated bike facilities - at the block group level and, more strongly so, across the overall city." Meaning bike lanes help, and protected bike lanes (ones that have more than just paint separating the lane from cars, like on Quarry Street), are a key contributor to safety. Additionally, bike lanes generally but, even more so physically protected bike lanes, are shown to reduce sidewalk riding by giving people on bikes a safe, comfortable place to move, reducing conflicts with people walking.

Finally, over and over, it has been shown the surest way to reduce both the number and severity of crashes on roads is to reduce the speed of motor vehicles. Research has demonstrated that a driver's vision is narrowed when driving fast, thereby reducing a driver's ability to see others on the road. And a vehicle going at 40mph is 5x as likely to kill a person walking than a vehicle going at 20mph. Any road with elements that reduce the speed of motor vehicles benefits everyone on the road. Neighborhood roads with frequent stop signs, speed humps or raised crosswalks, and pinchpoints, and main roads with bike lanes, and frequent comfortable crossings are great for people biking, walking, and driving. Improving the safety for people walking and

biking makes our roads safer, no matter how you are choosing to get around for the day.

I want to ride my bike in Quincy, but I'm nervous. Where should I get started?

Quincy has some great places to get started! Below is a list:

1) Neighborhood roads, particularly

a. South of Wollaston MBTA Station, there are a grid of streets where you can ride with little conflict with cars up and down many small roads. When you are done, grab some Chinese or Thai food from Brook Street!

b. North of Wollaston Station, enjoy neighborhood roads through North Quincy

2) The Neponset Trail is a great resource just across the Neponset River in Boston. Again, try Steel & Rye in Milton or one of the many restaurants in Mattapan Square as part of the ride!

3) The sidewalk trail along Quincy Shore Drive

4) The dike in Houghs Neck, paralleling Sea Street starting at Barbour Terrace. When you arrive in Houghs Neck, grab some food from Hough Many Scoops!

5) Billings Road bike lane

6) The new protected bike lane on Quarry Street

Additional route suggestions can also be found on the Quincycycles.org website.

We also recommend you reach out to your city councilor to let them know you want to see more safe places to bike in Quincy, and let them know where you want to ride!

Join Quincycycles for one of our neighborhood rides where we show people new to biking some tricks for getting around on calm roads to the many Quincy destinations.

Have a question you want answered about biking in Quincy? Email us at quincycycles@gmail.com.

BBB Alert: Don't Send Money To Fake Friends On Venmo

When a friend or family member is stuck in a bad situation and urgently needs money, you should help them out, right? Not if they are a scammer pulling this new con. Always double-check before sending money to a friend in need.

How the Scam Works

You get an out-of-the-blue Venmo request from a friend who needs money. Perhaps your friend has lost their wallet and needs to buy groceries. Could you send a couple hundred dollars to tide them over?

It sounds like a reasonable request. And it looks legitimate too. The message comes from an account using - what seems to be - your friend's username and profile photo. But if you look closer, you notice that the name is a character or two off from their real Venmo account.

Scammers are taking advantage of generous friends by changing their username and profile pictures to impersonate real app users. Using the information visible in Venmo's public feed, they figure out from whom this person had previously sent or received money. Then, scammers contact these users with requests for money.

This scam is just one of many cons using digital wallets apps, such as PayPal, Venmo, Zelle, and Apple Pay. Be aware that unlike credit cards, many digital wallet vendors will not shoulder the cost of fraud. If you pay scammers us-

ing a digital wallet, you may not be successful in getting the company to reimburse you.

Protect Yourself from a Venmo impersonation con

• **Double check with your friend before sending cash.** If you get an unusual request, call or text your friend to confirm their story. If you can't reach them, you can also tap on their Venmo profile to view their public transaction history and information.

• **Keep your transactions private.** Scammers use the information visible in Venmo's public feed to find targets. By keeping your transactions private, you reduce your risk of being targeted by scammers. Here's privacy setting information from Venmo.

• **Use money transfer with friends:** Protect yourself from scams by only using money transfer apps for their intended purpose -- sending money to people you personally know.

• **Enable additional security settings:** Check your account settings to see if you can turn on additional security measures, such as multi-factor authentication, requiring a PIN, or using fingerprint recognition like Touch ID.

• **Link your money transfer app to a credit card.** As with many other purchases, using a credit card will help protect you if you don't get the goods or services you paid for. Linking to a debit card or directly to your bank account does not give you that added protection.

Generals Bridge, Park Dedication Saturday

Cont'd From Page 3

Lot. Koch said the bridge should be open on or pretty close to Saturday.

"It will be largely done, but there is still some question on the punch-list items," Koch said.

"As you know, that is a state project. We did the

roads, we did the park - meaning the city - the state did the bridge and funded the bridge. They oversaw the construction of it."

The nearby park will tell the stories of the generals, the mayor said, and is where the statues and busts will be located. Sergey Eylanbekov,

the artist who made the statues of John Hancock and John Adams that bookend the Hancock-Adams Common near City Hall, was commissioned to make the generals' sculptures. Eylanbekov's other works include various statues of Dwight D. Eisenhower at his presidential memorial in Washington

that opened last year.

Koch anticipates a strong turnout on Saturday.

"I think we will have a minimum of 3,000," he said. "There is a lot of love of the military here, a lot of history here of the military, a lot of pride in the military, and I think that day they will be out to show that."

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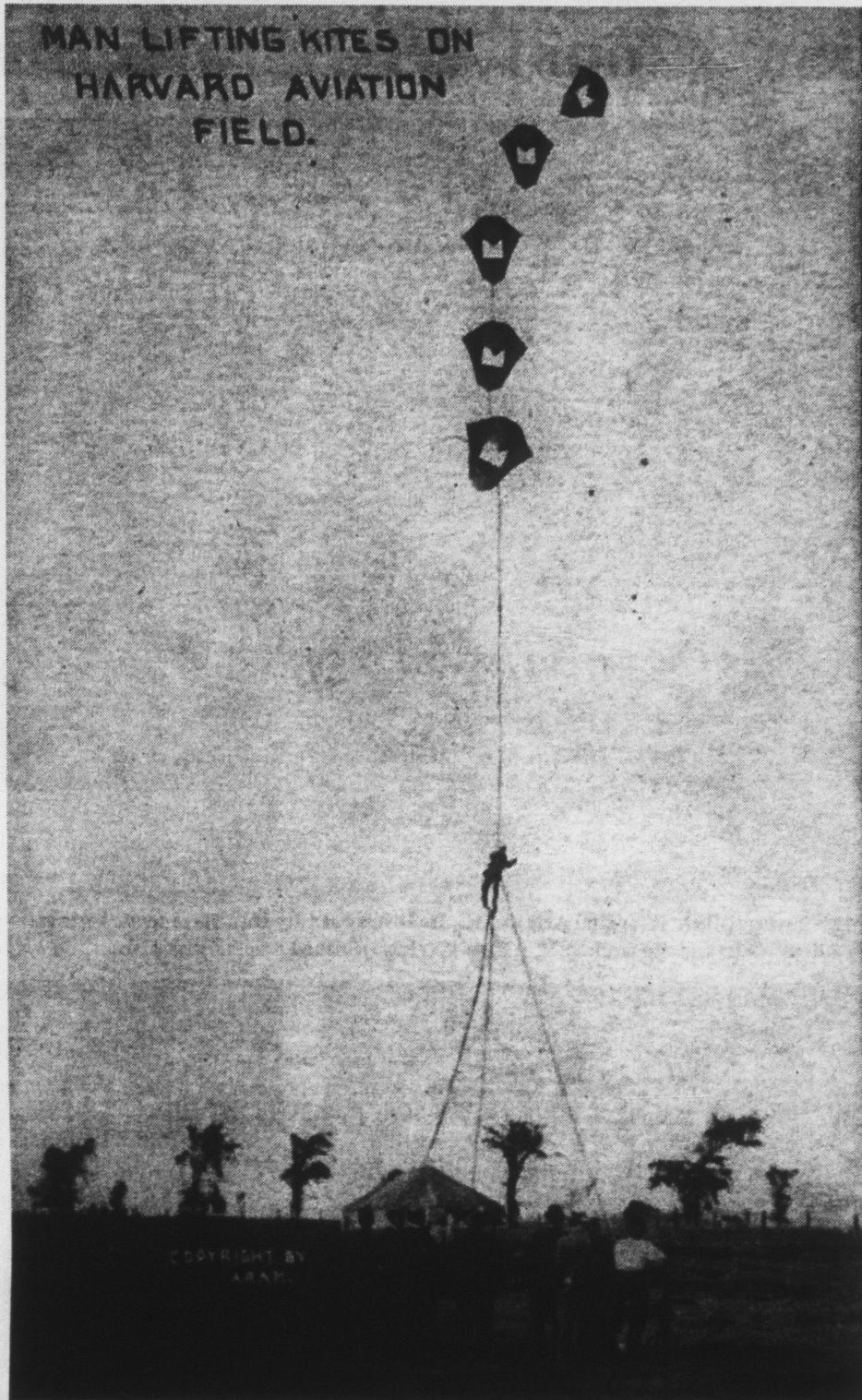
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Scenes From Yesterday

THIS IS A real photo postcard view of a demonstration of man-lifting kites at the Harvard Aero Meet at Atlantic in September 1910, 111 years ago this week. The 500-acre aviation field was on leased land around today's Kennedy Senior Center on East Squantum Street. Although kites are mostly thought of as toys they played an important role in the development of powered aircraft. The first device flown by the Wright Brothers at Kill Devil Hill in 1900 was a double-winged kite that they later added a motor to and flew in their first powered flight three years later. Shown here flying from kites is Samuel Perkins of Boston who was an advocate of using man-lifting kites to carry field observers for overhead reconnoitering and to carry life-sized dummies aloft as practice targets for sharpshooter seated in aero planes. This air meet featured a variety of early flying machines and was only the second held in the U.S. It attracted thousands of visitors to Quincy for over a week.

From the Tom Galvin Postcard Collection



Quincy's Yesterdays

This Week
1969
52 Years Ago

43 Candidates In City Preliminary Election

The spotlight on Quincy's Oct. 7 preliminary election will be on City Council and School Committee contests. This is how the political picture shaped up after a total of 43 candidates filed nomination papers to officially become contenders.

No 11th hour "big name" opponent turned up to challenge Mayor James R. McIntyre's bid for a third term.

The lone opposition will be Robert Preble of 27 Crosby St., Houghs Neck, a 35-year-old plumber and political newcomer.

Two familiar faces, former Councillor Joseph J. LaRaia, candidate for an at-large council seat, and former School Committee member Charles T. Sweeny, candidate for the School Committee, have returned to the political arena in comeback bids.

GROUNDBREAKING FOR SENIOR CITIZENS FACILITY IN QUINCY POINT

Mayor McIntyre and the Rev. Peter V. Corea, Quincy Housing Authority chairman, officiated at groundbreaking ceremonies for a new senior citizen facility to be located on the site of the old Washington School in Quincy Point.

The 14-story complex will have 156 units.

Attendees at the ceremony included Ward 2 Councillor and state Rep. Clifford H. Marshall, the Rev. Bedros Baharian, Planning Board chairman; Rabbi Jacob Mann of Beth Israel Synagogue, and Rep. Joseph E. Brett.

QUINCY-ISMS

Three Quincy high school graduates have been accepted to Wentworth Institute. They are **Norman LeBel**, 86 Mears Ave., a Quincy High School graduate; **Michael Maurano**, 77 Viden Rd., a graduate of Catholic Memorial High School, and **Paul Taglini**, 79 Chubbuck St., a Quincy High School graduate. . . . Former City Councillor **Richard W. Barry** announced he would open his new law office in the Dimmock Building, 1159 Hancock St., Quincy Center, Oct. 1. . . . **Abigail Adams Homans**, a Quincy native, celebrated her 90th birthday. Her brother, **Charles Francis Adams**, was mayor of Quincy in 1896-1897 and Secretary of Navy in the Hoover administration (1923-1933). . . . Five Houghs Neck residents will be honored at the annual "Good Neighbor" Banquet to be held Oct. 14. They are **Mrs. Edward Radcliffe**, **Mrs. Celia Tobin**, **Mr. and Mrs. Edward Meade** and **David MacMillan**. Guest speaker will be Dr. Peter V. Corea, pastor of Houghs Neck Congregational Church and chairman of the Quincy Housing Authority. . . . The Quincy High School Class of 1949 scheduled its 20th anniversary reunion for Oct. 4 at the South Shore Country Club, Hingham. . . . **Mrs. Elizabeth Morey** and **Mrs. Celia Tobin** are co-chairmen of the Houghs Neck Senior Citizens' whist party and coffee hour to be held Sept. 17 at Houghs Neck Legion Hall. . . . Peter and Paul Hair Stylists, 833 Hancock St., Quincy, were advertising "Back to School Days Hair Cuts For Children. Start the School Year Right With An A+ in Grooming". . . . **William S. Grindlay**, 92 Brook St., Wollaston, is the new president of the Young Democratic Clubs of Massachusetts. Grindlay is also president of the Young Democratic Club of Quincy. . . . **Bill Shea** of Squantum was installed as president of the Quincy Lions Club for the year 1969-1970. . . . **William J. Sauder**, Quincy, was installed as Master of the Rural Masonic Lodge, A.F. and A.M., at ceremonies held in the Quincy Masonic Lodge. . . . Quincy radio station WJDA celebrated its 22nd birthday Sept. 13. **James D. Asher** is station owner and president. Staff members include **Ken Fallon**, **Win Bettinson**, **Mary Johnson**, **Herb Fontaine** and **Fred Lane**. . . . **Joseph McConville**, personnel manager at Boston Gear Works, announced his candidacy for the Quincy School Committee. . . . A testimonial dinner for **Carl Leone**, recently appointed Coordinator of Athletics for Quincy Public Schools, was being planned. The event, a catered dinner, will be held at the Morrisette Legion Post home. . . . **City Councillor John J. Quinn** announced his candidacy for re-election to a seventh term. First elected in 1957, Quinn has headed or served on every major council committee. . . . **Edward Hannon**, supervisor of Adult Education for Quincy Public Schools, was the guest speaker at a meeting of the Germantown Community Association. . . . **Hugh E. Dawe** was scheduled to be installed as Grand Knight of the North Quincy Knights of Columbus for 1969-1970 at ceremonies to be held Sept. 21 in the Council Hall.

READERS FORUM

Thanks For Helping Victims Of Haiti Earthquake

I would like to sincerely thank all who participated or brought funds and supplies at the Knights of Columbus on Aug. 24 and 27 for the victims of Haiti earthquake. Boxes of assorted medical supplies, bags of rice and all kinds of food as well

as tarps, alcohol and bed-sheets. Our thanks to Kimi and Mrs. Caroline, Attorney George Burke, Father Bill, Mrs. Julie Berberan, Mrs. Gail MacDonald, Mrs. Marie Conran, Mrs. Ruthie Kearns, Mrs. Sally, Mrs. Claire, Mrs. Cindy Mul-

len, Mrs. Jill Reamer, Mr. Ed Roxy Supermarket, Mr. Billy Smith (thanks for Bibles), Home Depot in West Quincy, QATV, The Quincy Sun and all the great anonymous donors.

We have been shipping about 200 tarps for a temporary roof to over 200

families. Our goal is to send 1,000 tarps. With your help and God we will rebuild. To help this effort, please call me at 617-347-3047.

With thanks and blessings,

Marie Denise Quincy

Seeks New Bowlers For Day, Night Leagues At Olindy's

Now that summer is coming to an end, I am looking forward to the start of the bowling season.

Starting right after Labor Day the leagues at Olindy's will be back in action. There are daytime and night leagues which provide an opportunity for all to join in. The league that I am in bowls on Thursday mornings and is a mixed league. There is room for anybody who wants to roll the ball.

The league consists of about 30 bowlers who have averages ranging from 60 to 92. There is a handicap system which provides balance so that there is a modicum of competition mixed in with the social banter that comes with it. Most of the bowlers

are seniors as one might expect with bowling starting at 9:30 in the morning.

Everybody is welcome

and will find it a pleasant experience. Bowling shoes are available. Just come with a smile. (The alley

is on Quincy Avenue just south of Quincy Square.)

See you there!

Ben Fehan Quincy

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Arts & Entertainment

Quincy Recreation Annual Arts, Crafts Display

The Quincy Recreation Department's Annual Arts and Crafts Display at City Hall Plaza attracted a large turnout once again this year.

Playground participants, recreation leaders, and members of the public came out to view the 15 projects and show their support. In total there were over 1,100 ballots cast for this year's competition.

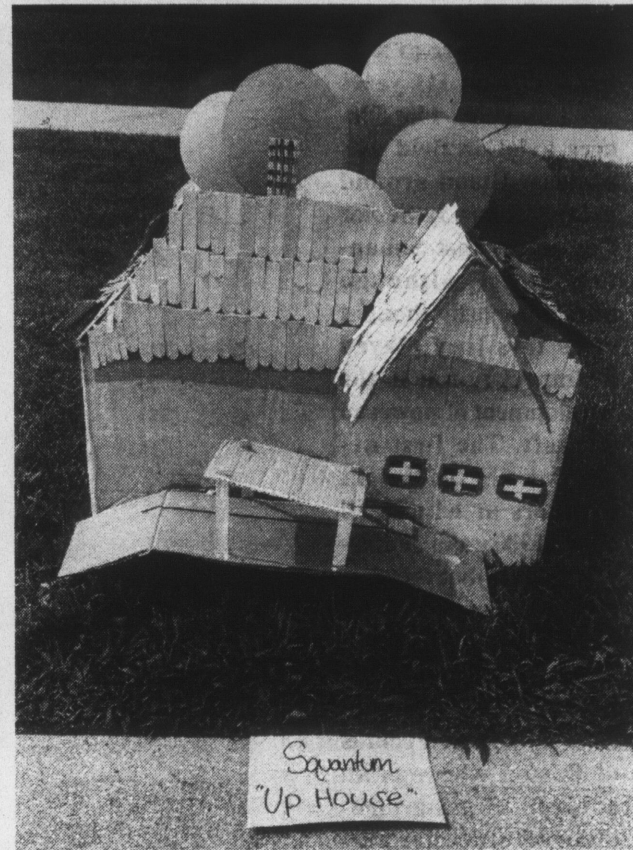
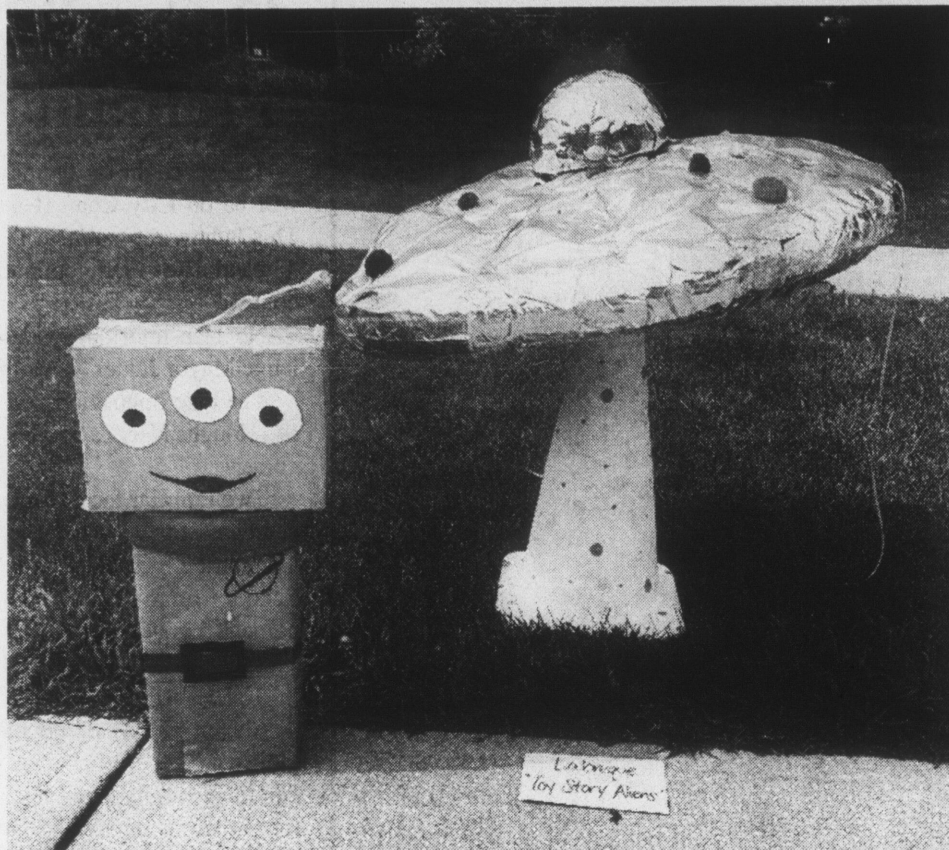
After the two-day exhibit, the votes were tallied. LaBrecque's "Toy Story Aliens" and Squantum's "Up House" clinched a tie for first place. Both projects were the result of a great amount of time and effort. LaBrecque's winning project was created by the recreation children with help from leaders.

Following in second place was the "Bernie Strong Shoe" constructed by Perkins playground. Forbes Hill playground's display of the "Slurpee" finished up in a close third place.

Recreation Director Michelle Hanly said the children, recreation leaders and the Arts and Crafts specialists deserve extra recognition for the hard work involved in producing such great projects. Arts and Crafts Specialists Abby Hanly, Julianne Gazzola and Gina Ash organized the exhibit and voting.

The Recreation leaders at the winning playgrounds were a huge help. The leaders from LaBrecque are Lilly Hanly, Jacob Lustig, Juliana Tracey, Scott Gutro and Maddie Bailey. Participants Carson Jacobs, Stephen Miller and Rory Williams came up with the winning idea.

The leaders from Squantum are Kate Downey, Charlie Clifford, Grant Murphy and Joe Moynihan. Participants Braylin Laydon



QUINCY RECREATION DEPARTMENT recently held its annual Arts and Crafts Display at City Hall Plaza featuring creations from participants from 15 city playgrounds. LaBrecque's "Toy Story Aliens" (left) and Squantum's "Up House" (right) clinched a tie for first place. Photos Courtesy Recreation Department

and Maddie Laydon were extremely helpful while creating the project.

The creation of the "Bernie Strong Shoe" was truly a team effort and was created in memory of Bernie Anderson with participants Katie Walker, Riley Grazioso and Ruby Anderson working together under the direction of leaders Avery Glennon, Olivia Skinner, Tyler Le, Stephen Gallant and Mike Cugini to create the second place winner.

Forbes Hill playground finished with a respectable third place award. Participants Riley and Maddie Ilacqua assisted Recreation Leaders Julianne Sheehan, Erin O'Callaghan, Mario Vrap, Jack Nelson and Shayna Bellotti.

The participants on all 15 playground locations worked hard in order to receive prizes donated by local business establishments.

"Many thanks to the kind



"BERNIE STRONG SHOE" constructed by Perkins playground was voted second place at the Quincy Recreation Department's annual Arts and Crafts display.

generosity of Harry's Pizza & Seafood, Ginger Betty's, Nick's Pizza, Schoolhouse, Time Out, Romanza Pizzeria, Napoli Pizzeria, Confectionately Yours Cupcakes, and Purefections Chocolate for donating prizes for

our winners," Hanly said. "Their generosity helps ensure that the hard work of these youngsters does not go unrewarded. Their sponsorship helped to make this year's event tremendously successful."



FORBES HILL PLAYGROUND'S display of the "Slurpee" finished up in a close third place.

Griffin Batson On Dean's List

Griffin Batson of Quincy has been named to the dean's list for the winter/spring term at Centre College in Danville, KY.

A graduate of Saint Andrew's School, he is the son of Wayne and Christine Batson.

QHS Class Of 1961 Reunion Events

Quincy High School Class of 1961 will hold its 60th reunion with several activities this month.

The main reunion will be a luncheon on Saturday, Sept. 18 from 11 a.m. to 3 p.m. at The Tirrell Room, 254 Quarry St., Quincy. Cost is \$55 per attendee.

Other reunion events: • "Meet & Greet", Friday, Sept. 17th at 7 p.m., Boston Marriott Quincy, 1000 Marriott Dr., Quincy.

• Tour - Our "Alma Mater" - Quincy High School - Saturday, Sept. 18th at 9:30 a.m.

For more information email Mary Lou Petrelli @ mlpet1@verizon.net.

• Impromptu Brunch (on your own) - Sunday, Sept. 19th at 11 a.m. at The Tavern at Granite Links, 100 Quarry Hill Dr., Quincy.

Reservations/questions, call Lois Casagrande AuCoin at 781-690-0949.

Learn-To-Skate Classes At Shea Rink Start Oct. 3

Baystate Skating School announces new learn-to-skate classes for children, ages 4 to 18 are at the ice rinks in Quincy and Weymouth.

Classes at the Shea Memorial Rink, on Willard Street in Quincy, start Sunday, Oct. 3 at 11 a.m. for five weeks and at the Connel Rink, 220-R Broad St. in Weymouth, Sunday, Oct. 3rd at 2 p.m. for five weeks. Classes are also available at nine area rinks.

reational or hockey skates. Beginner, intermediate and advanced classes taught by professional instructors. For information and to register, call Bay State Skating School at 781-890-8480 or online at www.BayStateSkatingSchool.org.

Bay State Skating School is compliant with the Commonwealth of Massachusetts COVID-19 guidelines. The number of students allowed on the ice will be limited.

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Movie Review: 'Candyman'

By BOB GARVER

The 1992 "Candyman" film was ostensibly a horror movie about an urban legend come to life. Characters who uttered the name "Candyman" five times while looking in the mirror would meet a swift, brutal end... unless Candyman had even more diabolical plans in mind.

But the urban legend stuff was just the candy shell to a gooey center of racially-charged commentary on everything from gentrification to police brutality. The franchise had to take a break following two wonky late 90s sequels, but it's back in 2021, courtesy of writer/director Nia DaCosta and writers/producers Jordan Peele and Win Rosenfeld. With those names involved, you know the race-related social commentary isn't going anywhere.

Anthony McCoy (Yahya Abdul-Manteen II) is an African-American artist who benefits a little too much from the people and world around him. He's broke and doesn't regularly work, but is supported by his gallery director wife Brianna (Teyonah Parris), and the couple as a unit benefits from the affordable housing rates of the gentrified Cabrini Green neighborhood in Chicago. Anthony will go on to benefit from a well-timed opening at Brianna's next art show, as well as better-than-no-fame infamy born out of one of his pieces featuring prominently in a violent news story.

After hearing about the Candyman legend from Brianna's brother Troy (Nathan Stewart-Jarrett), Anthony goes to the ghetto to learn more from weirdo laundromat owner William Burke (Colman Domingo). Burke tells the story not of familiar Candyman Daniel Robitaille, but of Sharman Fields (Michael Hargrove), whose backstory also involves candy, a hook hand, and death by a corrupt version of the law. Anthony throws together some so-so Candyman victim paintings that aren't taken seriously by the industry's higher-ups. These people are so unaffected that they perform the Candyman ritual sarcastically. Predict-



ably, they pay dearly.

Anthony spends the rest of the film trying to answer questions about Candyman and his own, undeniable role in the Candyman legend. Why is Candyman targeting his personal enemies? Why is he suddenly inspired to create much better art? Why is a simple bee sting on his hand causing his whole body to break out in burn scars? What has his mother (Vanessa E. Williams) been hiding from him? And most importantly, is he Candyman's next victim? Brianna conducts her own investigation with an additional question: is Anthony responsible for the murders? Here's my question: how do the different Candyman (there are at least two more that I haven't mentioned) decide which one will show up when Candyman is summoned? My guess: they draw Pixie Stix.

"Candyman" was completed prior to the death of George Floyd, an event that makes the film more relevant than ever, but which leads to a mixed message in one department. "Say His Name" was a sentiment echoed by the Black Lives Matter movement so Floyd wouldn't be forgotten. This film adopts that phrase as a tagline. But saying Candyman's name is exactly what people shouldn't do in this world, at least not five times, though it's probably

just better to avoid it altogether. I can't help but notice the contradiction there.

"Candyman" is creepier with its atmosphere and untrustworthy characters than it is with actual scares. Most of the kills are pretty standard for slasher fare, save for one standout completely devoid of jump scares. Certain scenes of body horror seem forced, with Anthony constantly picking at his new scars, possibly causing them to be worse than they are. Perhaps worst of all is that the various iterations of Candyman are often surrounded by CGI bees, which aren't scary in the least. On the plus side, we get plenty of dizzying shots of Chicago skyscrapers, which serve to instill a fear of heights even when one is on the ground (and in a theater). Best of all, the film is bookended with well-crafted shadow puppets telling the most compelling stories I've ever seen shadow puppets tell. I wonder: between the shadow puppets and a handful of Milky Ways, which will cause me to lose more sleep at night?

Grade: B

"Candyman" is rated R for bloody horror violence, and language including some sexual references. Its running time is 91 minutes.

Contact Bob Garver at rg251@nyu.edu.



THE MOORINGS at Squantum Gardens in Quincy recently held an ice cream truck event, open to all community residents. Nearly 140 people came out to order banana splits, sundaes, and other ice cream treats, including Gail Shamon, Irene Murphy, and Nora Linnane. The event was such a success that another one (or maybe two) is planned for next summer.

Courtesy Photo

Gourmet Picnic Dinner In the Blue Hills Raffle

Drawing Oct. 7 At Annual Celebration

The Friends of the Blue Hills is raffling off a catered picnic by Milton's Stephanie McFadden of Cooking in With Stephanie.

The raffle winner and five guests will enjoy a gourmet three-course meal at a picturesque location of their choice within the Blue Hills. The prize also includes a picnic basket and blanket.

The winning ticket will be drawn at the Friends of the Blue Hills' Annual Celebration to be held on Thursday, Oct. 7th. Raffle tickets are \$15 each or 3/\$35 and can be purchased at www.friendsofthebluehills.org/raffle2021.



MILTON CATERER Stephanie McFadden of Cooking in With Stephanie has donated her culinary skills for the Friends of the Blue Hills picnic raffle contest.

Courtesy Photo

S.S. Children's Chorus Launches Fall Programs, Opens 3rd Campus

South Shore Children's Chorus (SSCC), the region's training program for all young singers, announces open registration for its fall programs at Quincy Point Congregational Church, 444 Washington St., Quincy; Sharon Community Center, 219 Massapoag Ave., Sharon; and at its new location this fall at Laura's Center for the Arts at the YMCA, 97 Mill St., Hanover.

Five non-auditioned choirs welcome new singers beginning in September, under the direction of founding Artistic Director Kirsten Oberoi. Joyful, positive encouragement and an uplifting environment in-

spire choristers to learn and embrace confidence through their own voice.

SSCC's Training Choir engages students in grades K through 2, Intermediate Choir trains students in grades 3 through 6 and Advanced Choir welcomes students in grades 7 through 12.

South Shore Children's Chorus's mission is to provide joyful music education and vocal training to students in South Shore communities and beyond. SSCC reveres the development and well-being of its students as a top priority, aiming to create a safe space and loving community for

choristers to learn, grow and to find their own voice. Its programs serve dedicated, responsible singers ages 4 to 18 who seek a well-rounded choral education. SSCC is passionate about access for all chorister students, regardless of financial circumstance. Need-based tuition assistance is available by application.

For more information, visit southshorechildrenschorus.org, email Artistic Director Kirsten Oberoi at oberoi@sscchorus.org, or Managing Director Michelle McGrath at mcgrath@sscchorus.org, or follow SSCC on Facebook and Instagram.

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Writing Workshops At Eustis Estate

In conjunction with the special exhibition Looking Back with 2020 Vision, the Eustis Estate is partnering with the Boston Writing Project to present "Healing Through Writing" workshops.

The writing workshops are led by Dr. Denise Patmon, director of the Boston Writing Workshop, along with her colleagues, who will guide participants through the process of finding your voice. There will be an opportunity to have your work included in His-

toric New England's collection as part of our "A Time to Remember" collecting initiative.

The workshops take place on Saturday, Sept. 18 at 10 a.m.; Thursday, Sept. 23 at 6:30 p.m. and a "Healing Through Writing Workshop for Teens" runs on Saturday, Oct. 2 at 10 a.m. and is appropriate for ages 13-18.

Advance registration is required for all workshops and the fee includes writing materials and refreshments, provided by the Fruit Center

Marketplace, 338 Granite Ave., Milton. The morning workshops include outdoor exploration of the grounds and tickets are \$10 for members of Historic New England and \$15 for nonmembers; the evening workshop includes a wine reception and is \$20 for Historic New England members and \$25 for nonmembers. For more information and to purchase tour or program tickets, visit www.historicnewengland.org/eustisestate. The Eustis Estate is located at 1424 Canton Ave., Milton.

WHAT'S COOKING

with
Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Zucchini Muffin Soufflé

By MARIE

Today's recipe is for a great zucchini muffin soufflé that my daughter Ann Marie had made. She brought me a couple of them to sample and they were delicious. All I had to do was just heat them in the microwave.

Recipe

1 and 1/2 cups chopped, cooked zucchini

6 eggs

Salt and pepper to taste.

3 tablespoons of sharp cheddar cheese

shredded

Spray each muffin tin.

In a bowl, beat the eggs until fluffy.

Add a tablespoon of the cheese and all of the zucchini and mix well.

Fill each muffin tin right to the top and sprinkle the rest of the cheese on top of each one.

Bake in a 350-degree oven for around 20 minutes until they puff up and when they rise, they will look just like a soufflé.

Bean And Bacon Soup

By SUZIE

Homemade soup is nutritious, delicious, and really not hard to make using canned broth and beans.

This is a very creamy and comforting soup. It has bacon in it so maybe your children would like it in their thermos when the weather gets cooler instead of a sandwich.

The mashed beans make this nice and creamy, with no dairy at all.

BEAN AND BACON SOUP

Ingredients

4 strips organic nitrate free bacon
(you can use turkey bacon if you prefer)

1 large chopped carrot

2 ribs of celery, chopped

1 medium onion, chopped

4 cloves of garlic, minced

1 large handful of chopped baby spinach, baby kale or arugula

2 (two) 15.5 ounce cans navy beans
DRAINED and rinsed

2 tablespoons chopped fresh parsley

3-4 cups organic chicken or vegetable stock/broth

Directions

In a large saucepan over medium heat, cook the bacon until crisp, 6 to 8 minutes.

Transfer to a paper towel-lined plate. Let cool, then break into pieces.

Return the saucepan to medium heat, add the carrot to the pan drippings, and cook for 5 minutes.

Add the celery, onion, and garlic, stirring well and cooking for 3 minutes more.

Add the beans, spinach and 3 cups water. Bring to a boil, cover, and reduce heat to low. Let simmer for 10 minutes.

Uncover and, with a potato masher or large slotted spoon, partially mash the bean mixture until it thickens slightly.

If you want soup thinner add extra broth at this time.

Stir in the parsley, and bacon. Season with sea salt/pepper to taste (if needed).

Kids love it with a little shredded cheese melted on the top even better.

Keep Gardening After The First Fall Frost

By MELINDA MYERS

There is nothing worse than frost in the forecast and a garden full of vegetables not quite ready for picking. Use some simple strategies to extend the growing season and keep enjoying garden-fresh vegetables.

Fortunately, some vegetables like cabbage, broccoli, cauliflower, kale, and Brussels sprouts tolerate frost and even taste better after a slight chill. Most of these can tolerate temperatures as low as 24 to 28° F.

Leeks are another vegetable that thrive in cooler temperatures. Many tolerate temperatures as low as 20° F. Just mound some protective mulch around the plants and continue harvesting. Leave some of your carrots, turnips, and parsnips in the ground for winter. Just cover the soil with straw or evergreen boughs after it lightly freezes. Dig as needed or during a winter thaw. You will enjoy their wonderfully sweet flavor.

Protect frost-sensitive plants with old bed sheets and even mattress pads. Cover the plants in late afternoon and remove them as soon as the temperatures climb above freezing. Keep them handy and be ready to cover whenever frost is in the forecast.

Make it easier by using all-purpose garden fabric row covers. This spun material allows air, light, and water through while protecting the plants from frost. Loosely cover the plants and anchor the edges with stones, boards, or garden pins. You only need to remove the fabric to harvest ripe vegetables. Otherwise, it can stay in place until the vegetables stop producing or you decide it is time to end the season.

Create a high tunnel over garden beds filled with large plants. Use hoops and row covers to allow easy access for harvesting while protecting the plants. Systems like Maxi Garden Hoops stand seven feet tall and five feet wide when installed. Simply cover the set of three hoops with row cover fabric.

Cloches have long been



HIGH TUNNEL SYSTEMS with hoops and row covers work well on garden beds filled with large plants, allowing easy access for harvesting while protecting the plants.

Photo Courtesy Gardener's Supply Company

used to jump start the season or extend it beyond the first fall frost. You will find a variety of shapes and sizes available. Select one large enough to cover your plants and protect them as needed. Look for those with vents to prevent plants from overheating and ones like the cool weather row cloches (gardeners.com) that allow water through while trapping in the heat.

Don't let unripe tomatoes go to waste if you are unable or unwilling to protect them from frost. Harvest any that are starting to show color before the killing frost and finish ripening them indoors. The bottom of the tomato should be greenish white or starting to color up. Store your green tomatoes in a cool (60 to 65 degrees) location to extend their storage life.

Spread the tomatoes out on heavy paper or wrap them individually in newspaper so the fruit do not

touch. They will ripen over the next few weeks. Speed up the process by moving a few tomatoes to a warm, bright location a few days before they are needed. Enjoy green tomatoes fried, in relish, salsa, pies or one of many more ways.

And when the season finally ends for you, start planning for next year. Many of these same strategies can be used to jump start the season for an earlier harvest.

Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Gardener's Supply for her expertise to write this article. Her web site is www.MelindaMyers.com.

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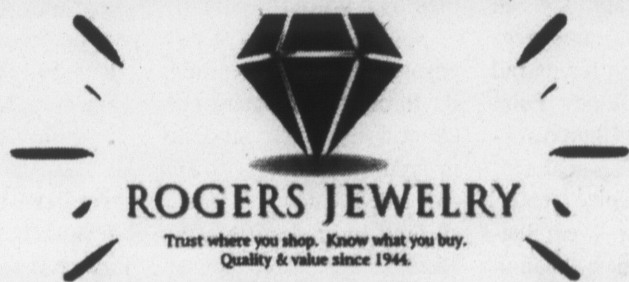
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Ask Rusty: Is It Always Best To Wait Until Age 70 To Claim Social Security?

By RUSSELL GLOOR
National Social Security Advisor

At the AMAC Foundation, The Non-Profit Arm
Of the Association of Mature American Citizens

Dear Rusty: I'm 66 years old and still (self) employed as a home builder. I have not taken Social Security benefits yet, and don't need to at this time. If relevant, my business struggled when I first started it five years ago, but did well last year, and I'll have my highest earning year in my life this year and possibly next year as well. My question is, and it may be dumb, is it always best to delay Social Security until age 70 if there is no current financial need for it? Also, are benefits calculated by total dollars earned over a lifetime, or is some kind of average or mean computation used? I've enjoyed excellent health throughout my life, and I have longevity in my family. I'm single if that's relevant. **Signed: Planning Ahead**

Dear Planning Ahead: There is never a dumb question about Social Security because it's a highly complex program. No, it isn't always best to delay claiming SS until age 70, but yours might be a typical example of why waiting until age 70 to claim is a very smart move. Here's why:

- Your benefit at age 70 will be about 31% more than it would be at your full retirement age (FRA), which is 66 years and 2 months if you were born in 1955.

- If you are still working and don't urgently need the money, your SS benefit will grow by 8% for each full year you delay claiming (but you can still claim at any time if necessary and get all Delayed Retirement Credits (DRCs) earned to the point you claim).

- Your benefit amount will be computed using the monthly average of your lifetime 35 highest earning years, so if your current and more recent earnings are among your highest, they will be included in your benefit computation when you claim. Your earnings in the early years will be adjusted for inflation, and if you don't have

Social Security Matters

a full 35 years of earnings, they will still use 35 (putting zeros in to make 35). So, if you don't have a full 35 years of lifetime earnings, your current earnings now will eliminate some of those "zero earnings" years, resulting in a higher benefit.

- If you're in good health now and you enjoy at least an "average" longevity (about 84 for a man your age), you'll get more in cumulative lifetime benefits by waiting until age 70 to claim and enjoy that higher monthly benefit for the rest of your life. If you wish to estimate your life expectancy, you can use this tool we use here at The AMAC Foundation: <https://socialsecurityreport.org/tools/life-expectancy-calculator/>.

- Since you're single, you don't need to worry about maximizing a survivor benefit for your spouse, but if you marry or have an ex-spouse who outlives you, then waiting until age 70 to claim would give them the maximum survivor benefit they are entitled to.

So, in your specific circumstance, waiting until you are 70 to claim appears to be a wise choice. For others who don't enjoy good health and don't expect to make average longevity, or for those who urgently need the money earlier, claiming before age 70 is often a better choice.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

POLITICAL ADVERTISEMENT

POLITICAL ADVERTISEMENT

Emily LEBO

School Committee

EMILY DESERVES YOUR VOTE...

- **An independent voice**
 - Quincy School Committee - 10 years
- **Classroom and administrative experience**
 - Licensed QPS teacher - 12 years
 - Licensed School Administrator, Quincy and Boston - 16 years
- **Greater Boston educational consultant**
- **Grandchildren enrolled in QPS**

➤ A proven record:

- Returned Health Education instruction to middle school and high school curriculum.
- Worked with D.O.V.E. to ensure all high school students have access to Healthy Relationship and Abuse Prevention curriculum.
- Worked with students, staff, and administrators to add contemporary authors from diverse cultures to the curriculum.
- Worked with all students, parents, teachers, administrators, and Quincy Education Association to develop and implement a Homework Policy across the grades.

YOUR SCHOOL COMMITTEE VOTE MATTERS...

- **Strong school system = strong property values**
- **A good education = a good future for all**
- **QPS budget is the largest portion of the city budget = access to a quality education for all children**

AARP Seeks Volunteers To Help Local Taxpayers

For In-Person And Virtual Tax-Aide Service

AARP Foundation has kicked off volunteer recruitment for its Tax-Aide program, the nation's largest volunteer-based tax preparation service. Volunteers may sign up to assist taxpayers either in person or virtually, with a number of roles available.

In addition to tax preparers, whom the program will train, Tax-Aide needs people who can provide technical and communications assistance, interpreters, and program leaders. Volunteers come from a variety of industries and range from retirees to university students. All levels and types of experience are welcome.

Tax-Aide offers free in-person and online tax preparation and assistance nationwide to taxpayers with low to moderate income. Because of the complexity of the U.S. tax code, many taxpayers overpay their taxes or turn to paid tax services they cannot afford. Some may forgo filing their taxes and miss out on the credits and deductions they've earned because they are unable to pay for assistance. Tax-Aide volunteers can help by providing necessary services in communities where there is the greatest need.

AARP Foundation Tax-Aide has grown since its inaugural team of just four volunteers in 1968 and has served over 68 million taxpayers since its inception. The program has volunteers in every state who now number more than 36,000.

To learn about our volunteer opportunities, visit aarpfoundation.org/taxaide or call 1-888-OUR-AARP (1-888-687-2277). AARP Foundation Tax-Aide is offered in coordination with the IRS.

POLITICAL ADVERTISEMENT



#1 ON THE BALLOT

**PLEASE VOTE ON
TUESDAY
SEPTEMBER 14**

Committee to Elect Emily Lebo



@EmilyLeboForQuincySchoolCommittee
E-mail: leboforquincy@gmail.com

Wayne Westcott: A Practical Fall Fitness Program

Cont'd From Page 2

exercise sessions are sufficient for attaining relatively high levels of overall physical fitness (strength, endurance, flexibility) and associated health benefits (body composition, blood pressure, low back condi-

tion). The critical factor for experiencing excellent exercise results is training at the appropriate intensity. This does not mean exercising at your peak effort level, but training in the right range to stimulate optimal physiological adaptations.

For example, overall

muscular strength may be effectively developed by performing 5 to 10 resistance exercises for one set of 10 repetitions, using about 75 percent of maximum resistance, with emphasis on moderate movement speed and full movement range.

The resistance exercises

may be performed with dumbbells or elastic bands at home, or on weight stack machines or air pressure machines at a fitness facility. Cardiovascular endurance may be effectively developed by performing 20 minutes of aerobic activity at about 75 percent of maxi-

mum heart rate. Your maximum heart rate may be estimated by subtracting your age from 220. For example, if you are 60 years old, your maximum heart rate should be approximately 160 beats/minute, and your 75 percent training heart rate should be approximately 120 beats/

minute. The most popular indoor aerobic activities are treadmill walking, stationary cycling, and stationary rowing. Joint flexibility may be effectively developed by performing static stretches that you hold for 10 to 30 seconds at a tolerable tautness level (short of maximum muscle elongation). Be sure to emphasize easing into and out of each stretched position. Due to so much time spent in seated postures, the most important flexibility exercises are those that stretch the posterior muscle groups (calves, rear thighs, lower back, and upper back).

I recommend training two or three nonconsecutive days each week, at approximately the same time of day if possible. My preference is to begin each training session with resistance exercises, followed by aerobic activity, and concluded with flexibility exercises.

Attaining and maintaining a relatively high level of physical fitness requires regular exercise, but does not necessitate an unmanageable time commitment. If you are not already doing so, plan on incorporating a basic and brief exercise program into your weekly routine this fall.

Wayne L. Westcott, Ph.D., is chairperson of the Quincy College Exercise Science Department and director of the College/Community Fitness Center. He has written 30 books on physical fitness and strength training, as well as strength training chapters for 9 National Personal Trainer Textbooks. Wayne can be reached at 617-405-5978 or at wwestcott@quincycoll.edu.

Bereavement Support Meeting Sept. 23

Michelle Lydon, funeral director of Hamel-Lydon Chapel & Cremation Service of MA, will be facilitating a monthly bereavement support group at the Quincy Council on Aging, 440 East Squantum St. in North Quincy.

The next bereavement support meeting will be held on Thursday, Sept. 23, from 1 to 2 p.m. The monthly group provides a space of support and sharing for those who grieve the loss of a loved one.

There is no cost to attend and all are welcome. Call Rose Cristiani Pope at Hamel-Lydon Chapel (617) 472-5888 for more information or to RSVP for this event.

CITY OF QUINCY



昆士市初選



市府書記辦公室

2021年8月17日

根據法律規定，謹此通知昆士市公民，所有合格選民，市選舉事務投票日將定於：

星期二，2021年9月14日

請所有合格投票的公民於投票日，在昆士市議會所指定的投票地點，在您的選區行使您的權力，就下列職銜作出投票：

学校委员会 (最多可投三位候選人)

投票服務由早上七點開始，直到晚八點結束。投票站地點已指定如下：

- WARD 1 第一選區, PRECINCT 1 (第一投票站) - MERRY MOUNT SCHOOL 學校, 4 AGAWAM ROAD
- WARD 1 第一選區, PRECINCT 2 (第二投票站) - O'BRIEN TOWERS 奧布萊恩老人公寓, 73 BICKNELL STREET
- WARD 1 第一選區, PRECINCT 3 (第三投票站) - THOMAS CRANE LIBRARY 圖書館, 40 WASHINGTON STREET
- WARD 1 第一選區, PRECINCT 4 (第四投票站) - ADAMS SHORE LIBRARY 圖書館, 519 SEA STREET
- WARD 1 第一選區, PRECINCT 5 (第五投票站) - SAINT THOMAS AQUINAS HALL 教堂, DARROW STREET
- WARD 2 第二選區, PRECINCT 1 (第一投票站) - FORE RIVER CLUB HOUSE 社區中心, 16 NEVADA ROAD
- WARD 2 第二選區, PRECINCT 2 (第二投票站) - CLIFFORD MARSHALL SCHOOL 學校, 200 MOODY STREET
- WARD 2 第二選區, PRECINCT 3 (第三投票站) - MARTENSEN STREET HOUSING 老人屋, 95 MARTENSEN STREET
- WARD 2 第二選區, PRECINCT 3A (第三投票站) - CLIFFORD MARSHALL SCHOOL 學校, 200 MOODY STREET
- WARD 2 第二選區, PRECINCT 4 (第四投票站) - SAINT JOHN'S CHURCH 教堂, 44 SCHOOL STREET
- WARD 2 第二選區, PRECINCT 5 (第五投票站) - SAINT JOHN'S CHURCH 教堂, 44 SCHOOL STREET
- WARD 3 第三選區, PRECINCT 1 (第一投票站) - COVENANT CHURCH OF QUINCY 教堂, 315 WHITWELL STREET
- WARD 3 第三選區, PRECINCT 2 (第二投票站) - FIRST BAPTIST CHURCH 教堂, 81 PROSPECT AVENUE
- WARD 3 第三選區, PRECINCT 3 (第三投票站) - MONTCLAIR SCHOOL 學校, 8 BELMONT STREET
- WARD 3 第三選區, PRECINCT 4 (第四投票站) - WOLLASTON SCHOOL 學校, 205 BEALE STREET
- WARD 3 第三選區, PRECINCT 5 (第五投票站) - WOLLASTON SCHOOL 學校, 205 BEALE STREET
- WARD 4 第四選區, PRECINCT 1 (第一投票站) - LINCOLN-HANCOCK COMMUNITY SCHOOL 學校, WATER STREET ENTRANCE
- WARD 4 第四選區, PRECINCT 2 (第二投票站) - QUINCY LODGE OF ELKS 庫里會所, 254 QUARRY STREET
- WARD 4 第四選區, PRECINCT 3 (第三投票站) - QUINCY LODGE OF ELKS 庫里會所, 254 QUARRY STREET
- WARD 4 第四選區, PRECINCT 4 (第四投票站) - LINCOLN-HANCOCK COMMUNITY SCHOOL 學校, WATER STREET
- WARD 4 第四選區, PRECINCT 5 (第五投票站) - MORRISSETTE AMERICAN LEGION POST 會所, 81 LIBERTY STREET
- WARD 5 第五選區, PRECINCT 1 (第一投票站) - FORT SQUARE PRESBYTERIAN CHURCH 教堂, 16 PLEASANT STREET
- WARD 5 第五選區, PRECINCT 2 (第二投票站) - QUINCY COMMUNITY UNITED METHODIST CHURCH 教堂, 40 BEALE STREET
- WARD 5 第五選區, PRECINCT 3 (第三投票站) - ADAMS ACADEMY SCHOOL 學校, 8 ADAMS STREET (由 DIMMOCK STREET ENTRANCE 進入)
- WARD 5 第五選區, PRECINCT 4 (第四投票站) - BEECHWOOD KNOLL SCHOOL 學校, 225 FENNO STREET
- WARD 5 第五選區, PRECINCT 5 (第五投票站) - BEECHWOOD KNOLL SCHOOL 學校, 225 FENNO STREET
- WARD 6 第六選區, PRECINCT 1 (第一投票站) - NORTH QUINCY HIGH SCHOOL 北高中, 318 HANCOCK STREET
- WARD 6 第六選區, PRECINCT 2 (第二投票站) - K of C HALL 教堂, 5 HOLLIS AVENUE AT HANCOCK STREET
- WARD 6 第六選區, PRECINCT 3 (第三投票站) - KENNEDY CENTER GYM 社區中心體育館, 440 EAST SQUANTUM STREET
- WARD 6 第六選區, PRECINCT 4 (第四投票站) - ATLANTIC MIDDLE SCHOOL 初中, 86 HOLLIS AVENUE
- WARD 6 第六選區, PRECINCT 5 (第五投票站) - SQUANTUM SCHOOL 學校, 50 HUCKINS AVENUE

投票站由早上七點開始，直到晚八點結束。



City Clerk 市府書記 Attest - NICOLE L. CRISPO 監証

Nicole L. Crispo

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Ward 2 Civic Association Looks Toward The Future

Group Seeks New Members, Events And Ideas For Ward 2 Residents

Richard Ash was recently appointed as the president of the Ward 2 Civic Association, a historically popular group in Quincy Point that has lost its older membership base over the years.

Together with Anne Croke, Fiona Coughlan and Nancy DeLisle, the group is looking to revamp the organization after the COVID-19 pandemic, seeking new members, events, and ideas for Ward 2 residents.

"We are brainstorming and trying to plan some great events in the Point," said Ash. "Other neighborhood associations have had awesome luck and attendance with outdoor events, and we'd love to bring that to Fore River Field or one of the beaches." The group is excited to have a revamped home once the Fore River Clubhouse is finished.

Thanks to the city's State House delegation, the Ward 2 Civic Association was included in the Commonwealth's 2022 budget and awarded \$25,000. They are very grateful and plan to put it to good use.

"There is also an advocacy piece built into Ward 2 Civic that has been lost over the years and I think people will appreciate not only seeing more community news and updates but having us as a resource," Ash said.

Longtime board member Nancy DeLise said she is excited about the possibility of new events.

"Richard is a lifelong resident of Quincy Point with deep roots in the community," DeLise said. "He brings both a fresh perspective and a deep understanding of the Ward 2 Civic Association's history of involvement in the Point. I am very excited to work with Richard and for all the new things to come for the Association."

"COVID-19 essentially halted our operations for the

past year and a half, particularly because most of our members are seniors," said Fiona Coughlan. "We are hoping with our new leadership in place, we can offer more for Ward 2 in light of these challenges including more opportunities to safely

socialize, stay updated, and volunteer with us. We had a successful Cleaner Greener Quincy event and food truck in the Fore River Clubhouse parking lot this year; we want to keep that momentum going."

The Ward 2 Civic As-

sociation will host a "Ward 2 Check-In" on Thursday, Sept. 30th via Zoom (Meeting ID 831 6655 2341) and is planning a Candidate's Night for the contested Ward 2 City Council Seat in October.

Ward 2 Civic is also host-

ing a Pumpkin Decorating Party at the Clubhouse on Thursday, Oct. 28th, and its annual Christmas Party on will be held Sunday, Dec. 12th, followed by the Tree Lighting at the Fore River Rotary.

Keep an eye out on the Ward 2 Civic Association's new Facebook page, and email ward2civicassociation@gmail.com if you would like to stay up to date with community news and events.

CITY OF QUINCY

BẦU CỬ SƠ BỘ

Văn Phòng Thư Ký Thành Phố



Ngày 17 tháng 8, năm 2021

Thông báo này được trao cho các cử tri của thành phố Quincy, đến các địa điểm bỏ phiếu, chỉ định vào

THỨ BA, NGÀY 14 THÁNG 9, NĂM 2021

Cung cấp lá phiếu cho các ứng cử sau đây:



ỦY BAN TRƯỞNG HỌC

Bầu cho không quá 3 người

Thời gian bỏ phiếu bắt đầu lúc 7 giờ sáng và kết thúc lúc 8 giờ tối.

Địa điểm được chỉ định như sau:

WARD (PHƯỜNG) 1, PRECINCT (ĐƠN VỊ) 1 - MERRYMOUNT SCHOOL, 4 AGAWAM ROAD
 WARD (PHƯỜNG) 1, PRECINCT (ĐƠN VỊ) 2 - O'BRIEN TOWERS, 73 BICKNELL STREET
 WARD (PHƯỜNG) 1, PRECINCT (ĐƠN VỊ) 3 - THOMAS CRANE LIBRARY (MEETING ROOM), 40 WASHINGTON ST
 WARD (PHƯỜNG) 1, PRECINCT (ĐƠN VỊ) 4 - ADAMS SHORE LIBRARY, 519 SEA STREET
 WARD (PHƯỜNG) 1, PRECINCT (ĐƠN VỊ) 5 - SAINT THOMAS AQUINAS HALL, DARROW STREET
 WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 1 - FORE RIVER CLUB HOUSE, 16 NEVADA ROAD
 WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 2 - CLIFFORD MARSHALL SCHOOL, 200 MOODY STREET
 WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 3 - MARTENSEN STREET HOUSING, 95 MARTENSEN STREET
 WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 3A - CLIFFORD MARSHALL SCHOOL, 200 MOODY STREET
 WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 4 - SAINT JOHN'S CHURCH, 44 SCHOOL STREET
 WARD (PHƯỜNG) 2, PRECINCT (ĐƠN VỊ) 5 - SAINT JOHN'S CHURCH, 44 SCHOOL STREET
 WARD (PHƯỜNG) 3, PRECINCT (ĐƠN VỊ) 1 - COVENANT CHURCH OF QUINCY, 315 WHITWELL ST
 WARD (PHƯỜNG) 3, PRECINCT (ĐƠN VỊ) 2 - FIRST BAPTIST CHURCH, 81 PROSPECT STREET
 WARD (PHƯỜNG) 3, PRECINCT (ĐƠN VỊ) 3 - MONTCLAIR SCHOOL, 8 BELMONT STREET
 WARD (PHƯỜNG) 3, PRECINCT (ĐƠN VỊ) 4 - WOLLASTON SCHOOL, 205 BEALE STREET
 WARD (PHƯỜNG) 3, PRECINCT (ĐƠN VỊ) 5 - WOLLASTON SCHOOL, 205 BEALE STREET
 WARD (PHƯỜNG) 4, PRECINCT (ĐƠN VỊ) 1 - LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET (CÔNG VÀO)
 WARD (PHƯỜNG) 4, PRECINCT (ĐƠN VỊ) 2 - QUINCY LODGE OF ELKS, 254 QUARRY STREET
 WARD (PHƯỜNG) 4, PRECINCT (ĐƠN VỊ) 3 - QUINCY LODGE OF ELKS, 254 QUARRY STREET
 WARD (PHƯỜNG) 4, PRECINCT (ĐƠN VỊ) 4 - LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET (CÔNG VÀO)
 WARD (PHƯỜNG) 4, PRECINCT (ĐƠN VỊ) 5 - MORRISSETTE AMERICAN LEGION POST, 81 LIBERTY STREET
 WARD (PHƯỜNG) 5, PRECINCT (ĐƠN VỊ) 1 - FORT SQUARE PRESBYTERIAN CHURCH, 16 PLEASANT STREET
 WARD (PHƯỜNG) 5, PRECINCT (ĐƠN VỊ) 2 - QUINCY COMM. UNITED METHODIST CHURCH, 40 BEALE STREET
 WARD (PHƯỜNG) 5, PRECINCT (ĐƠN VỊ) 3 - ADAMS ACADEMY, 8 ADAMS STREET (DIMMOCK STREET - CÔNG VÀO)
 WARD (PHƯỜNG) 5, PRECINCT (ĐƠN VỊ) 4 - BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
 WARD (PHƯỜNG) 5, PRECINCT (ĐƠN VỊ) 5 - BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
 WARD (PHƯỜNG) 6, PRECINCT (ĐƠN VỊ) 1 - NORTH QUINCY HIGH SCHOOL, 318 HANCOCK STREET
 WARD (PHƯỜNG) 6, PRECINCT (ĐƠN VỊ) 2 - KNIGHTS OF COLUMBUS HALL, 5 HOLLIS AVENUE (HANCOCK ST)
 WARD (PHƯỜNG) 6, PRECINCT (ĐƠN VỊ) 3 - KENNEDY CENTER GYM, 440 EAST SQUANTUM STREET
 WARD (PHƯỜNG) 6, PRECINCT (ĐƠN VỊ) 4 - ATLANTIC MIDDLE SCHOOL, 86 HOLLIS AVENUE
 WARD (PHƯỜNG) 6, PRECINCT (ĐƠN VỊ) 5 - SQUANTUM SCHOOL, 50 HUCKINS AVENUE

BỎ PHIẾU BẮT ĐẦU - 7:00 A.M.

BỎ PHIẾU KẾT THÚC - 8:00 P.M.

Chứng Nhận: NICOLE L. CRISPO
 Thư Ký Thành Phố



Birthdays, Life Celebration Sept. 15

Hamel-Lydon Chapel and Cremation Service of Massachusetts is celebrating birthdays and life at the Kennedy Center, 440 East Squantum St., North Quincy on Wednesday, Sept. 15 at 1:30 p.m.

All are welcome to join Rose Cristiani Pope, birthday coordinator for cake, ice cream and entertainment.

There is no cost to attend and all are welcome. Call 617-376-1506 to reserve your spot.



Real Estate

Quincy Real Estate Transactions Aug. 30 - Sept. 3

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Cynthia Connors
 Dragomir & Laura Marstjepovic
 Takashi & Mari Suzuki
 PT Investments LLC
 Christine J. Flaherty
 Mohammed H. Hamdeh
 Deutsche Bank National Trust Company
 Barbara A. White
 George Papadopoulos
 Emanuel Seven LLC
 An Jia LLC
 Ben Adnani & Sara E. Zad
 S Fung Family Realty Trust
 Melvin G. Echelle
 Paul S. & Ann M. McGonagle
 Jennifer Fahey
 Sarah A. He
 Estate of Mary M. Curran
 Debashi Das & Arpita Dutta
 Allen R. & Donald K. Mullaney
 Peter R. & Karen M. Janis
 John J. Keenan
 Sharon Coleman
 Lynda D. Le & Helen Do
 EJS Investments Inc
 Edward Chen
 Jian W. Chen & Ya X. Ma
 Michael E. Roberts
 Henry Michael Marks Revocable Trust
 Flyhomes Investments MA LLC
 Estate of Julie Cusack
 Margaret O'Donoghue
 John H. Lane, III
 Coscia Family Trust
 Neponset Point LLC
 Estate of Anne C. Messer
 Estate of Thomas Charles Galgana
 Ping Y. & Jennifer C. Lo
 Jane E. Bowe, Steven J. Bowe, Jessica L. Bowe & David R. Bowe
 Patricia A. Barry 2015 Irrevocable Trust
 Meghan & Michael Kelley
 Mark E. & Cindy Schafer
 Miryam Mendelowitz Trust
 Fidel & Eva Chiu
 Beverly Higginson Joyce Revocable Trust

BUYER

Sha/Xu Living Trust
 Song Yang & Ping Lin
 Jim Huang
 Lichang Wan & Dan Ma
 Xue W. Zou & Dan Chen
 Zhaowu Situ & Miaoxia Guan
 Flips Unlimited
 Brendan & Kelsea Melanson
 Kelly Rachel Frankel
 Maninder Singh Hunjan
 716 Hancock Street LLC
 Zachary Mazzarella
 Chenghuan Xie
 Amy & Kenneth Drinkwater
 Na Ma
 Rafael A. Torres & Celia F. Reyes
 Wei Shen
 Destinee P. Joe
 Hong J. Ye & Yan Y. Chen
 Grace M.D. Zhu
 Sarah Aici He
 Christopher J. Cunniff
 Roger El Nar
 Hao W. Lin
 Nistha Jain
 Rui Pan
 Matthew T. Au
 S & S Hancock Street Inc.
 William Allen
 Tathagat S. Pathak
 Jessica E. Munson
 Brian D. Shea
 Thami Hablaj
 Bao X. Chen
 Jai & Jasmine Singh & Sumeet & Harinder Singh
 Thi H. Banh & Tan P. Lam
 Tiffany Tran
 David Duong
 Tun L. Oo & Yin Y. Htwe
 Linda & Andrew Maloney
 Marissa Richards & Matthew Kerin
 Sean E. Dolan
 Fatos & Elda Puka
 John & Elizabeth B. Mergel
 Shusheng Lin & Jian Liu

AMOUNT

\$415,000.00
 \$956,000.00
 \$475,000.00
 \$750,000.00
 \$1,425,000.00
 \$528,000.00
 \$381,500.00
 \$725,000.00
 \$825,000.00
 \$825,000.00
 \$500,000.00
 \$535,000.00
 \$370,000.00
 \$175,000.00
 \$565,000.00
 \$350,000.00
 \$542,000.00
 \$499,000.00
 \$337,000.00
 \$780,000.00
 \$1,573,000.00
 \$1,050,000.00
 \$599,000.00
 \$720,000.00
 \$609,000.00
 \$810,000.00
 \$328,000.00
 \$285,000.00
 \$649,900.00
 \$410,000.00
 \$550,000.00
 \$330,000.00
 \$501,000.00
 \$1,370,000.00
 \$745,000.00
 \$570,000.00
 \$500,000.00
 \$340,000.00
 \$860,000.00
 \$798,900.00
 \$510,000.00
 \$500,000.00
 \$920,000.00
 \$569,000.00
 \$731,000.00

ADDRESS

200 Falls Boulevard, Unit E-102
 305-307 Washington Street
 26 Martensen Street
 8-10 Sewall Street
 69-71 Billings Road
 25 West Howard Street, Unit G-1
 568 Sea Street
 46 Lansdowne Street
 36 Whaler Lane, Unit 97
 70 Sealund Road
 716 Hancock Street, Unit 102
 162 Quincy Shore Drive, Unit 73
 100 West Squantum St., Unit 105
 33 Hudson Street
 117 Bunker Hill Lane
 677 Quincy Shore Drive, Unit 408
 166 Quincy Shore Drive, Unit 110
 65 Sheldon Street
 200 Cove Way, Unit 219-11
 69-71 Town Hill Street
 46 Knollwood Road
 3 Orchard Street
 2001 Marina Drive, Unit 105W
 60 Russell Park
 50 Des Moines Road, Unit F3
 106-108 Ruggles Street
 366 Quincy Avenue, Unit 301
 1372 Hancock Street, Unit 302
 35 Mayflower Road
 419 Newport Avenue, Unit 14
 11 Chick Street
 82 Centre Street, Unit 82G
 359 Copeland Street
 47 Hunt Street
 57 Quincy Shore Drive, Unit 504
 42 Hollis Avenue
 22 Gannette Road
 10 Weston Avenue, Unit 229
 30-32 Atherton Street
 49-51 Barham Avenue
 154 Palmer Street
 2 Village Drive, Unit 1-11
 5 Waumbeck Street
 999 Hancock Street, Unit 211
 1001 Marina Drive, Unit 205E

RE/MAX
Realty Pros

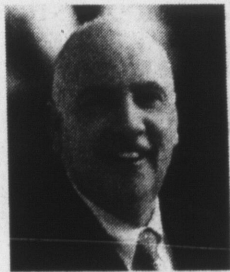
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Good Deeds: Technology Drives Change

By **WILLIAM O'DONNELL**

Norfolk County Register Of Deeds

Growing up my beloved Uncle Ray would say, "There is nothing as constant in life as change." We all have a beloved relative or parent or friend whose words of wisdom we often think of, act upon and repeat. Well for this article I found out the sentiments expressed by my uncle were that of an ancient Greek philosopher Heraclitus who has been quoted as saying, "The only constant in life is change."

There have been a number of modernization initiatives implemented at the Norfolk Registry of Deeds. What has driven those modernization initiatives? It has been technology and the advances in technology which has been the foundation for change at the Norfolk Registry of Deeds.

My grandparents were immigrants that came from Ireland. I think of my grandmother who came to this country at 17 years of age in 1923 and lived to be 106 years old and all

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Softball Tourney Raises \$6,000 For CF, Remembers Two Brothers

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dation. It's a 501(c)(3) non-profit that describes itself as the "world's leader in the search for a cure for cystic fibrosis," on its website. The site also says that the foundation's support has played a role in nearly every cystic fibrosis-specific drug on the market being available to consumers today.

Nazzaro, who helped put together the tournament with his podcasting partner Mike Steele, said he was happy to be able to have an event that brought together members of the community to honor the Sullivans.

"It's great having all the guys from Quincy, the local guys, out here supporting a good cause," he said.

"I knew Dan and Dennis Sullivan growing up, and their brother Sean, who is still alive. It's great to come out here and support a great cause. A lot of people played with Dennis and worked with Dan. It's cool to get here having everyone here together doing something in memory of Dennis and Dan. I'm happy we were able to get a good turnout of people who know them and all that."

Dennis Sullivan, born in 1993, was a 2009 Quincy High graduate. He passed away in 2015 when he was 21 years old. His older brother Daniel, born in 1991, passed away in 2019 when he was 28 years old.

Nazzaro said that he and

his friends enjoy playing softball, so having a tournament in memory of the Sullivans to raise money for charity was an easy decision.

"We play here all the time," he said. "I played ball with Dennis and, despite his limitations with his disease, he was probably the hardest working ballplayer I ever played with. He always cheered kids up."

Nazzaro also fondly remembers his time playing baseball with Dennis; the two were both members of the 2008 Quincy Babe Ruth team that played in the Babe Ruth World Series hosted at Adams Field in Quincy.

"He didn't always get to play, but I remember in

the 2008 Babe Ruth World Series, it was basically like the Notre Dame-Rudy when everyone put their shirts down," he said. "We were on the verge of getting eliminated and everyone was like, 'take my at-bat, take my at-bat.' He came up there and ripped a single, so that was a lot of fun."

Like Dennis, Daniel was also a big Boston sports fan. Daniel worked at Stop & Shop in Quincy for nine years, and like Nazzaro mentioned, many people knew him through work in addition to school.

Setting the tournament up took about a month, Nazzaro said.

"It was just hitting people up," he said. "A bunch

of different guys play softball. It was good to come here and see all the guys. Right when everyone knew what the cause was for, they knew that this would be a great day -- not just because we're playing softball, but because of the cause itself."

Nazzaro, who helped put the tournament together, worked as a high school sports reporter for *The Patriot Ledger* in Quincy from 2017 to 2018 as well as a production assistant for WFXB (Boston 25). He also served as a high school sports reporter for *MetroWest Daily News* for a year after that. Now, he's hosting the Steele and Nazz podcast which he says has been a great experience.

"It's been a lot of fun. It's a tough grind being a journalist, so I decided to step away from doing that to work another full-time job. I'm doing it with a few of my friends and it's been fun. We've had guys on like Johnny Damon, Michael Felger, and AJ Dillon. It's really been cool talking to those people and to build those bonds."

The podcast hosts plan on having a second Steele & Nazz Softball Classic next year as well.

Nazzaro thanked all those who supported the tournament including all the players as well as Dorchester native Will Smith who was the crew chief umpire for the tournament.

Quincy Choral Society, Symphony Orchestra Pops Concert Sept. 18

Mayor Thomas Koch and the City of Quincy invite the community to enjoy an evening of music and song on Saturday, Sept. 18, for a combined Pops Concert by The Quincy Choral Society and Quincy Symphony Orchestra.

"We are so fortunate to have such a caliber of talented singers and musicians in our community. The Hancock Adams Common loans

itself as a celebratory space for all to enjoy their artistry on what we hope to be a beautiful early fall night," Koch said.

"The musicians of the Quincy Symphony Orchestra are thrilled to be able to present a concert with our friends at the Quincy Choral Society," said Yoichi Udagawa, music director and conductor of the Quincy Symphony Orchestra.

"We are all grateful to the City of Quincy and Mayor Thomas Koch for making this concert possible. We'll be performing works which celebrate our great country, and we can't wait to share this music with the citizens of Quincy."

Sarah Labrie, Quincy Choral Society's music director, added:

"The Quincy Choral Society is elated to be return-

ing to in person singing with our friends at the Quincy Symphony Orchestra! This exciting concert will kick off our 41st season by celebrating all the things that make the city of Quincy great. Thanks to Mayor Koch and the City of Quincy, QCS was able to get together safely to rehearse and perform the Fauré Requiem in the late Spring, and now are able to take part in this

thrilling live performance!"

The concert begins at 5 p.m. Cabaret tables and chairs along with theatre seating will be available.

Mite Box Re-Opening Sale Sept. 11

The Mite Box Thrift Shop, St. Chrysostom's Church grounds, corner of Hancock and Linden Streets in Quincy, will hold a re-opening sale Saturday, Sept. 11 from 10 a.m. to 2 p.m.

The shop will re-open

Lawn chairs are allowed. Beer and wine can be purchased from Hive Mobile Bar.

with a modified schedule Saturday, Oct. 2 from 10 a.m. to 2 p.m., and then be open on Thursdays and Fridays from 10 a.m. to 2 p.m.

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Quincy Public Schools Welcome Three New Principals

By SCOTT JACKSON

The new school year is underway with new principals at the helm of three of Quincy's public schools.

Keith Ford began the year as the new principal at North Quincy High, Derek Lakey is the new principal at South West Middle School and Natacha Dieudonné is the new principal at the Lincoln-Hancock Community School.

Ford had spent the five previous years as the assistant principal at Needham High School. Lakey came to the district from the James Madison Morton Middle School in Fall River, where he was assistant principal for seven years. Dieudonné was most recently mathematics instructor in the Waltham Public Schools and was previously public schools programs director for the Acera School in Winchester.

In a recent interview, Supt. Kevin Mulvey said he did not purposefully choose to fill all three principal positions with external candidates. Instead, no internal candidates applied to be the principal at either North or Lincoln-Hancock and Lakey was the best applicant for the opening at South West.

"It wasn't on purpose," Mulvey said of the external hires. "So, for instance, the Lincoln-Hancock principal position — that was posted, and only external candidates applied. The same with North Quincy High School — only external candidates

applied.

"There were internal candidates for the South West position. There was an interview committee obviously that interviewed the first round and then recommended final candidates for me to interview. The first round produced three candidates that went before myself and Erin Perkins, the assistant superintendent, for a final interview and based on the interviews we felt that the candidate who got the position for South West was a very, very strong candidate.

"It is unusual that we go outside because we typically like to hire people we know and people who have done well — and all the candidates were great candidates, the finalists were excellent, but this candidate in particular we thought could really help transform that school and that neighborhood and community, and that is why we ended up selecting that candidate."

Interview committees composed of parents, teachers and members of the superintendent's leadership vetted applicants for all three principal openings. Mulvey said the committees at North and Lincoln-Hancock put forward only one finalist each — Ford and Dieudonné, respectively.

"We had an interview committee comprised of parents and teachers and members of the union, members of the SLT, and they ended up forwarding one finalist candidate to me,

with a backup if that person didn't except," Mulvey said of the opening at North. "Fortunately, after I interviewed this candidate, he was an excellent candidate and we offered him the position and he accepted. That was great.

"Same with the Lincoln-Hancock position. The final candidate who ended up getting the position was...the only finalist recommended for final interview and she too accepted our offer."

In addition to serving as the assistant principal at Needham High School, Ford was the dean of students at Randolph High School and dean of school culture at English High School as well as a football and swimming coach at several area high schools. He holds a Bachelor of Science from Northeastern University, a Masters of Education in School Administration from Emmanuel College, and is currently a doctoral candidate for Education Policy, Organization, and Leadership/Diversity and Equity in Education at the University of Illinois/Champaign-

Urbana.

Ford succeeded Rob Shaw as the principal at North Quincy. Shaw, who had served as North's principal since 2012, left the school system this summer for a job in a different district.

Before becoming an assistant principal, Lakey was a middle school English language arts and special education teacher at the Matthew Kuss Middle School in Fall River and the New Bedford Global Learning Charter School, and also coached basketball and soccer. He holds a Bachelor of Arts from Westfield State University, a Masters of Education in School Administration from American International College, and a Certificate of Educational Leadership in School Administration from Harvard University.

Lakey succeeded John Franceschini as the principal at South West. Franceschini had been principal at South West, previously Sterling Middle School, since 2013 and retired this summer.

Dieudonné started her career as a mathematics teacher in Evanston and Chicago, Illinois, before moving into instructional coaching and professional development leadership in Illinois. She holds a Bachelor of Arts from the University of Illinois/Chicago, a Masters of Arts in Mathematics Teaching from the National Louis University in Chicago, a Masters in Religion & Counseling from Trinity International University, and a Masters of Education in Learning, Teaching & Instructional Leadership from Harvard University.

Dieudonné succeeded Ruth Whitmer as the principal at Lincoln-Hancock. Whitmer had been principal at the school for 14 years prior to retiring this summer.

In addition to the three new principals, Mulvey this summer also hired Tracey Kenney Borrelli as the new assistant principal at Central Middle School.

Borrelli had been the principal of Leicester High School for seven years. She began her career as a foreign

language teacher before becoming dean/assistant principal at Quabbin Regional High School and then assistant principal of Leicester Middle School. She holds a Bachelor of Arts from Assumption University and a Masters of Education in Leadership and Educational Administration from Worcester State University.

All four new administrators began working for the Quincy Public Schools on Aug. 23.

Overall, the district welcomed approximately 60 new teachers this school year.

New professional staff members were set to participate in a two-day orientation last week, including meetings with Mayor Thomas Koch, members of the School Committee, and members of the superintendent's leadership and principal teams to learn about their professional responsibilities, the many programs and services offered by Quincy Public Schools, and the mentoring program for new staff.

Schools Making 'Significant Strides' Towards Diverse Staff

By SCOTT JACKSON

The Quincy Public Schools made major strides towards creating a more diverse staff with the latest round of hirings over the

summer, Supt. Kevin Mulvey recently told the School Committee.

Committee member Paul Bregoli asked Mulvey about the hiring process during the school board's organizational meeting on Sept. 1. One of the committee's goals for the district, Bregoli noted, is to create a more diverse workforce.

Mulvey said the district is making progress toward that goal. Last school year, Quincy joined the Massachusetts Partnership for Diversity in Education — a group whose more than 30 members include Brookline, Cambridge, Milton, Somerville and Weymouth — and that paid dividends over the summer.

"This year we partnered with the Massachusetts Part-

nership for Diversity in Education. We expanded our web of recruitment through that organization and we have been successful, very successful, this year in expanding and hiring diverse staff — not only at the principal level but also...at the professional level and the non-professional level, including bus drivers and custodians as well," Mulvey said.

"This is an ongoing effort and it will continue to be ongoing but this year in particular we've made some significant strides in that area."

Quincy and other school districts are competing to attract the same pool of candidates, Mulvey said, but the school system is attractive one to work in.

"This year we were extremely fortunate in our ability to recruit and to be able to do that by pulling from other districts who are competing from the same pool was a real challenge," he said.

"But I have to say, Quincy is a real desirable location to work and although salaries may be higher in other districts, we are fortunate to have just the existence of our current system, which is attractive enough for candidates to come and want to work for us. Fortunately, this year we were able to do that very successfully."

Bregoli welcomed the progress the district made over the summer.

"I know we've made some progress and I'm glad to hear it is going to be ongoing," he said. "Congratulations on this — it's terrific."

The district hired approximately 60 new employees over the summer. Committee member Douglas Gutro asked for data on the new hires, plus a look back at the last several years of hiring, and that information will be presented during an upcoming committee meeting.

Keith Ford, who was hired over the summer as the new principal at North Quincy High School, is Black, and Natacha Dieudonné, the new principal at the Lincoln-Hancock

Cont'd On Page 19

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Houghs Neck WWII Veterans' Memorial Rededication Oct. 2

The Houghs Neck Garden Club will sponsor a rededication of the World War II Veterans' Memorial in Houghs Neck, in front of the Atherton Hough School, on Saturday, Oct. 2nd, at 11 a.m.

Rain date is Sunday, Oct. 3rd at 1:30 p.m.

The Houghs Neck Garden Club is a 5013c non-profit organization and a member of the Garden Club Federation of Massachusetts.

JOB WELL DONE and QUINCY POLICE CRIME PREVENTION JOURNAL

were not available at press time

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Volunteers Inducted Into Interfaith Social Services Hall Of Fame

*Quincy's IntelyCare Named 2021
Community Partner Of The Year*

Forty-one South Shore residents were recently inducted into Interfaith Social Services' Matti Lang Hall of Fame.

The volunteers were honored at a virtual Volunteer Appreciation Night on Aug. 12. Local healthcare staffing company IntelyCare was also honored at the event as Interfaith's 2021 Community Partner of the Year for their exemplary commitment to volunteerism.

Interfaith Social Services operates one of Greater Boston's largest emergency food pantries, a mental health counseling center, Thrift Shop and homelessness prevention program. Since 1947, Interfaith Social Services has been a safety net for thousands of children and families from the South Shore who are struggling to make ends meet.

Volunteers are the heart and soul of Interfaith's programs, and the Hall of Fame recognizes those who have served at Interfaith regularly for at least one year. The Hall of Fame is named after one of Interfaith's most dedicated volunteers, Matti Lang, who gave decades of his life selflessly serving Interfaith's clients.

This year's honorees include: Braintree residents Anna Wilson and Peter Wilson; Cohasset residents Kim Donohue and Amy Sorensen; Hingham residents Amy Beitler and Jody Heaton; Hull residents Cat Bryant and Theresa DelGuidice; Kingston resident Carrie Sylvester; Plymouth resident Silvana Zakrzewski; Quincy residents Rich Brandi, Jennifer Carter, Anna Marie Conneely, Marie Connell, Amanda Crabb,



FORTY-ONE AREA residents have been inducted into Interfaith Social Services' Matti Lang Hall of Fame. These volunteers have given their time regularly for at least one year. A few of the Wednesday night food pantry volunteers posed for a picture with the Hall of Fame plaque. From left: Nancy Powers, Jane Murtagh-Smeglin, Kathy Rust, Jory Schwartz and Michael Smeglin, all of Quincy.

Photo Courtesy Interfaith Social Services

Gayle Davidson, Julie Driscoll, Caitlin FitzGerald, Maddy Gabor, Christine & Patrick Jaehnig, Kathleen Kelly, Donna Larkin, Joe Leason, Jane Murtagh-Smeglin & Michael Smeglin, Bill O'Neill, Nancy Powers, Kathy & Walter Rust, Jory Schwartz, Nancy

Walty and Barbara Wray; Rockland resident Britni Verrocchio; Scituate residents Natalie Ahern and Jennifer Matkin; Sharon resident Rhonda Prokos; West Harwich resident Eric Brown; and Weymouth residents Roberta Ferguson-Gregg, Amie Peloquin and

Cindy Urmston.

Many of these honorees came to Interfaith at the start of the pandemic in 2020 during a particularly challenging transitional period. As lockdowns commenced and businesses closed doors, nearly 60% of Interfaith's regular volunteer

force needed to pause their service. After calls out to the community, a new group of volunteers stepped in to help keep Interfaith's essential food pantry services going.

"We're so grateful to the volunteers that assisted us in a vital time of need and con-

Cont'd On Page 17

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North Quincy High School Using New Yakoo Logo

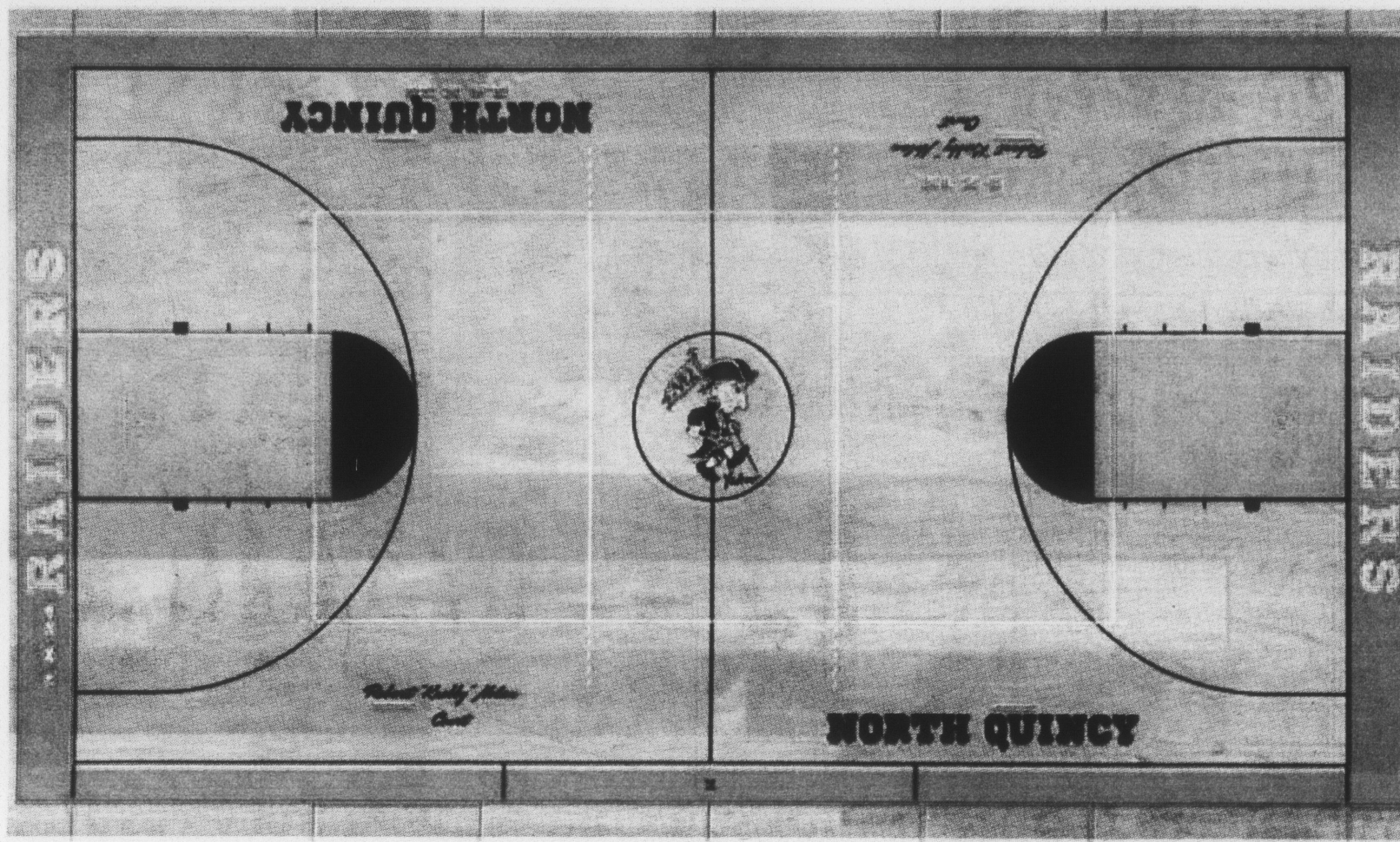
Cont'd From Page 1

placed throughout the whole building. The banners were taken down – they are going to be replaced with the new image.”

The old Yakoo featured a caricature of Yacubian, who is of Armenian descent, in Native American attire, including a feathered head-dress, and carrying a hammer in one hand and an NQ flag in the other. The new logo keeps the caricature of Yacubian but now depicts him wearing a black tricorne hat and a black tunic with red facings. In one hand he is carrying a bell with the date 1933 inscribed for the year the school opened; he is still holding the flag in his other hand.

Mulvey, a 1991 graduate of North Quincy High School, said he was glad Yacubian's legacy would carry on with the new version of the Yakoo in place.

“I wanted to make sure that when Yakoo was changed, fortunately we still have our great benefactor, Dr. Yacubian, around to be able to give input into that. Dr. Yacubian I know worked with the mayor proactively, realizing what the concerns of the community was, to help assuage those concerns by modifying the image. He



COLOR RENDERING shows the new basketball court at North Quincy High School featuring an updated “Yakoo” logo at center court as well as the word “Raiders” on the baselines. The court remains dedicated to the late Robert “Knobby” Nolan, former boys’ basketball coach at North who compiled a .684 winning percentage over 11 seasons as coach – the highest winning percentage in school history.

Rendering Courtesy Quincy School Department

was willing to do it and I am happy about that, that is for sure,” Mulvey said.

“We still have the Yakoo, we still have the tradition of Dr. Yacubian, and I think that the students are very happy with the selection of Yakoo as the mascot and they were

happy with the image as it is now. That hopefully will resolve the issue and we can move forward with the pride and excellence that all North Quincy graduates have in that school, both present and past.”

In addition to painting the

new version of the Yakoo at the center of the gymnasium floor, Mulvey said the court would have an improved color scheme this year.

“We added in a little bit more coloring to the court to make it more interest-

ing, so you’ll have contrast between obviously the floor court color and red, white and black, because that’s the colors of North Quincy,” he said. “It looks great.”

The court inside the gymnasium in dedicated to the late Robert “Knobby”

Nolan, whose name appears on the gym floor. Nolan coached the boys’ basketball team at North for 11 years and never had a losing season; his winning percentage, .684, is the highest in school history.

School Committee Preliminary Election Tuesday

Cont'd From Page 1

ahead of the preliminary. Crispo said a total of 177 absentee and mail-in ballots had been requested as of noon on Sept. 2. The deadline to request a mail-in ballot was 8 p.m. yesterday (Wednesday) and absentee ballots must be requested by noon on Monday, Sept. 13.

Absentee and mail-in ballots must be received by the time polls close next Tuesday to be counted.

In-person early voting is also underway through Friday at the City Clerk’s Office on the second floor

of the glass city hall annex building at 1305 Hancock St. Early voting will take place from 8:30 a.m. to 4:30 p.m. there each day this week.

The seven candidates running in the preliminary, by order of appearance on the ballot, are:

Emily Lebo, 354 Highland Ave.; Ellen Patterson O’Donnell, 6 Hatherly Rd.; Courtney Perdios, 86 Rugles St.; Liz Speakman, 129 Merrymount Rd.; Douglas Gutro, 85 Arnold St.; Liberty Schaaf, 28 Howe St.; and Tina Cahill, 51 Gren-wold Rd.

Gutro, who previously served on the City Council, is concluding his first four-year term on the committee; Lebo has served ten years on the board; and Perdios

was appointed to the committee in February to fill a vacant seat. Perdios had finished in fourth place in the 2019 school board election.

The remaining four candidates are all making their first bids for elected office. O’Donnell, Schaaf

and Speakman had been nominated for the open seat. Perdios was appointed to during the February joint convention.

The top six finishers in Tuesday’s preliminary will appear on the ballot on Election Day, Nov. 2. The top

three vote getters in November will win four-year terms on the School Committee.

In addition to the School Committee race, the November election will also feature contested races for city councillor at-large and the Ward 1, 2 and 5 seats on

the council. City councillors are all elected to two-year terms.

There is no mayoral election in Quincy this year. Mayor Thomas Koch was reelected to a new four-year term in 2019.

Sept. 11 Remembrance Ceremony Saturday

Cont'd From Page 1

as of September 2001,” He was among the members of the department who went to New York City following the attacks to attend funerals for firefighters killed that day.

“It was very, very solemn. I’ve never seen such

crowds of people, but you could hear a pin drop,” Jackson recalled. “It was a sea of people. It was incredible.”

The Quincy Fire Department has marked the anniversary of the attacks every year since. Jackson thanked the residents who have come to the ceremonies.

“We’ve seen some of the same people for the last 20 years and we appreciate that they have never forgotten,” he said.

The Sept. 11, 2001, attacks claimed the lives of 2,977 victims at the site of the World Trade Center in

New York City, the Pentagon in Virginia and in Shanksville, Pennsylvania.

Three hundred forty-three members of the New York City Fire Department were killed in the attacks, along with 72 law enforcement officers.

Bethany Congregational Church

The Bethany Congregational Church service for Sunday, Sept. 12 will begin at 9:30 a.m.

Rev. Patrick McCorkle will preach, with music provided by Paul Frazer as soloist. Sunday School classes will be starting up later in September.

There will be a coffee hour after church with COVID precautions followed.

Bethany Congregational Church is located at 18 Spear St., Quincy. The web-

site is: bethanyconchurch.org. Telephone number is 617-479-7300.

You can attend Bethany services in person or view them online. Check the church website for instructions on how to watch.

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Wollaston Senior Babe Ruth Wins South Shore Championship

Wollaston Senior Babe Ruth (age 16-19) wrapped up its 2021 season Aug. 12th with a 7-5 victory over Norwood to win the South Shore Senior Babe Ruth League Championship. Wollaston rolled through the regular season and playoffs compiling an overall record of 14-1-2.

At the first day of team tryouts this summer, the Wollaston coaches told each other, "We have a good team. We can win a lot of games if the boys play together as a team."

Comprised entirely of Quincy boys, there was depth and experience at every position as many of the players had been on the team for 3-4 years. They were hungry for a chance to win and most felt that this was their year to make a run for the title.

The coaches stressed teamwork, communication on the field and to always play with a sense of urgency. Those elements were evident all season as the team played terrific defense and was very aggressive on the basepaths – pushing their opponent every inning to make a play and keep up with them. And in the limited instances when they made a fielding error or an out on the basepaths the team rallied around their teammate with good natured ribbing or praise for the effort given.

Head Coach Paul Hellmuth ensured every player got on the field and had constant praise for the team. His assistant coaches – Tim Walsh, John Coughlin, Bill Farrell and Joe Mullen – echoed his positive attitude and challenged the players

to give their all on every play. Senior Babe Ruth is the highest division of youth baseball in the Babe Ruth family. Many of its play-

ers continue on to successful high school baseball and college careers.

This season's team was comprised of Joe Pontrem-

oli, Drew Boretti, Robert Broderick, Aiden Healy, Pat Walsh, Harrison Stengel, Mike Scibilio, David Noble, Anthony Coughlin, Marty

Muscato, Ryen Lawton, John Hall, Ryan McCarthy, Drew Peterson, Anthony Morabito, Will Farrell and Zach Donaghue.



WOLLASTON SENIOR Babe Ruth players and coaches celebrate after winning the South Shore Senior Babe Ruth Championship with a 7-5 win over Norwood Aug. 12.
Photo Courtesy Wollaston Senior Babe Ruth

Volunteers Inducted Into Interfaith Social Services Hall Of Fame

Cont'd From Page 15

continue to show up each and every week to serve on the front lines with us," said Interfaith's Director of Development Paula Daniels. "Because of them, we've been able to keep Interfaith's programs operational and make sure none of our neighbors go hungry or lose hope. It was wonderful to be able to honor and thank all our volunteers for their service at the volunteer appreciation event."

At the event, volunteers picked up dinner from the Bon Me food truck parked at Interfaith's building and then headed home to join a virtual meeting and trivia game.

In addition to the Hall of Fame induction, Interfaith also honored their 2021 Community Partner of the Year, IntelyCare. This award honors businesses or organizations that have demonstrated an outstanding commitment to volunteerism.

IntelyCare has been a partner of Interfaith since December of 2019. Since

then, their volunteers have donated more than 250 volunteer hours to Interfaith. They had a significant role in Interfaith's 2021 Stop the Stigma Virtual 5K event, both sponsoring the event and putting together a team of 23 employees to take part in the virtual race. IntelyCare has donated food to Interfaith's Thanksgiving program as well as toys and holiday gifts for the children Interfaith serves.

"When the pandemic hit, all of our monthly corporate volunteer teams had to pause their service with us," said Daniels. "All except for IntelyCare. IntelyCare stayed on the front lines with us and continued to send amazing volunteers to help in our pantry once a month to assist us with the growing numbers of families coming to us for food. Every time they come to volunteer, they go above and beyond to help us with whatever challenge we are faced with on that particular day."

Teresa Drisko, Director of People & Culture at Inte-



FROM LEFT: Interfaith food pantry volunteers Peter Wilson of Braintree, Maddy Gabor of Quincy, Kathleen Kelly of Quincy and Roberta Ferguson-Gregg of Weymouth were inducted into Interfaith Social Services' Matti Lang Hall of Fame. The volunteers have given their time regularly for at least one year.
Photo Courtesy Interfaith Social Services

lyCare, accepted the award on behalf of the company.

"We, as a company, feel honored to be a part of an effort to give back to our local community and drive positive change wherever we can," said Drisko. "We are humbled to support and donate to an organization that supports and uplifts our communities."

Volunteers at Interfaith Social Services commit to a three-hour shift per week. Shifts are available Monday-Friday, between 9:30 a.m. and 7 p.m. Opportunities include working in the Bureau Drawer Thrift Shop, filling orders for clients in the food pantry, staffing the front desk, and stocking and inventorying the pantry.

Those interested in volunteering at Interfaith Social Services should contact Paula Daniels at 617-773-6203 ext. 28 or pdaniels@interfaithsocialservices.org.



INTERFAITH SOCIAL SERVICE volunteers Bill O'Neill of Quincy, left, and Peter Wilson of Braintree, right, picked up food from the Bon Me food truck that Interfaith rented for their Volunteer Appreciation Night on August 12. Both O'Neill and Wilson were inducted into Interfaith's Matti Lang Hall of Fame during the volunteer event.
Photo Courtesy Hurley Event Photography

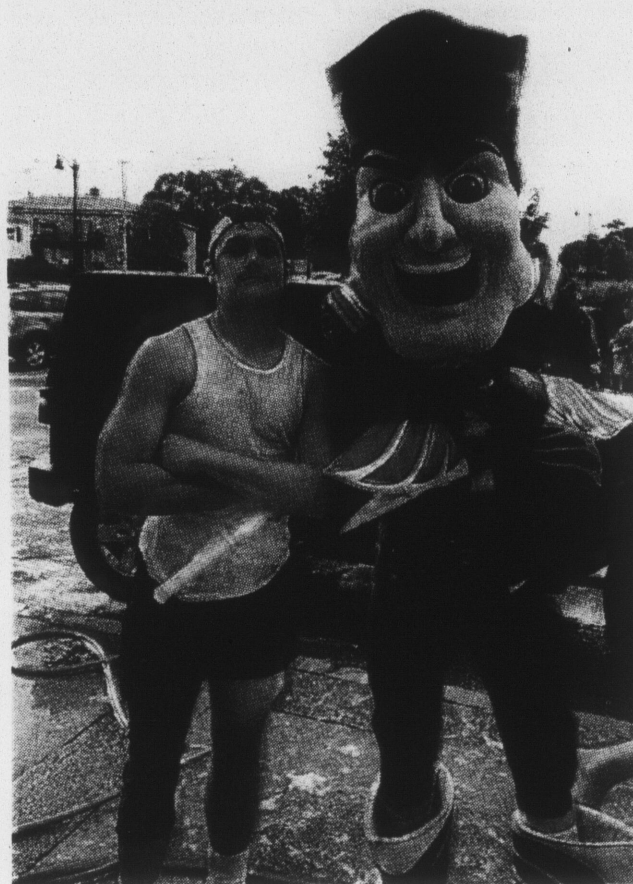


FROM LEFT: IntelyCare volunteers Steven Mohr of Quincy, Ryan Connon of Boston and Teresa Drisko of Quincy helped unload Interfaith's food rescue truck in early 2021. Quincy healthcare staffing company IntelyCare was recently honored as Interfaith Social Services' 2021 Community Partner of the Year for their exemplary commitment to volunteerism.
Photo Courtesy Interfaith Social Services

Pat Patriot Pitches In At North Quincy Football Car Wash

The North Quincy Football Booster Organization held its car wash fundraiser Aug. 21 to support the team with a visit from New England Patriots mascot Pat Patriot.

Pat brought along the last two Patriot Super Bowl rings for everyone to enjoy. It was a great day for the team and community.



NQ FOOTBALL Captain Matt Craig (left) and teammate Nate Sampson (right) proudly display two New England Patriots' Super Bowl rings.

NORTH QUINCY football player Hunter MacIsaac with Pat Patriot at the Raiders' recent car wash fundraiser.

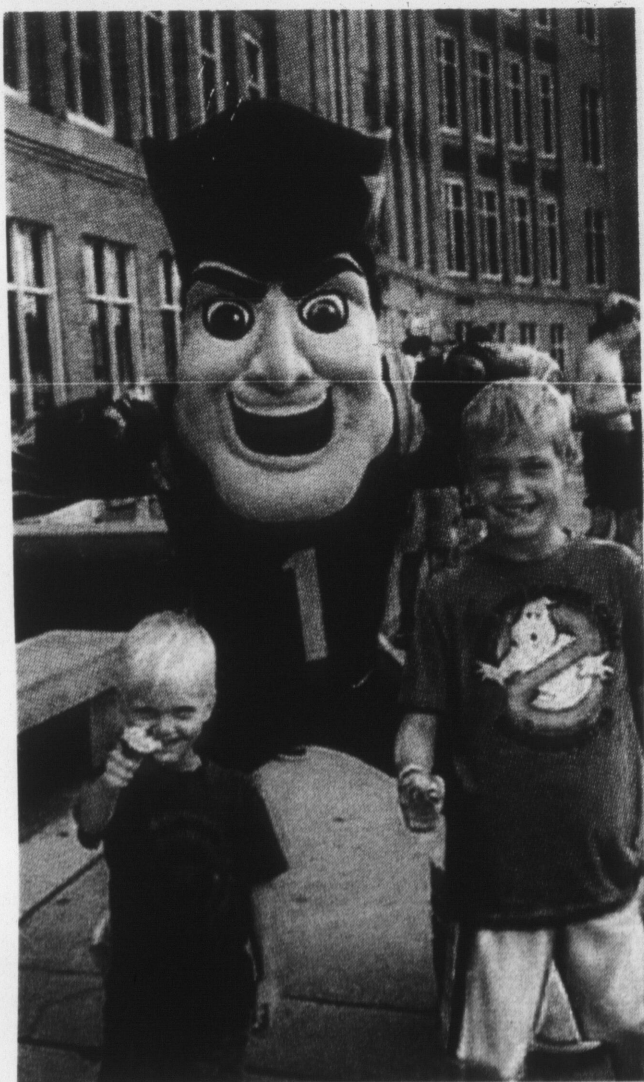
Courtesy Photos



PAT PATRIOT poses with Dr. Allan "Yakoo" Yacubian at the North Quincy football team's recent car wash fundraiser.



NORTH QUINCY football players with Pat Patriot at the team's recent car wash fundraiser.



PAT with a happy Michael and Thomas Powers.



TWO PATS having fun at the North Quincy Football Team car wash: Norfolk County Sheriff Pat McDermott (left) and New England Patriots mascot Pat Patriot.



PAT PATRIOT lends a hand at the North Quincy football car wash.



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'Significant Strides' Towards Diverse School Staff

Cont'd From Page 14

Community School, immigrated to the United States from Haiti as a child.

Mulvey, in an interview with The Sun prior to the committee meeting, said the district had been looking for candidates from diverse backgrounds to fill the principal openings this summer.

"It was definitely something we were looking for. For North Quincy High School, we definitely were trying to make the principalship more reflective of the student population. Having said that, obviously the main goal is to make sure that we hire the most quali-

fied person for the position, regardless of race," Mulvey said.

"Fortunately for Mr. Ford, he was the top candidate. His qualifications were excellent, his interview skills were fantastic and, as I said, he impressed the interview team as he was the only recommendation out of the interview [committee] to be interviewed as a finalist. When I interviewed him, he was excellent and I know when you meet him, you'll see why.

"He is just very dynamic. He loves kids. He just walks into a room and he lights up the room. He not

only has the academic and curriculum skills as an assistant principal coming out of Needham, but he also has the extracurricular experience as well. He was the head coach of Randolph football for a while and I believe a head coach in Boston as well."

"The same with Natacha Dieudonné," the superintendent added, "a Haitian immigrant from Haiti, came to the United States I think when she was in seventh grade - basically the quintessential American success story, both for her family and for herself.

"It's going to be excellent for the Lincoln-Hancock

community. We do have a large Black population down there and other minority populations, so she will be reflective of the school community for sure. But, putting that aside, just her academic excellence and her communication skills and her resume and then just her interview - she was excellent. She's just a very, very nice woman. She loves kids; kids love her.

"We just had a meet and greet popsicle night at the park at Lincoln-Hancock [Aug. 24] and the kids just gravitate to her. It was great and she was great, so we are excited about that too."

Lobster-Clambake Marks Quincy Farmers Market 40th Anniversary Sept. 21

The Quincy Farmers Market will celebrate its 40th anniversary on Tuesday, Sept. 21st with a lobster-clambake, maritime music by sea shantymen David Coffin, and tours aboard USS Salem (CA 139) berthed at the former Quincy shipyard.

The event will wonderfully link the market's new location at Kilroy Square in the downtown and the legendary "Kilroy was here" logo of World War II. For more information visit <https://www.uss-salem.org/kilroy/>.

"Salem is donating our space and our crew is volunteering its time to support another community organization. Our tour guides will be on board this 717-foot long heavy cruiser with eight decks, multiple exhibits, hundreds of other ships represented, and lots to explore and discover about Quincy's history," said Margaret Laforest, president, Board of Directors, U.S. Naval Shipbuilding Museum and USS Salem.

The maritime music performer, David Coffin, a sea shantymen descendant from a long line of whalers and seafarers, excels in engaging an audience by bringing their songs and stories to life. Visit <https://davidcoffin.com/press-kit/>.

"This event continues a series of collaborative placemaking ventures in tea rooms, restaurants, amphitheaters, a downtown rooftop, public art in parks and

parking lots, desserts overlooking a tidal salt marsh, Autumn on the Water at Marina Bay, and a month long Thanksgiving beautification of the Souther Tide Mill - a gateway to the new downtown," says Market Steward Janet Little.

"Our goal is to reinvent farmers markets as 21st century agoras - markets as sites of engagement and dialogue. In this event there will be no speeches only conversation, camaraderie among a community of interests...and butter dripping down forearms! It's going to be an amazing party, a transformative community experience," says Kevin Dye, a senior research fellow of Future Worlds Center. Visit <https://linkedin.com/in/kmcdye/>.

"A quintessentially Quincy venue, promoting two historic Quincy institutions, with a classic New England lobsterbake supporting local fishermen, farmers, brewers, and caterers. Shantymen David Coffin will belt out songs to make you smell the salt air, feel the wind in your sails and shiver your timbers," Little said.

Seating is top deck on the fantail looking out over the water towards the Fore River Bridge. Tickets are available at <https://qfmsalem.eventbrite.com/>.

Boarding begins at 4 p.m., dinner seatings at 5 and 6:30 p.m., music performances during the last half of each meal, ongoing tours and cash bar.

Quincy Recreation Knockout Tournament

Quincy Recreation Director Michelle Hanly announces the Quincy Recreation Department recently held its annual basketball Knockout Tournament at the Fenno Street Basketball courts.

The Knockout Tournament is a popular event and was well attended, with approximately 50 youngsters from the city's 17 playgrounds participating. The tournament was separated into three age groups: Midgets (8-10), Juniors (11-12), and Seniors (13-16).

The event was run by sports specialists Tim Durgin, Marissa McGue, and John Grasselli.

In the Midget division, the competitors shot very well. James Bryan provided an elite performance on the court edging out his sister Nora Bryan, and Bridget Knox of Beechwood.

The Junior division featured a deep and competitive field. Cash Murphy put up a complete performance that proved too tough to top. This score was still challenged by Max Lamonica and Ryan Sampson who put up impressive displays of shooting, and who were in contention for the number one spot up until the very end. Max and Ryan ended up finishing in second and third.

In the Senior division, Nehemiah Nii-aryee edged Anthony Raines in a nail-biting final round where both shooters put up great performances. Patrick Bryan also put up a notable performance and finished third in the competition.

The Knockout Tournament was a huge success; all children showed great sportsmanship and enthusiasm. Congratulations to all who participated.

THIRD PLACE (photo at right) from left to right: Recreation Leader Brandon Sullivan, Patrick Bryan, Ryan Sampson, Bridget Knox and Recreation Leader Dong Concannon.



KNOCK-OUT TOURNAMENT CHAMPIONS - left to right: Recreation Leader Brandon Sullivan, Nehemiah Nii-aryee, Cash Murphy, James Bryan and Recreation Leader Olivia Skinner.



RUNNER-UPS: left to right: Recreation Leader Jack Nelson, Anthony Raines, Max Lamonica, Nora Bryan and Recreation Leader Olivia Skinner.



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Ask Barbara Graceffa:

Trendy or Timeless Tiles? You Can Have Both

I love many of the new high fashion tiles but I'm afraid they'll go out of style in a year or two. Can you please guide me to choose something that is both trendy and timeless? Alessandra

The multitude of snazzy tile shapes, patterns, colors, materials, and layouts make it daunting to choose something both trendy and timeless. Home&gardens.com suggests you select "traditional classics ... (with) forward-thinking ways to style them" for a fashionable space for many years to come.

Hexagons, arabesque, fans (or mermaid tails as they are often called) and diamond shapes are beautifying many kitchen backsplashes, bathrooms, and floors in residential settings. While hot styles these days, they will not be popular forever. Hexagons have a more lasting power but you cannot go wrong with the ubiquitous subway tile. And I do believe the mermaids tails will have a long lifespan in small doses like a shower wall.

If you enjoy art deco patterns, tiles adorned with gold or silver accents, or the encaustic stencil look, they will not be popular for more than a few more years. Terrazzo, a less expensive substitute for granite or marble, will not have staying power either. (However, if you have a mid-century home, do choose terrazzo to suit the home's time period.)

Manufacturers are showcasing blacks, whites including white-washed, blacks and whites, grays, greens, and muted browns and beiges as today's color choices. A matte black or glossy hunter green can be very chic but will soon fade too. Grays have been around much longer than I ever expected but you can never go wrong with whites or the retro black and white checkerboard in the right setting. And personally, I've never met a warm, neutral beige I didn't like!

Marbles and stones, whether real or just the look of these timeless classics, will always be in style. Wood-look tiles are predicted to be current for another 10 to 20 years and are a great alternative to wood floors for pet owners and in high-traffic areas. Think twice before choosing concrete or handcrafted tiles as their popularity will be waning.

Can't decide on a layout? Don't fret; popular choices like herringbone, chevron, large format, and wide planks are eternal.

In conclusion, always remember these two final tips: choose what you love regardless of trends, and sophisticated never goes out of style!

(Source: FlooringInc.com)

Barbara Graceffa owns and operates Secretary of the Interior in Quincy offering creative solutions at reasonable rates. Learn more about her services, workshops and quilt shows at www.sec-interior.com, read her blog at secretary-interiordecorating.blog and follow her on Facebook and Instagram @secretaryinteriordecorating.

You can reach her at 617-921-6033.

Good Deeds: Technology Drives Change

Cont'd From Page 12

the changes she witnessed in her lifetime. Some of that change was driven by technology—radio, television, color television and the space program that landed an astronaut on the moon in 1969. It got me to think of changes driven by technology that we take for granted in our day to day lives.

Did you know on Sept. 21, 1983 Motorola made history when the Federal Communication Commission (FCC) approved the world's first commercial portable cell phone? Although the cell phone was approved in 1983 it took years of technology and technological improvements to get where we are today with cell phones and cell phone use.

For you young readers you may not be aware of the "facsimile machine" which scanned printed textual and graphic material and then transmitted the information through the telephone network to similar machines where facsimiles were produced close to the form of the original document. The technology for "fax machines" was invented a long time ago. However, it was not until advances in technology and technological improvements took place that fax machines became popular with consumers and businesses in the 1980's.

Did you know on Dec. 3, 1992 Neil Papworth, a 22-year-old software programmer, sent the first ever text message by typing, "Merry Christmas" on a computer and sending it to a cellphone of Vodafone director Richard Jarvis? Again it took technology and advances in technology to get to where we are today in using and relying upon text messages for commu-

nication.

The Norfolk Registry of Deeds is an arm of government that deals with the biggest asset most of us have—our homes. As the eleventh (11th) Norfolk Register of Deeds I take great pride in preserving these land records that were first recorded for the communities of Norfolk County dating back to 1793. The mission of recording land documents may be similar to the days of scribes and quill pens at the Norfolk Registry of Deeds. However, the delivery of services in this technology centric world we live in today is so vastly different than the days when land records were delivered by horseback to Dedham where the Norfolk Registry of Deeds is located.

As I reflect on my tenure as Norfolk Register of Deeds the delivery of quality recording services to the Registry stakeholders and citizens of Norfolk County has vastly changed. The quality services provided by and through the Norfolk Registry of Deeds like so many other sectors in our society is driven by technology and advances in technology. There was no internet land record research at the Norfolk Registry of Deeds when I became Register of Deeds in 2002. Speaking of the internet, did you know January 1, 1983 is considered the official birthday of the internet which allowed various computer networks to communicate with each other? Now because of technology you can go to the Norfolk Registry of Deeds website at <http://www.norfolkdeeds.org> and search the county's land records. A lot of businesses and government entities like the Registry of Deeds did not have websites, something that is commonplace now. What happened? It was the technology. The

advances in technology and improvements in technology continue at the Norfolk Registry of Deeds. The Registry's records in its internet library of over 15 million scanned images have been brought into homes and businesses because of technology. You can search and view land records from your computer including those records related to four Presidents of the United States born in Norfolk County.

The Norfolk Registry of Deeds undertook a transcription project which transcribed over 450,000 recorded land documents hand written between 1793 to 1900. David McCullough an American historian and author wrote, "I was fascinated and delighted to learn about the way the Norfolk County Registry of Deeds and the Xerox Corporation are transcribing the historical deeds into easy-to-read computer text, and I say this as one who has spent a great deal of my working life struggling to read original letters, and diaries, and other old documents... you are making an important contribution and I send my warmest congratulations." It was technology and advances in technology that made this historical and impactful undertaking come about.

I could go on and on about other modernization initiatives that have been implemented at the Norfolk Registry of Deeds. These initiatives were driven by technology. There is electronic recording which was how most of the 205,000 land documents recorded last fiscal year at the Norfolk Registry of Deeds were recorded. A closing can take place in a lawyer's office and the land documents to be recorded are transmitted for recording to the Norfolk Registry of Deeds. Technology and abuses of technology in the

form of cybersecurity risks drives developing plans to deal with disaster recovery, business continuity and the protection of Registry data and operations. Because of cybersecurity intrusions and technological scams, the Norfolk Registry of Deeds makes available to consumers a "Consumer Notification Service." This Registry of Deeds service allows residents of Norfolk County to be notified if there is some type of document recorded at the Norfolk Registry of Deeds in that consumer's name. The "Consumer Notification Service" is a tool made available through technology to fight and be notified of fraudulent scams that could affect one's title to property. It is technology and advances in technology that allows these services and programs to be made available to the stakeholders of the Registry of Deeds and residents of Norfolk County.

Technology and advances in technology in our society and world will continue. Technology and the need to deal with technology as a way to deliver quality service by the Norfolk Registry of Deeds needs to continue. To those who may think otherwise I will harken back to my Uncle Ray's words, "There is nothing as constant in life as change."

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org. Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email register@donnell@norfolkdeeds.org.

Wollaston Beach Friends Meeting Sept. 19

The Friends of Wollaston Beach will conduct its Annual Meeting on Sunday, Sept. 19, from 12:30 to 2:30 p.m. at the Wollaston Yacht Club, 692 Quincy Shore Dr., Quincy.

The meeting will include election of officers for 2022, and presentation of awards and certificates of appreciation.

tion.

The nominating committee has proposed the following slate.

President / Treasurer – Maureen Mazrimas; Vice President – Dan Connolly; and Secretary – Bob Verney. Award recipients for 2021 are:

President's Award - Rep.

Tackey Chan; Spirit Award - Maggie Brown; and Friend Award - Lori and Dave Scott.

Chris Mancini, president of Save the Harbor/Save the Bay will give an overview of what his group and others are doing around Boston Harbor to preserve and protect this resource, and discuss the role of the Metropolitan Beaches Commission. Details of FWB's involvement in Coastsweep 2021, a worldwide cleanup effort, will also be discussed. Sign-ups to participate in this event will be available at the meeting. Light refreshments will be served.

For further information, contact Maureen Mazrimas at squantummaz@gmail.com.

Morrisette Legion Baseball Tryouts Sept. 18, Sept. 25

Morrisette Legion Baseball will be starting its fall baseball season and 2022 tryouts this month.

Tryout dates will be Saturday, Sept. 18th and Saturday, Sept. 25th at 5 p.m. at Bishop Field.

Fall baseball is for anyone who is interested in

playing Junior or Senior Legion baseball next summer. Games will be Sunday mornings at 9 a.m. The dates of the games will be Sept. 12th, 19th, 26th and Oct. 3rd, 10th and 17th.

For more information email Steve Maze at Morrisetteball@aol.com.

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Public Access Channel 8	Government Access Channel 9
Thursday, September 9 6:00pm: Bethany Congregational Church 7:00pm: On the Road with Jazzy Bill	Thursday, September 9 6:00pm: At Your Library: September Happenings 7:00pm: In the Know: Norfolk County Sheriff's Office
Friday, September 10 11:30am: LIVE: Currently in Quincy 6:00pm: Messages from the Candidates	Friday, September 10 11:00am: In the Know: Norfolk County Sheriff's Office 12:30pm: Finding Strength & Balance with Maggie 1:00pm: Zumba Gold with Mary Ellen Reardon 8:00pm: At Your Library: September Happenings
Saturday, September 11 7:00pm: The Call 8:00pm: Messages from the Candidates	Saturday/Sunday, September 11/12th 9:00am: In the Know: Norfolk Sheriff's Office 10:00am: TCPL Presents: Brave Spaces II 12:00pm: Massachusetts House of Representatives 7:00pm: In the Know: Norfolk County Sheriff's Office 7:30pm: At Your Library: September Happenings
Sunday, September 12 10:00am: Bethany Congregational Church 11:30am: Good News	Monday, September 13 8:00pm: Kennedy Center: Olde Kids on the Block
Monday, September 13 5:30pm: CQ Interview: Porchfest Preview 7:00pm: AM Quincy: Quincy Historical Society	Tuesday, September 14 4:00pm: LIVE: Board of License Commissioners 5:30pm: LIVE: Zoning Board of Appeals 8:00pm: LIVE: Election Night Coverage
Tuesday, September 14 7:00am: LIVE: AM Quincy with Joe Catalano 8:00pm: LIVE: Preliminary Election Night	Wednesday, September 15 7:00pm: Massachusetts House of Representatives
Wednesday, September 15 6:00pm: Good News 7:00pm: The Call	

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

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OBITUARIES

John R. Keenan, 86

A funeral Mass for John R. "Beeka" Keenan, age 86, of Quincy, was celebrated Sept. 4 at St. John the Baptist Church, Quincy.

Mr. Keenan died peacefully Sept. 1 at Seasons Hospice Milton Inpatient Center, surrounded by his loving family.

He was born in Buffalo, NY, and raised and educated in Jamaica Plain. He had lived in Quincy for over sixty-five years.

Mr. Keenan was employed as a sheet metal worker for many years, and had worked at the former Fore River Shipyard in Quincy.

His favorite pastime was playing dominoes and he loved challenging family and friends to play with him. Mr. Keenan was devoted to his family and enjoyed spending time with his children, grandchildren, and great-grandchildren.

Beloved husband for sixty-five years of the late Irene F. (Smith) Keenan. Devoted father of Irene F. Lynch and her husband Kevin of Franklin, NH, Maureen M. Lynch and her husband Dennis of Hingham, Kim M. Keenan Buckman and her husband Rob of FL, Theresa A. Keen-



JOHN R. KEENAN

an-Vartanian and her husband Richard of Braintree, John R. Keenan and his wife Beth of Hanson, and James J. Keenan and his wife Lisa of Quincy. Loving grandfather of thirteen grandchildren and seven great-grandchildren. He is also survived by many in-laws, nieces, and nephews. Cherished son of the late Mary E. Keenan.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the Seasons Hospice Foundation, 1 Edgewater Dr., Norwood, MA 02062 or seasonsfoundation.org/donate.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Joyce E. Green, 77

Joyce Ellen (Carter) Green, of Quincy, died Aug. 24 at the age of 77.

Born in Manchester, NH, she moved to Quincy as a child, was a graduate of North Quincy High School and lived in Quincy for the rest of her life.

Wife of the late Jack J. Green of Quincy. Mother of Lisa C. Aprille, the late Linda R. Aprille and Sean J. Green. Grandmother of

Connor M. Green and Seth Odin Green. Cat mom to Bat and Pumpkin.

Mrs. Green was a CNA who enjoyed helping people and loved to travel.

There will be a private family service.

Memorial donations may be made to the Cystic Fibrosis Foundation, 4550 Montgomery Ave., Suite 1100 N, Bethesda, MD 20814.

M. Virginia Jackson, 93

M. Virginia "Ginny" (Curry) Jackson, age 93, a lifelong Quincy resident, died peacefully, Aug. 29 in the comfort of her loving family.

She was born in Milton, to the late John O. and Mary Josephine (Grignon) Curry. Raised and educated in Quincy, she was a graduate of Quincy High School, Class of 1946.

Mrs. Jackson was a loving homemaker and was devoted to her family, especially to her cherished grandchildren and great grandchildren. She was a woman of strong faith.

Mrs. Jackson enjoyed traveling with her late husband, Joe.

Beloved wife of the late Joseph C. Jackson, Deputy Chief, Quincy Fire Department, Retired.

Devoted mother of Geraldine M. Lewis of Milton, Eileen A. Flibotte and her husband Joe of Quincy, John G. Jackson, Lieutenant, Boston Fire Department and his wife Lori of Braintree, Mary V. Newell and her husband Mark of Kingston, Joseph C. Jackson, Jr., Chief, Quincy Fire Department and his wife Ginger



M. VIRGINIA JACKSON

of Rockland, the late Carol F. Kennedy and her husband James Kennedy, Captain, Quincy Fire Department, Retired of Quincy.

Loving grandmother of eleven grandchildren and ten great-grandchildren.

Mrs. Jackson was the last of five siblings and is survived by many nieces and nephews.

At the request of the family, funeral services and interment were private.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Elizabeth A. Shionis, 90

A funeral service for Elizabeth Anne "Betty" (Hughes) Shionis, 90, of Quincy was held Sept. 3 in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Shionis died Aug. 31.

The beloved wife of the late George C. Shionis. Sister of Carol Chinn of Milton and George Hughes of Plymouth and the late William Hughes, Barbara Connolly and Doris Solari. She is also survived by many nieces and nephews. She was the daughter of the late William and Willa (Nicker-son) Hughes.

In her earlier years, Mrs.

Shionis worked for Filenes. She enjoyed shopping and loved everything to do with fashion. She also enjoyed dressing up and going out on the town with her late husband George.

Mrs. Shionis truly loved her life. She had a very special place in her heart for cats. Mrs. Shionis will be sadly missed by all those who were fortunate to have known her.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the Quincy Animal Shelter, 56 Broad St., Quincy, MA 02169.

Fred M. Corson, Jr., 75

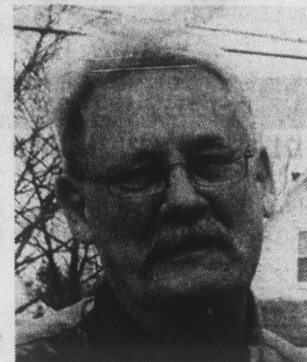
Fred M. "Sonny" Corson Jr., a longtime resident of Quincy, died peacefully at home in his sleep on Aug. 29. He was 75.

Born in Portland, Maine, on April 1, 1946, he was the son of the late Fred M. Corson Sr. and Edna Dorr.

A laborer, Mr. Corson worked for a furniture moving company for many years until his retirement. He enjoyed the relationships he built throughout the years. In his spare time, he enjoyed woodworking. He was known for making bird and doll houses.

Mr. Corson was a selfless, caring, and devoted person. He taught his son how to be a father and always showed others how to stay positive with his great sense of humor and warm disposition. Mr. Corson will be missed by all the lives he touched.

He was the beloved husband of Donna M. Corson of Quincy, with whom he shared 47 loving years of marriage. He was the devoted father of Fred M.



FRED M. CORSON, JR.

Corson III and his wife Valerie of Natick, and the loving grandfather Joseph J., Emma N. Corson, both of Quincy and Owen T. Corson of Natick. Dear brother-in-law of Margaret Dooling of Weymouth and David Sullivan of Quincy. Mr. Corson is also survived by three siblings and many nieces and nephews.

Following cremation, Mr. Corson will be interred privately at a later date.

Memorial donations may be made to the Wounded Warrior Project, P.O. Box 758517, Topeka, KS 66675.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

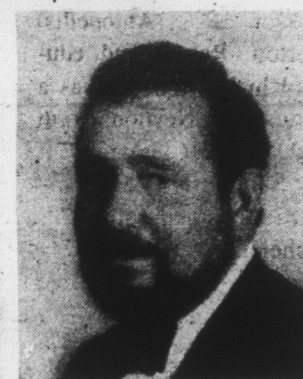
Santino Vitali, 81

A funeral Mass for Santino "Tino" Vitali, age 81, of Kingston, formerly of Rockland, was celebrated Wednesday in Holy Family Church, Rockland.

Mr. Vitali died Aug. 29.

He proudly served in the US Navy from 1957 to 1961. Mr. Vitali was the owner of Tino's Gulf Station on Furnace Brook Parkway in Quincy for 39 years and then Tino's Hauling and Transport in Abington from 1994 to the present. He was an active parishioner for many years at Holy Family Church in Rockland and also a past grand knight of Rockland Knights of Columbus.

Husband of the late Carole (Elliot) Vitali. Loving father of Cheryl Vitali Tocchio and her husband Joseph of Vale, NC; Lisa Vitali-McKim and her husband Kenneth of Duxbury; Emily Vitali of Salem, and his honorary sons, Glenn Mohan and his wife Nancy of Whitman; Sean Walters and his wife Mali of Norfolk, VA; and Eric Walters and his wife Liz of Derry, NH. Cherished brother of Martha Phelan



SANTINO VITALI

of Elizabeth City, NC, and the late Oscar Vitali. Proud "Papa" of Ariana Boss, Lauren McKim, Alyssa McKim, Jack McKim, Justin Mohan, Amanda Mohan, Joseph Tocchio, II, James Tocchio, and Bailey Walters. Proud "Papa Tino" to Lucas Boss, Maxwell Boss, Siena Tocchio and Sophie Tocchio.

Interment at Holy Family Cemetery, Rockland.

Memorial donations may be made to Hospice of the South Shore, 30 Reservoir Park Dr., Rockland, MA 02370.

Funeral arrangements were made by McDonald Keohane Funeral Home, South Weymouth.



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460 GRANITE AVENUE
MILTON, MA 02186
(617) 698-6264

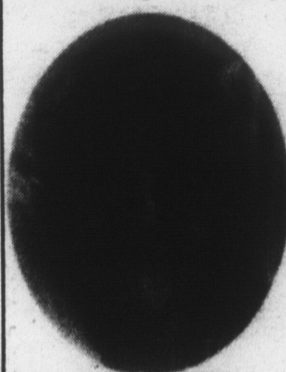
IN MEMORIAM



In Loving Memory Of
NANCY F. CHAMBERLIN
MEMORIAL CELEBRATION
9/23/21

A memorial celebration will be held on Thursday, September 23, 2021, for Nancy F. Chamberlin who was loved in Quincy and Truro, MA. The interment will begin at 12 noon in the Old North Cemetery, North Truro (across from the police station). A social gathering in honor of Nancy will follow at The Red Inn, 15 Commercial St., Provincetown. Family and friends welcome. Please RSVP to Paul Chamberlin before September 15, 2021, (850) 598-1498 or pic.pmc@yahoo.com

In Loving Memory



Karen M. Dugan
November 18, 1950 -
September 13, 2016

Fondly Remembered
and Sadly Missed
on your Fifth
Anniversary
by your Family

Honor Your
Loved One's
Memory
With Flowers

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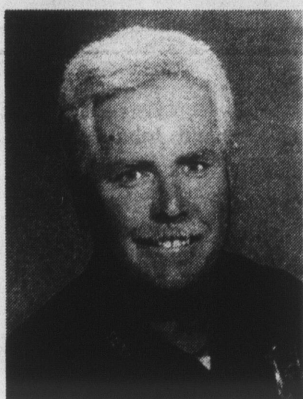
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John Ridge

A Mass of Christian Burial for John Ridge of Quincy will be celebrated Thursday at 10:30 a.m. in Sacred Heart Church, Quincy.

Mr. Ridge died Sept. 1.

Retired BPD. Cherished husband of Deborah (Sullivan) Ridge of Quincy. He was loving father of Casey Ridge and her fiancé Keenum Staniszewski, Ashley Ridge and her fiancé Richard Zipata, John Ridge and Thomas Ridge all of Quincy. Grandfather of Nicholas, McKenzie and Nolan. Son of Celia Ridge of Quincy and the late John Ridge. Brother of Mary Catherine Lunt of Pembroke, Eileen Barbuto of Bridgewater, Celia Barton of Quincy, Patricia Sullivan of Quincy, William Ridge of Norton and Colleen Coughlin of



JOHN RIDGE

Dorchester.

Mr. Ridge was a remarkable Boston police officer for 35 years and a huge part of D.A.R.E. and other G.R.E.A.T. programs in Boston. He ran multiple youth service and sports programs for inner city kids and incorporated all he knew from multiple years of being an outstanding athlete

himself.

Mr. Ridge was also a devoted and loving husband to his wife Deborah who was the love of his life. He was an amazing and well-respected coach for all his children at Sacred Heart basketball, Quincy youth soccer and little league baseball for many years. He still somehow found the time to always put his children and grandchildren first no matter what. He went to great lengths to make sure they had everything they ever wanted and needed. He was a hero in so many ways.

Visiting hours were 4 to 8 p.m. Wednesday in Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.

Private interment.

Ronald P. Shorton, 68

A memorial funeral Mass for Ronald P. Shorton, age 68, of Quincy, formerly of Framingham, will be celebrated Sept. 15 at 10 a.m. at Divine Mercy Parish in Sacred Heart Church, Quincy.

Mr. Shorton died peacefully Aug. 28 in the comfort of his home, surrounded by his loving family.

He was born in Newton, to the late John B. and Eleanor R. (Antonellis) Shorton. Raised and educated in Newton, he was a graduate of Newton North High School, Class of 1971. Mr. Shorton attended Boston College and earned his Bachelor's degree from American University in Washington, D.C.

He had lived in Quincy for the past three years, prior to that Ron and Gail had enjoyed many years together at their lake house in Maine. They resided in Framingham for twenty-eight years where they raised their children.

Mr. Shorton chose his career in criminal justice at a young age. He began working for the FBI in Washington, D.C. at the age of twenty-one. His true passion, however, was that of a police officer - "he had it in his blood." He returned to the northeast to accept a position with the Nashua,



RONALD P. SHORTON

N.H. Police Department. He transferred to the Newton Police Department where he served as a detective. Upon his retirement, he held positions at the MetroWest Daily News as a circulation manager, and finally as a senior program services manager at Philips Lifeline.

Mr. Shorton was an avid coin collector, history buff, and cowboy at heart. His infectious smile and laugh always lit up the room. He lived life to the fullest where every day was a new day, keeping a positive attitude right up until the end. He was a fighter, a warrior, a bright light, and a believer that dreams really do come true. Most of all, Mr. Shorton was devoted to his family, actively supporting their many activities and accomplishments.

Beloved husband of Gail E. (Smith) Shorton. Ron and Gail were together for fifty-two years, having been high school sweethearts, he was a hopeless romantic for the forty-seven years of marriage they shared.

Devoted father of Jacqueline Rae O'Connell and her husband Robert of Quincy, Janelle E. Piselli and her husband Jason of Bellingham, and Ashley E. Laudon and her husband David of Blackstone.

Predeceased by his beloved grandson, Terry J. Shorton. Loving grandfather of Christian A. O'Connell, Analisa G. Piselli, Jason B. Piselli, Jr., James R. Piselli, Brandon T. Laudon, and Isabelle M. Laudon.

Dear brother of John B. Shorton, Jr. and his wife Prudence of Norwood, and the late Terrence L. Shorton. Mr. Shorton is also survived by many in-laws, nieces, nephews, cousins, and friends.

In lieu of flowers, Mr. Shorton's family asks that you consider performing a random act of kindness in his memory.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Leo C. Fitzpatrick

A funeral Mass for Leo C. Fitzpatrick of Quincy will be celebrated Friday at 10 a.m. in Holy Trinity Parish at Our Lady of Good Counsel Church, Quincy.

Mr. Fitzpatrick died at his home on Sept. 4, surrounded by his family, after a brief illness.

The beloved husband of 61 years to Kim Fitzpatrick. Cherished father of Mary Flynn and her husband Paul of Easton, Christine Fitzpatrick and her husband Phillip Aguyo of AZ, Kim Carvello and her husband John of Braintree and the late Ann Lowe and her late husband Thomas. Brother of John Fitzpatrick and his wife Betty of Rockland and the late Thomas Fitzpatrick and Betty Parker. Devoted Papa to



LEO C. FITZPATRICK

Robert and Gregory Lowe, Ian Fitzpatrick, Rachael & Shannon Flynn, Kimberly & Phillip Aguyo and Brandon and Kyle Carvello.

Mr. Fitzpatrick grew up in South Boston, graduating from Gate of Heaven School. He enlisted into the United States Army and served his country for four years.

Following his military service, Mr. Fitzpatrick worked as a machinist for 25 years for the Reece Corporation. He then ran his own business in the laundry and dry cleaner industry. After closing his business, he began working in maintenance at the Lincoln School Apartments for the Corcoran Corporation for more than 15 years. Mr. Fitzpatrick had a very strong work ethic and passed that down to his family.

In his free time, he loved spending time on the ocean, whether fishing or boating. As an avid gardener, he enjoyed tending to his yard. A devout Catholic, Mr. Fitzpatrick was a long time parishioner of Our Lady of Good Counsel Church.

The center of his life was his family, they were the cornerstone of all that was truly important to him. He cherished the time he spent with all of them. Mr. Fitzpatrick will be sadly missed by all those who were blessed to have been part of his life.

Visiting hours are 4 to 8 p.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held there at 9:15 a.m. on Friday.

Interment at Blue Hill Cemetery, Braintree.

Charles C. Campitelli, Jr., 51

Charles C. Campitelli, Jr., age 51, of Quincy, formerly of Weymouth, died unexpectedly Aug. 27.

Mr. Campitelli was born in Quincy, raised and educated in Weymouth, and was a graduate of Weymouth High School. He had been employed as a laborer in the construction industry.

Beloved son of the late Charles C. and Linda M. (O'Connor) Campitelli. Dear brother of Dean C. Campitelli, Nancy A. Campitelli, and Darin R. Campitelli.

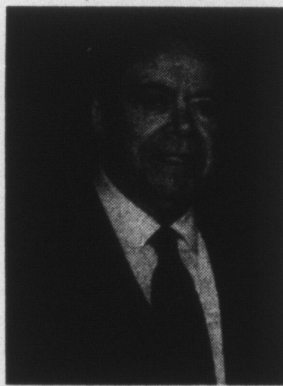
Loving uncle of Darin Campitelli, Jr. and Dylan Campitelli. He is also survived by many friends.

At the request of the family, funeral services were private.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

In Loving Memory of your Birthday



Henry W. Bosworth, Jr.

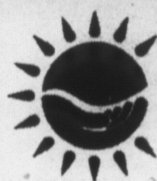
September 13, 1924

February 7, 2009

Another birthday, another year,
With precious memories of one so dear,
Thoughts today of our lives together,
Hold a love that will live forever.

The Bosworth Family

BEST OF QUINCY AWARD 2019 • 2020 • 2021



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&
CREMATION SERVICE OF MASSACHUSETTS
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(617)472-5888

DIRECTORS

Christopher P. Goulet, Sr.

Michelle A. Lydon

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QUINCY, MASSACHUSETTS 02169

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LEGAL NOTICE

CITATION ON
PETITION FOR
FORMAL ADJUDICATION
Docket No. NO21P2282EA

Commonwealth of
Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate
and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Virginia Marie Seaver
Also known as:
Virginia M. Seaver
Date of Death:
06/12/2021

To all interested persons:

A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Regina S. Keaveney of Canton, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Regina S. Keaveney of Canton, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 10/06/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED
ADMINISTRATION UNDER
THE MASSACHUSETTS
UNIFORM PROBATE
CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: September 1, 2021
COLLEEN M. BRIERLEY
Register of Probate

9/9/21

PLEASE
RECYCLETHIS
NEWSPAPER

OBITUARY

Ronald J. Arbing, 65



RONALD J. ARBING

He was survived by his loving wife of 41 years, Maria (Vives) Arbing, daughter Nicole M. Fossetti and

her husband John Fossetti, daughter Karina C. Arbing and her husband Peter Greenwood. Loving Papa to Vivien Fossetti and Owen Fossetti. Also survived by his brother Robert T. Arbing and his wife Cathy Correa-Arbing and niece Suzanne Arbing. Predeceased by his mother Christine H. (McDonald) Arbing of Quincy.

Besides his family, Mr. Arbing had many other loves in his life. On good days he could be found in his orange

canoe fishing while drinking "The Champagne of Beers" or playing his guitar. He had a love of math, science fiction, nature, and spending time with his many well-loved dogs. Mr. Arbing had an off-color sense of humor and will be remembered for his witty sarcasm.

Mr. Arbing was deeply loved by his family and we will miss him forever.

Memorial donations may be made to the Ted Williams/Steve Feroli Baseball Camp, P.O. Box 72, Monponsett, MA 02350.

A celebration of Mr. Arbing's life will occur at a later date.

Funeral arrangements were made by Bartlett Funeral Home, Plymouth.

**More Obituaries
on Pages 22, 23
& 25
and online at
www.
TheQuincySun.
com**

LEGAL NOTICE

INFORMAL PROBATE
PUBLICATION NOTICE
Docket No. NO21P1500EA

Commonwealth of
Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
June L. Wholley
Date of Death:
April 17, 2021

To all persons interested in the above captioned estate, by Petition of:

Petitioner Kirsten Hamilton of Quincy, MA.

a Will has been admitted to informal probate.

Kirsten Hamilton of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

9/9/21

PUBLIC NOTICE

CITY OF QUINCY

BOARD OF LICENSE COMMISSIONERS

Notice is hereby given under Chapter 138 of the Massachusetts General Laws that an application has been received from Break Rock Brewing LLC dba Break Rock Brewing for a wines and malt beverages farmer series pouring permit for the premises located at 534 Victory Road, including a pledge of the license and inventory to Blue Ridge Bank. Proposed manager James Southwood. The proposed licensed premises is a ground level, one-story brewery and taproom comprised of approximately 5,015 sq. ft indoors and an outdoor patio of approximately 340 sq. ft. A hearing will be conducted at 4 p.m. on Tuesday, September 21, 2021 using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: September 21 License Board

Time: Sep 21, 2021 04:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://quincycollege.zoom.us/j/2309068852>

Meeting ID: 230 906 8852

One tap mobile

+19292056099,,2309068852# US (New York)

+13017158592,,2309068852# US (Washington DC)

Dial by your location

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

Meeting ID: 230 906 8852

Find your local number: <https://quincycollege.zoom.us/j/kDpypqzfG>

Nicole L. Crispo
Chair

9/9/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-71

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, September 28, 2021 @ 5:30 P.M. to consider the application of Attorney Patrick Foley for Variances to demolish the existing single family home and construct a new two-family, townhouse style home in this Residence B zoning district in violation of Title 17 as amended, Chapter 4.0 (table of dimensional requirements), Chapter 5.1.16 (paving of yards) and Chapter 5.1.8 (table of off street parking requirements) on the premises numbered 49 SHEA STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Sep 28, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/84712832152?pwd=Q2F3NldyWkFhYzhnZ0EranX0dWkpldz09>

Meeting ID: 847 1283 2152

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 847 1283 2152

Passcode: 656062

Find your local number: <https://us06web.zoom.us/j/kpRwleY4X>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

9/9/21, 9/16/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-57

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, September 28, 2021 @ 5:30 P.M. to consider the application of Hien Le for a Finding to change the use of the premises from real estate to a nail salon in violation of Title 17 as amended, Chapter 3.4.2 (nonconforming uses) on the premises numbered 134-138 WASHINGTON STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Sep 28, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/84712832152?pwd=Q2F3NldyWkFhYzhnZ0EranX0dWkpldz09>

Meeting ID: 847 1283 2152

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 847 1283 2152

Passcode: 656062

Find your local number: <https://us06web.zoom.us/j/kpRwleY4X>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

9/9/21, 9/16/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-72

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, September 28, 2021 @ 5:30 P.M. to consider the application of Christopher Chenette for a Variance to add a full second story to the current building footprint and a front left corner addition in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) on the premises numbered 60 MACY STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Sep 28, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/84712832152?pwd=Q2F3NldyWkFhYzhnZ0EranX0dWkpldz09>

Meeting ID: 847 1283 2152

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 847 1283 2152

Passcode: 656062

Find your local number: <https://us06web.zoom.us/j/kpRwleY4X>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

9/9/21, 9/16/21

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OBITUARIES

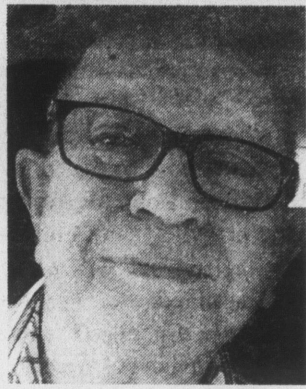
James I. Brennan

A funeral Mass for James I. Brennan of Wollaston will be celebrated Friday at 10:30 a.m. in St. Agatha Church, Milton.

Mr. Brennan died Sept. 2 at the Hebrew Senior Life Center in Roslindale.

He was born in County Clare, Ireland.

Beloved husband of Regina P. (O'Malley). Father of Gerald Brennan of Wollaston, Maura Tobin and her husband Denis of Medway, Anne Brennan of Brighton, and John Brennan of West Roxbury. Brother of Cyril Brennan, John Brennan, Patricia Quaylee, and the late Maureen and Fintan Bren-



JAMES I. BRENNAN
nan. Also survived by three grandchildren.

Visiting hours are 4 to 7 p.m. Thursday in the Alfred D. Thomas Funeral Home, Milton.

Interment at Blue Hill Cemetery, Braintree.

INVITATION TO BID

INVITATION FOR BIDS

Fence Improvements to LaBrecque Field Quincy, Massachusetts

The City of Quincy, Department of Natural Resources is seeking sealed bids for **Fence Improvements to LaBrecque Field** until **11:45 a.m.** local time **SEPTEMBER 23, 2021** in the office of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud. Late bids delivered by mail or in person will be rejected.

The work includes demolition of existing backstop, players benches, bleachers, and chain link fencing, and construction of new backstop, dugouts, bleachers, and fencing.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

A Pre-Bid Conference will be held on **SEPTEMBER 14, 2021 at 10:00 a.m.** at **LaBrecque Field, Sea Street, Quincy, MA 02169**. All bidders are encouraged to attend. Requests for interpretation of bid documents may be submitted in writing at that time.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All applicable Federal, State and City of Quincy regulations in relation to Equal Employment Opportunity and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

Non-responsive, and/or unbalanced bids may be rejected.

Thomas P. Koch Kathryn R. Logan David Murphy
Mayor Purchasing Agent Director of Park

9/9/21

NOTICE OF PUBLIC HEARING

NOTICE OF TIER CLASSIFICATION

MESSINA PARKING LOT 62 ROSS WAY, QUINCY 3-0036489

A release of oil and/or hazardous materials has occurred at this location, which is a disposal site as defined by M.G.L. c. 21E, § 2 and the Massachusetts Contingency Plan, 310 CMR 40.0000. To evaluate the release, a Phase I Initial Site Investigation was performed pursuant to 310 CMR 40.0480. The site has been classified as **TIER II** pursuant to 310 CMR 40.0500. On **September 10, 2021**, the **City of Quincy** will file a **TIER II Classification Submittal** with the Department of Environmental Protection (MassDEP). To obtain more information on this disposal site, please contact **Mr. Robert Stevens, Deputy Planning Director City of Quincy, 34 Coddington Street, 3rd Floor, 617-376-1411**. The Tier Classification Submittal and the disposal site file can be viewed at MassDEP website using Release Tracking Number (RTN) **3-0036489** at <http://public.dep.state.ma.us/SearchableSites2/Search.aspx> or contact **MassDEP, Northeast Regional Office, 978-694-3200**. Due to Covid-19 MassDEP Offices are Closed at this time. Additional public involvement opportunities are available under 310 CMR 40.1403(9) and 310 CMR 40.1404.

9/9/21

REQUEST FOR PROPOSALS

REQUEST FOR PROPOSALS

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK ST., QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

ASSESSORS OFFICE

REAL PROPERTY ASSESSMENTS FY-2023

SEPTEMBER 23, 2021 @ 11:15 a.m.

In accordance with M.G.L. Chapter 30B, the City of Quincy, on behalf of the Assessors Office is seeking proposals for the update program of real property assessments for fiscal years 2023, 2024, and 2025.

Non-price bids/proposals must be in a sealed envelope and price proposals must be in a separate sealed envelope. The outside of the sealed envelopes are to be clearly marked "**RFP - Non Price Proposal Enclosed**" with the name/time/date of the RFP and "**RFP - Price Proposal Enclosed**" with the name/time/date of the RFP.

Detailed specifications are available online at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 a.m. and 4:30 p.m.

Proposals will be received at the Office of the Purchasing Agent until the time and date stated above. Late proposals, delivered by mail or in person, will be rejected.

All questions regarding this bid should be directed to Kathryn R. Logan, Purchasing Agent, through email to: purchasing@quincyma.gov.

If applicable, proposals shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R. Bidder must abide by the prevailing wages as established by the Massachusetts Department of Labor and Industries.

The right is reserved to reject any or all proposals or to accept any part of an RFP or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, Mayor
Kathryn R. Logan, Purchasing Agent

9/9/21

REQUEST FOR PROPOSALS

REQUEST FOR PROPOSALS

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK ST., QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

ASSESSORS OFFICE

PERSONAL PROPERTY REVALUATION & MAINTENANCE

SEPTEMBER 23, 2021 @ 11:00 a.m.

In accordance with M.G.L. Chapter 30B, the City of Quincy, on behalf of the Assessors Office is seeking proposals for a complete revaluation of all personal property in fiscal year 2023, together with the listing, coding and valuation maintenance services on personal property within the City of Quincy for the implementation in fiscal years 2024 and 2025.

Non-price bids/proposals must be in a sealed envelope and price proposals must be in a separate sealed envelope. The outside of the sealed envelopes are to be clearly marked "**RFP - Non Price Proposal Enclosed**" with the name/time/date of the RFP and "**RFP - Price Proposal Enclosed**" with the name/time/date of the RFP.

Detailed specifications are available online at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 a.m. and 4:30 p.m.

Proposals will be received at the Office of the Purchasing Agent until the time and date stated above. Late proposals, delivered by mail or in person, will be rejected.

All questions regarding this bid should be directed to Kathryn R. Logan, Purchasing Agent, through fax: 617-376-1074 and email to: purchasing@quincyma.gov.

If applicable, proposals shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R. Bidder must abide by the prevailing wages as established by the Massachusetts Department of Labor and Industries.

The right is reserved to reject any or all proposals or to accept any part of an RFP or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, Mayor
Kathryn R. Logan, Purchasing Agent

9/9/21

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
Fire Department

Thomas P. Koch
Mayor

Joseph C. Jackson
Chief

INVITATION TO BID

The City of Quincy, Purchasing Department, acting on behalf of Fire Department is accepting sealed bids from responsible and responsive parties to **Preventive Maintenance and Service of Source Capture Vehicle Exhaust Removal System** services until **11:30 a.m.** local time **Thursday, September 23, 2021**, in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

This project consists of Semi-annual inspections for the preventative maintenance, service, and repairs (if needed) of Source Capture Vehicle Exhaust Removal System to 8 Fire Department locations throughout the City of Quincy.

All work under this contract shall be for a year with an extension provision.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30 and Chapter 149 as last revised and applicable. All applicable Federal, State and City of Quincy regulations in relation to Minority Business Enterprise, Women's Business Enterprise, Minority Work Force, Equal Employment Opportunity and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch
Mayor

Kathryn R. Logan
Purchasing Agent

Joseph C. Jackson
Fire Chief

9/9/21

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD — In 1955, Clint Eastwood began his career in "The Revenge of the Creature" (from "The Black Lagoon"). He landed the lead in the CBS series "Rawhide" in 1958, then went to Italy in 1964 and starred in "A Fistful of Dollars," the first of three spaghetti Westerns. At 40, Eastwood directed his first film, "Play Misty For Me" (1971). He kept acting, but it was directing that earned him four Oscars (from 11 nominations). On Sept. 17, at 91, his 40th film will open, "Cry Macho," which he directed, produced and stars in.

Clint cast country singer Dwight Yoakum as his co-star. Yoakum's memorable films are "Sling Blade" (1996), "Panic Room" (2002), "Wedding Crashers" (2005) and most recently "Logan Lucky" (2017), with Channing Tatum, Adam Driver, Seth MacFarlane and Sebastian Stan.

Famed director Frank Capra won six Oscars and made his last film at age 64. Alfred Hitchcock directed 59 films (and never won an Oscar, though he did receive the Irving Thalberg Award from the Academy), directing his last one at 76. While Capra had two wives and four kids, and Hitchcock had one wife and one kid, Eastwood juggled his career with two wives, two partners and eight children. At least five of his kids have successful acting/directing careers, including Scott Eastwood, who can be seen in the recent hit "The Suicide Squad." Clint had many memorable moments as an actor, but as a director, he's in a class of his own.

At long last, Shari Lewis (who died in 1998) and Lamb Chop — who made their TV debut in 1956 with "Captain Kangaroo" on CBS, won 13 Emmy Awards and a Peabody — will finally be the subject of an upcoming documentary.

Not so lucky is Johnny Depp, whom the San Sebastian Film Festival is giving a Lifetime Achievement Award and getting backlash from women's groups, including Spain's Association of Female Filmmakers. It follows the decree of an English judge who found the accusation of Depp beating his ex-wife, Amber Heard, "was substantially correct" (despite her beating him too?).

More bad news for Harvey Weinstein. Pulitzer Prize-winning New York Times writers Jodi Kantor and Megan Twohey's bestselling book "She Said" is becoming a movie with Carey Mulligan playing Twohey and Zoe Kazan as Kantor, as well as Patricia Clarkson and "Brooklyn Nine Nine's" two-time Emmy-winner Andre Braugher, plus Brad Pitt as one of the producers. The film is a dramatic retelling of the sexual harassment investigation that took down Weinstein and sparked the #MeToo movement. It will focus on their efforts to uncover and expose decades of allegations against Weinstein, who has already been sentenced to 23 years in prison on charges of sexual assault and third-degree rape, and is now facing more charges in Los Angeles. Tick, tick, boom... time's up!

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GO FIGURE!

by Linda Tristle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	-		x		25
÷		+		x	
	+		x		21
x		x		+	
	-		x		16
28		16		23	

1 2 2 3 4 5 6 7 8

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Antique Mixing Table — "Antique mixing table" is what the auction catalog said. Meant to mix what? How did you use it? When was it made? Where did it belong in the house? An online search was no help. Today the name "mixing table" refers to the electronic consoles that are used to create music recordings. A search of several large modern dictionaries, books on period furniture and more online searching got pictures but no explanation. But there was a clue. The auction's piece was probably made by Anthony Quervelle (1789-1856). He was a popular furniture maker who worked in Philadelphia about 1815. He specialized in carved wooden, usually mahogany, pieces in the Classical style.

The mixing table was used in a Southern dining room to mix drinks. There were special shelves to store bottles. Its marble, not mahogany, top was less likely to be stained if a drink was spilled. The top of the table was 40 inches from the floor, the perfect serving height. To add to the room's decoration, mixing tables were made with decorative scrolls and panels. A Neal Auction in New Orleans sold a mixing table attributed to Quervelle for \$3,200. Several other similar tables sold in the past few years for a comparable price.

Q: How much is a deck of playing cards from Air Force One worth? The cards have a facsimile signature of President Lyndon B. Johnson.

A: In 1933 Franklin D. Roosevelt became the first president to travel in an airplane. His successor, President Harry Tru-

man, was the first to give decks of playing cards to VIPs and guests who flew on the presidential plane. The presidential plane was not called Air Force One until 1953. The tradition of giving playing cards continued, except under President Carter, who thought the giveaway was a waste of taxpayer's money. The first playing cards to include the president's signature were those given by Johnson in the 1960s. Unopened decks, still in their cellophane wrap, are worth more than decks that have been opened and used. Prices for memorabilia from some presidents are more than those from others. Recent prices for President Johnson's Air Force One playing cards include a boxed set of two unopened decks for \$125 and a boxed set with two decks that have been opened for \$50.

CURRENT PRICES

Doll, Madame Alexander, Wendy Goes to a Garden Party, plastic, titian hair, bent knee walking body, embroidered Swiss organdy dress, satin shoes, 1956, 8 inches, \$345. Sampler, needlework, alphabets, flowers, verse, Go Forward, Rachel C. Pittenger, May 3rd 1845, Manalapan, New Jersey, frame, 18 x 17 inches, \$750.

TIP: Sap bleeds from the knots in old wood and it stains the paint. This discoloration is one way to determine if paint is old.

For more collecting news, tips and resources, visit www.Kovels.com.

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Strange BUT TRUE

- Christopher Havens, a high school dropout and convicted murderer, taught himself advanced mathematics and solved a decades-old math puzzle involving "continued fractions" while in prison. He then published his findings in an international advanced math journal in January 2020.
- The Grand Canyon is so big that it creates its own weather.
- In August 1971, the Pittsburgh Pirates became the first professional team to have all nine players in the lineup be of Black or Latino descent.
- World War II German interrogator Hanns Scharff's unusual techniques for extracting information — which included sharing his wife's homemade baked goods, cracking jokes, unsupervised nature walks and afternoon tea — were so successful that the U.S. military later incorporated them into their own interrogation schools.
- The blood in that infamous "Psycho" shower scene was actually chocolate syrup.

- Because it turns yellow when fully ripe, the Persian lime is not commonly found in markets, as it gets confused for lemons, but is used for most commercial purposes.
- Hungarian composer Franz Liszt received so many requests for locks of his hair that he bought a dog and sent fur clippings instead.
- The Bible is the most commonly stolen book in the world.
- Pill bugs, also known as roly-polys, are not insects but rather crustaceans. They breathe through gills and are more closely related to shrimp and lobsters than other bugs.
- The moon is not round, but shaped like an egg.
- Brunettes are more likely than anyone else to become hooked on nicotine. The high levels of the pigment melanin in their hair also make it difficult for the liver to metabolize the nicotine, keeping it in the system longer and making it easier to become addicted.

Thought for the Day: "The vacation we often need is freedom from our own mind." — Jack Adam Weber

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Now here's a tip!

by Jo Ann Derson

- For a little extra visibility in the basement, try applying glow-in-the-dark or reflective tape on the edges of the stairs.
- This tip will change your life when peeling eggs: After you have hard-boiled your eggs, drain and submerge in ice water. Put them back in the pot, put the lid on and shake. Shake in all directions for up to a minute. The eggs practically slip right out of their shells. Just rinse and prep. — JoAnn
- "To distinguish your keys, especially house keys that have similar stamps, simply paint the key head with different colors of nail polish. You could even add a very subtle dot of the matching polish on the key lock. Re-apply as needed." — S.L. in Oregon
- If you keep birds, here's a reminder: Never preheat

pans on high heat — especially nonstick pans. They can let off a chemical that you or I cannot detect but can be a health hazard if your bird friend is in the kitchen area. Don't keep birds in the kitchen when cooking.

• "To mark the end on a roll of tape, save your bread tabs. Stick one on the tape end and it will be ready and easy to start the next time. If it's a thick tape, you can use two clips — one at either side of the tape. This way, it won't split on you." — M.E. in Maryland

• Use a flat iron to iron your collar if it's rumpled. This also works to straighten out buttonholes that have crimped.

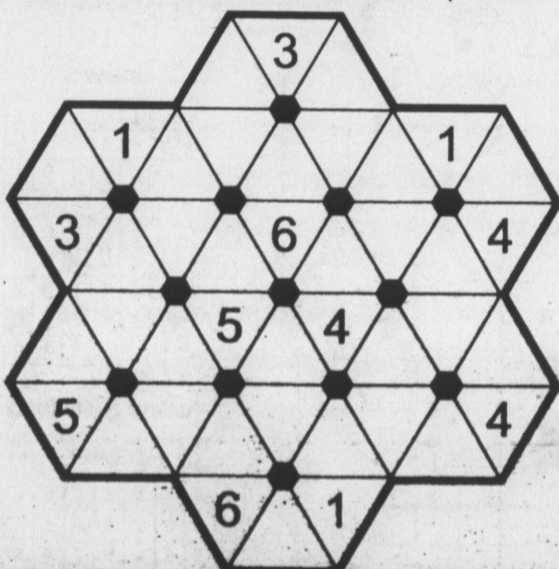
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS

by Terry Stickels

Here's a "trickledown" puzzle. The rules are simple; change one letter on each line to make a new word and continue until you reach the final word.

EXAMPLE: COAT

VASE

ANS: COAT
COST
CAST
CASE
VASE

Now, try this one:
Remember, there may be more than one answer.

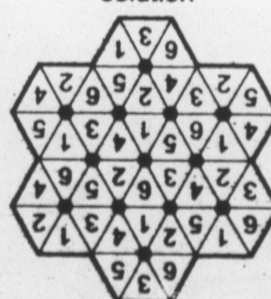
START

PHONE

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SNOWFLAKES

solution



Go Figure!

answers

23	16	28
16	8	4
	x	x
+	x	x
21	3	1
x	+	+
25	x	7

Stickelers Answer

PHONE
SHONE
SHORE
SHARE
STARE
STARE

Super Crossword

VISITING THE ISLE OF WIT

ACROSS

- 1 Earns back, as losses
- 8 Study of vision
- 14 One who's not stingy
- 20 Shrunken Asian lake
- 21 Disperse from a central point
- 22 Spacecraft segment
- 23 Will soon obtain U.K. citizenship?
- 25 Like Peru's mountains
- 26 Revered Fr. nun, maybe
- 27 Motorist's crime, for short
- 28 Soccer icon
- 30 "Phooey!"
- 31 "That louse just hatched a few hours ago?"
- 39 Aim at
- 42 Styling sites
- 43 Hilarity
- 44 Book after Song of Solomon

DOWN

- 45 "To recap ..."
- 46 Swiss river
- 48 Hairly pollinator's darting movement?
- 56 Hairstyle
- 57 On — streak (lucky)
- 58 "Hamilton" composer — Manuel
- 59 Watch over
- 64 Partial mending of a paper cut?
- 70 Excited painter's cry
- 72 Diner
- 73 Pink pencil tip
- 74 Siblings who compose legal orders?
- 79 Spacek of film
- 80 Dude's prom duds
- 81 "Now, Voyager" actress Chase
- 82 In — (as first placed)
- 84 "My career as a tailor will start soon?"
- 95 Tee lead-in
- 96 Chris of tennis

ACROSS

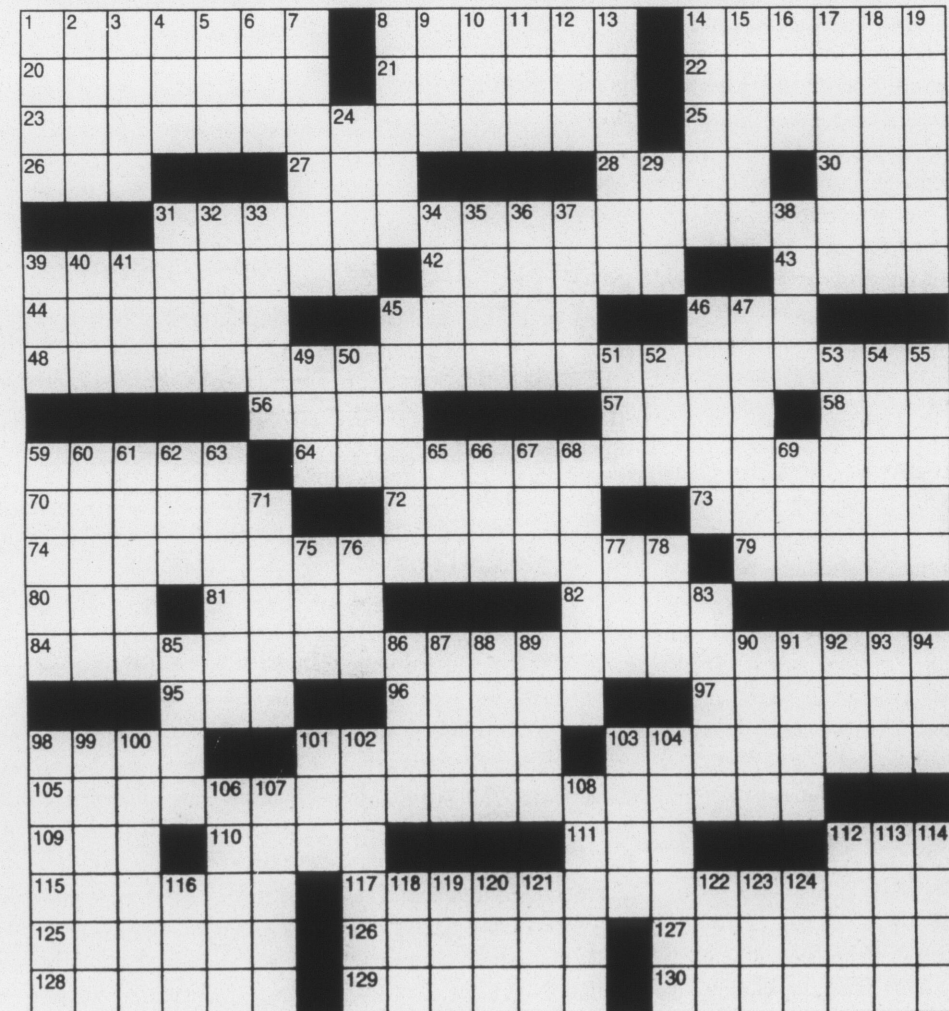
- 97 Certain pizza chain logo
- 98 Depletes 103 4 p.m. social event, maybe
- 105 Interweave while wearing a lustrous
- 109 Omelet need
- 110 Get up
- 111 Hockey hero Bobby
- 112 Historical unit
- 115 Headwear for Fred Astaire
- 117 Occupy a chair to apply Visine drops?
- 125 Invent
- 126 Like green bananas
- 127 Filthy place
- 128 Closet staple
- 129 Mini and midi
- 130 Orthodontic separators

DOWN

- 1 Rally cheers
- 2 "QED" center
- 3 Costco unit
- 4 Suffix with schmozz
- 5 Kind of PC port
- 6 For each
- 7 Declined the offer
- 8 "Come —!" ("Get real!")
- 9 NBAer Gasol
- 10 Blasting stuff
- 11 Debtor's note
- 12 Mongrel
- 13 Get involved
- 14 Teeny
- 15 Sweetie pie
- 16 Tack (on)
- 17 Very sorry
- 18 Paige on a stage
- 19 Backpedal
- 24 Lookalike
- 29 High rollers?
- 31 End-of-workweek cry
- 32 Make whole
- 33 Moral tenet
- 34 Lacks life
- 35 Kimono belt
- 36 Swivel
- 37 Burial locale
- 38 Ugly fairy-tale figure
- 39 — for tat
- 40 Silver-gray
- 41 "Norma —"
- 45 Less sure
- 46 Outranking
- 47 Fiddles with
- 49 Talking — (scoldings)
- 50 With
- 77-Down, well-drilling structure

DOWN

- 51 Egypt and Syr., once
- 52 Conductance unit, once
- 53 Hallow
- 54 German
- 55 See 113-Down
- 59 Mafioso John
- 60 "Yep"
- 61 Siri's Amazon counterpart
- 62 Ticket info
- 63 Fishing boats
- 65 Asian ideal
- 66 "Addams Family" cousin
- 67 "Eh, so-so"
- 68 Determine beforehand
- 69 — tai (drink)
- 71 Drying ovens
- 75 Ruling from a boxing ref
- 76 Ball swatter
- 77 See 50-Down
- 78 Actor Gilliam
- 83 Allow to flow again
- 85 Life jacket, e.g.
- 86 Himalayan humanoid
- 87 Fifty-fifty
- 88 Actress Polo
- 89 — Mawr College
- 90 Hurly-burly
- 91 Epps of "House"
- 92 Fish feature
- 93 "Ltd." cousin
- 94 Boot tip
- 96 Brief outline
- 99 Longhair cat
- 101 Horse's kin
- 102 Monkey used in research
- 103 Fills with black gunk
- 104 Slip-ups
- 106 Furning mad
- 107 Gunpowder stuff
- 108 Stabs
- 112 "Jane —"
- 113 With
- 55-Down, back-door access
- 114 Some cobras
- 116 Ugly fairy-tale figure
- 118 Signing stuff
- 119 Prefix with cycle or color
- 120 Holiday tree
- 121 Make a pick
- 122 Jay-Z's genre
- 123 Ticket info
- 124 List abbr.



celebrity extra

by Dana Jackson

Q: Could you tell me why "Evil" was moved to Paramount Plus? It's a great show, but I don't want to pay extra to watch it. — *Frank in New York*

A: According to an article from "Variety" back in May, the first season of "Evil" was a big hit for CBS, but its audience grew even more substantial when it re-aired the episodes on Netflix. "Variety" explains that "again and again in recent months, media conglomerates have demonstrated that streaming services are the priority in this landscape...CBS moving 'Evil' to Paramount Plus in order to capitalize on its streaming success is another example of this new world order." CBS is obviously hoping that cable and Netflix subscribers will follow "Evil" to Paramount Plus for \$5 a month.

For those who aren't familiar with the show, "Evil" stars Katja Herbers as a forensic psychologist and Mike Colter as a priest who work together to solve supernatural mysteries for the Catholic Church. The series was created by husband-and-wife team Robert and Michelle King, who also were the masterminds

behind CBS's "The Good Wife" and "The Good Fight" on Paramount Plus.

Q: I was watching a commercial for the new series about Monica Lewinsky. I didn't recognize anyone in it. I'm especially intrigued about who is playing President Bill Clinton — he sounded just like him. — *E.E.*

A: The newest installment of "American Crime Story" premieres Sept. 7 on the FX channel and focuses on the Monica Lewinsky-Bill Clinton scandal. In fact, "Impeachment" is co-produced by Lewinsky herself and stars Beanie Feldstein ("Booksmart") as the infamous intern. British actor Clive Owen was initially skeptical about taking on the role of our 42nd president, telling producer Ryan Murphy, "I don't really look like him," but the make-up department did a fantastic job on Owen with modifications to his forehead and nose. The voice is all a result of Owen's talent.

Rounding out the cast are Edie Falco as the formidable Hillary Clinton and Sarah Paulson as Lewinsky's frenemy, Linda Tripp. A chameleon, Paulson previously played prosecutor Marcia Clark in "The People v. O.J. Simpson: American Crime Story." As for Owen, he's been in countless projects, but is probably best known



Clive Owen as Bill Clinton
Photo Credit: Kurt Isvarienko/FX

for his Oscar-nominated role in the 2004 film "Closer," opposite Natalie Portman and Julia Roberts.

Q: Who is the actress playing four versions of herself in the Buick commercials? She looks so familiar, but I can't figure out where I've seen her. — *R.S.*

A: Vanessa Curry is the model/actress driving her three alter egos around in her Buick Envision after a "brutal" spin class. She's a former NBA Laker Girl who also was once part of the pop group Pussycat Dolls. She appeared in a slew of national commercials for Target, AT&T and BMW before landing the Buick campaign. Curry has guest-starred on numerous prime-time shows, so perhaps you saw her on "Glee," "CSI: New York" or "Pump."

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWs, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

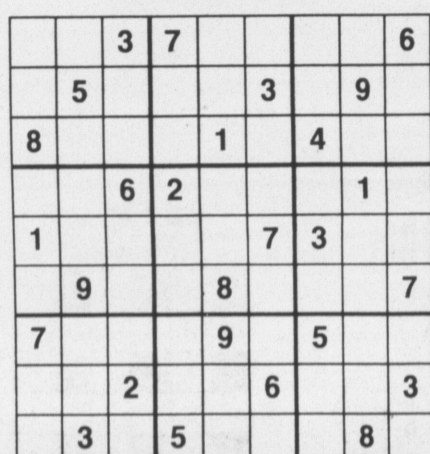
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|-----------------------|-------------|-------------------|-------------|
| 1. Plumber's tool | W _ _ _ _ _ | Quebec's language | F _ _ _ _ _ |
| 2. Toss the baseball | _ I _ _ _ _ | Garden area | _ A _ _ _ _ |
| 3. Seafaring soldier | _ _ _ _ _ E | Boat basin | _ _ _ _ _ A |
| 4. Gem State capital | B _ _ _ _ _ | Racket | N _ _ _ _ _ |
| 5. Unveil | _ _ V _ _ _ | Rescind | _ _ P _ _ _ |
| 6. Glean like the sun | S _ _ _ _ _ | German river | R _ _ _ _ _ |
| 7. Mr. Claus | _ _ _ _ _ A | Fe | _ _ _ _ _ E |
| 8. "Equus" actor | _ _ R _ _ _ | Shirt fastener | _ _ T _ _ _ |
| 9. Cookoff stew | _ _ _ _ _ I | Santiago's locale | _ _ _ _ _ E |
| 10. Drive the car | _ T _ _ _ _ | Gossamer | _ H _ _ _ _ |

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

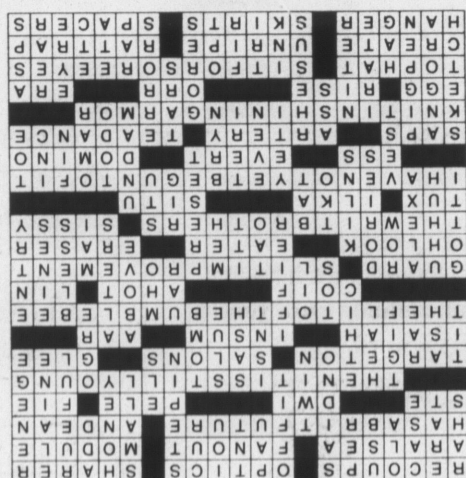
DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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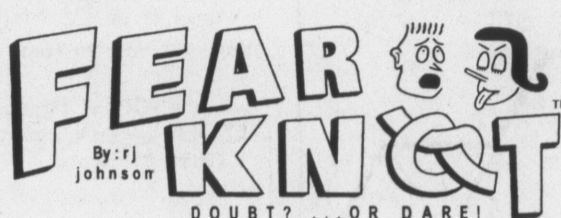
Super Crossword

Answers

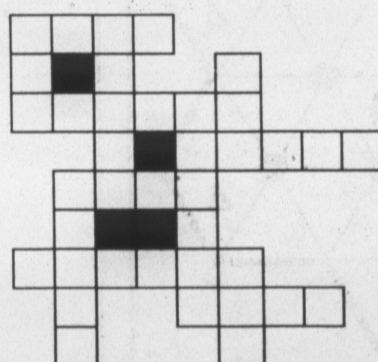


Even Exchange answers

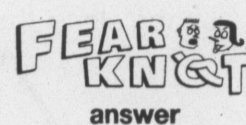
1. Wrench, French
2. Pitch, Patch
3. Marne, Marne
4. Boise, Noise
5. Reveal, Reveal
6. Shine, Rhine
7. Santa, Sante
8. Burton, Burton
9. Chili, Chile
10. Steer, Sheer



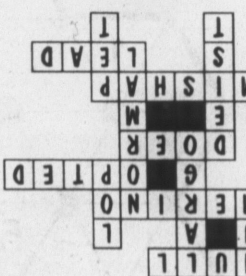
- PLO
LOMARN
♥ TEDIS
LHLU
ROMIEN
EPT
♥ ADLE
GAROL
UMH
HIPASM
♥ PODET
♥ EDRO



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.



answer



Weekly SUDOKU

Answer



S
E
P
9
2
0
2
1

Amber Waves



Out on a Limb



R.F.D.



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Visual	CAPITOL						
Bend	RECASE						
Hinder	PRIMIA						
Boost	AIRES						

TODAY'S WORD

"Too many _____ for my taste!"

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

5	1	5	2	4	3
4	3	2	5	5	5
1	2	1	3	1	4
2	4	6	1	3	5
5	5	5	1	2	3
3	6	4	5	1	2

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Help! My Cats Have Started Fighting

DEAR PAW'S CORNER: My two cats, Mitsy and Bitsy, got along well for nearly five years. Bitsy is 11 years old, about six years older than Mitsy. In the past couple of months, they squall and squabble with each other every time they're in the same room. What is going on, and how do I stop it? — Cara C., Albuquerque, New Mexico

DEAR CARA: Take both of your cats to the veterinarian as soon as an appointment is available. Because the behavior just recently started after years of tranquility, a health issue could be at the root of their fighting.

Senior cats are especially likely to develop conditions that cause them to be cranky or more territorial than usual. Pain from arthri-

tis or other conditions can be a big factor in making Bitsy irritable, tired and just not in the mood to hang out with Mitsy. Likewise, Mitsy could be developing a medical condition; it's best to rule out physical problems in both cats.

Once their health has been assessed and treatment, if necessary, started, then the hard work of reconciling the two can begin. Keep the cats separated at first — on opposite sides of the house, if possible, in closed rooms. Each day, reintroduce them by placing a small plate of food in front of each door and letting them out. If they calmly eat, then the next day, move both plates closer. Observe the cats as they eat; if they begin to growl or tense up, put both back into their rooms before they escalate — fighting is very traumatic for them. Shift the bowls back a bit and try again.

Send your questions, comments or tips to ask@pawscorner.com.

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TOP VIDEO RENTALS AND SALES

TOP TEN VIDEO, DVD
for release week of
September 6, 2021

Video On Demand

1. The Hitman's Wife's Bodyguard (R) Ryan Reynolds
2. A Quiet Place: Part II (PG-13) Emily Blunt
3. Snake Eyes: G.I. Joe Origins (PG-13) Henry Golding
4. Those Who Wish Me Dead (R) Angelina Jolie
5. Stillwater (R) Matt Damon
6. Wrath of Man (R) Jason Statham
7. Pig (R) Nicolas Cage
8. Queen Bees (PG-13) Ellen Burstyn
9. Crime Story (R) Richard Dreyfuss
10. The Green Knight (R) Dev Patel

DVD, Blu-ray Sales

1. The Hitman's Wife's Bodyguard (R) Lionsgate
2. Luca (PG) Disney/Pixar
3. A Quiet Place: Part II (PG-13) Paramount
4. Batman: The Long Halloween — Part Two (R) Warner Bros.
5. Space Jam (PG) Warner Bros.
6. Mortal Kombat (R) Warner Bros.
7. The Hitman's Bodyguard (R) Lionsgate
8. Godzilla vs. Kong (PG-13) Warner Bros.
9. The Discovery of Witchers: Season 2 (TV-MA) RLI/Shudder
10. E.T. — The Extra Terrestrial (PG) Universal

Source: Comscore/Media Play News

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Hitori

answer

2	3	5	1	2	3
3	2	5	1	2	3
5	4	5	1	2	3
5	4	5	1	2	3
5	4	5	1	2	3
5	4	5	1	2	3

CALORIES

Today's Word

1. Optical 2. Crease; 3. Impair; 4. Raise

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MORE FUN

COUCH THEATER

BY RACHEL ROSE

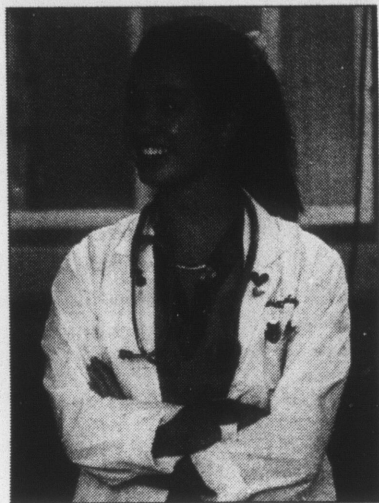
Doogie Kamealoha, M.D. (TV-PG) — As the trend of TV reboots continues, we now have this updated version of the early '90s sitcom "Doogie Howser, M.D." This time around the teenage physician is a girl who's balancing hospital rounds with time off surfing with friends in her home state of Hawaii. The 10-episode series stars 17-year-old Peyton Elizabeth Lee (who isn't actually Hawaiian, so slight casting fail there). The original theme song now played on ukulele is a nice nostalgic touch. (Disney+)

Sweet Girl (R) — In a very timely plot, Jason Momoa plays Ray Cooper, a Pittsburgh blue-collar worker who loses his young wife to cancer. Blaming a pharmaceutical company's CEO for his wife's death after the company pulls a life-saving medication from the market, Ray vows vengeance against him. His teenage daughter, Rachel, insinuates herself into Ray's violent attacks, and the two soon find themselves fleeing authorities. Fair warning, there are lots of graphic fight scenes that are painful to watch. But a plot twist changes the whole dynamic of the film, so you may end up watching it twice. (Netflix)

9/11: Inside the President's War Room (NR) — With all the previous documentaries that have come out over nearly 20 years, it's hard to imagine there is still unseen footage, but such is the claim by the BBC production team bringing this doc just prior to the anniversary of 9/11. Narrated by Jeff Daniels, the film centers on the vantage points of President George Bush's main advisers in the 12 hours following the Twin Tower strikes, from Vice President Dick Cheney and national security adviser Condoleezza Rice, to the president's Secret Service detail, his press secretary and the pilot of Air Force One. Hundreds of never-before-seen photographs and archived film give a new insight into the decision-makers on that horrific

day. (Apple TV+)

First Wives Club (TV-14) — This BET original series isn't really a reboot of the hugely successful 1996 movie, it's more like a reinterpretation of it in episodic form. It still focuses on three long-time friends who all find themselves divorcing their cheating or otherwise dubious husbands at the same time, but that's where the similarities end. The jokes fall flat and the writing is uninspiring. Singer Jill Scott is dynamic, but her talents are underutilized here. (BET+)



Peyton Elizabeth Lee in "Doogie Kamealoha, M.D."

In Case You Missed It

I Don't Like Mondays (NR) — This 2006 documentary tells the story of 16-year-old Brenda Spencer, who perpetrated America's first mass school shooting. The 1979 tragedy inspired the pop song "I Don't Like Mondays" by the Boomtown Rats, written for Spencer's stated reason for why she began shooting that morning in San Diego. The film covers events up to and including her 2005 parole hearing, mostly through interviews with childhood survivors of the event, family members of those killed, police on scene and her own parents. What is unexpected is the shocking number of times that Spencer was repeatedly failed by adults who could have changed the course of her life, and how the public's focus on her statement overshadowed the full story. (Prime Video)

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Contract Bridge

FIRST THINGS FIRST

East dealer.

Both sides vulnerable.

NORTH

♦ K 4 2
♥ Q 7 4
♦ K 6 2
♣ A 9 8 5

WEST

♦ 10 9
♥ K 6 5
♦ Q J 9 7 4
♣ 7 3 2

EAST

♦ Q J 7 6 3
♥ 10 9 8 2
♦ 8 5
♣ K 6

SOUTH

♦ A 8 5
♥ A J 3
♦ A 10 3
♣ Q J 10 4

The bidding:

East South West North
Pass 1 NT Pass 3 NT
Opening lead — queen of diamonds.

A declarer who relies more on general principles than common sense is doing himself a great disservice. In one way or another, every deal played is different from every other deal ever played before. To be guided only by habit — and not by the actual circumstances one faces — is sure to prove costly from time to time.

For example, in a particular case it may not be right to play to drop the queen instead of finessing when

you're missing Q-x-x of a suit. Or why it is sometimes better to ruff dummy's losers in your hand rather than ruff your losers in dummy.

Consider the present case where West leads the queen of diamonds against three notrump. Without giving the matter much thought, you might take the first trick with the ace in order to attack your most promising suit, clubs, by means of a finesse.

If you did this, you'd most likely go down after East won the queen of clubs with the king and returned a diamond to establish West's suit. When you later tried a heart finesse for your ninth trick, West would take the king and cash his diamonds to put you down one.

The correct line of play is to win the first diamond in dummy and lead a low heart to your jack. Win or lose, this is certain to make the contract. In the actual case, the heart finesse loses, but West cannot safely return a diamond. Whatever he does, you can next attack clubs to assure at least nine tricks.

It might seem odd to attack hearts, where you might gain only one trick, instead of clubs, where you might gain three — but that is certainly the right thing to do when playing clubs first jeopardizes the contract, while playing hearts first guarantees it. First things first.

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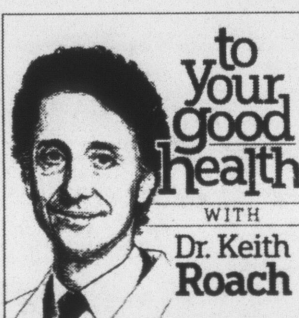
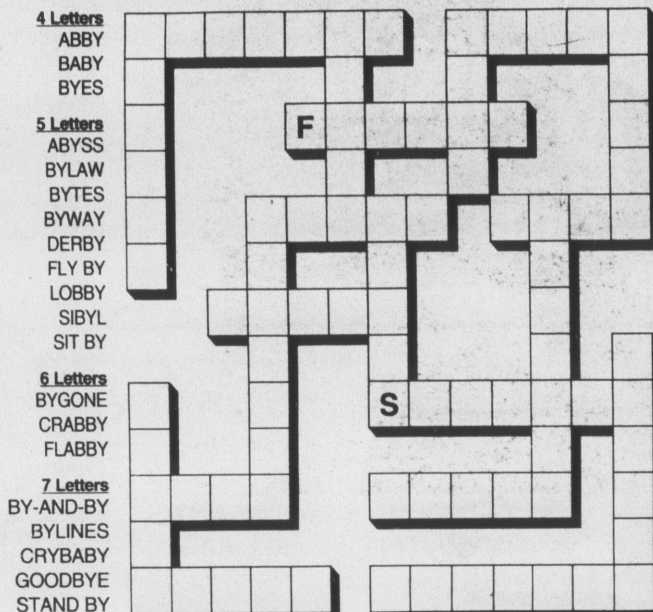
by Steve Becker

Puzzles4Kids

by Helene Hovanec

CRISSCROSS — "BY" WORDS

Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid.



Surgery Is Valid Option For Severe Sleep Apnea

DEAR DR. ROACH: My son, who is 30 years old, was recently diagnosed with severe obstructive sleep apnea and currently uses a CPAP machine. He says does not want to use this for the rest of his life, therefore, he has researched surgery to correct his OSA. Recently he consulted with a sleep expert, and now has surgery scheduled with that doctor.

My son will have a septoplasty and a palate expansion before a more radical surgery in a year called MMA. My son feels that these surgeries will give him the longest lasting cure for his OSA. I am very concerned about all of these surgeries. I value your objective opinion and hope you can give me some reassurance that these surgeries are worth the pain.—G.M.

ANSWER: Although CPAP (continuous positive airway pressure, which works by using air to keep the airway open) is the usual treatment for obstructive sleep apnea, surgery is another effective way to treat OSA. Surgery is most appropriate for those who wish a surgical solution (some people can't stand the CPAP machine), those who have a surgically correctable problem (see below), and those who are good candidates for surgery; younger age makes surgery seem more reasonable to me.

The specific surgery chosen depends on an individual's unique anatomy. Surgery on the uvula (yes, the dangling thing at the back of the throat), soft palate and pharynx is the most common surgery, but maxillo-

mandibular advancement surgery (MMA) has been shown to be successful in several well-known medical centers in the U.S., such as Mayo Clinic and Stanford. Success rates are high, and some studies have shown surgical cure of obstructive sleep apnea in over half of those who undergo the procedure.

Not knowing your son and not being a surgeon, I can't give an objective opinion for him in particular, but I can say that in appropriate patients, surgical treatment of OSA is reasonable.

DEAR DR. ROACH: Is there any good way to find the correct blood pressure medicine that doesn't suck the life pep out of you, give you a headache, make you short of breath when walking or grapple with all of those side effects at once? Who should manage that program, your regular doctor or your cardiologist? Is there another specialist with the right insight and expertise?—E.M.

ANSWER: Choosing the best blood pressure medicine for a person with high blood pressure starts with knowing as much as possible about the person's heart and blood vessels, and their other medical conditions. A person with blockages in the arteries should be on a beta blocker and ACE inhibitor most of the time. A person with diabetes should be on an ACE inhibitor or angiotensin receptor blocker. An older person with isolated high systolic pressure may get most benefit from a diuretic. However, it may still take some trial and error to find the best choice. Most people are able to find a blood pressure regimen that has very few side effects.

Most generalists have expertise in blood-pressure medications, and are likely to know all your conditions. Cardiologists have more expertise in cardiovascular disease, and I refer to high blood pressure experts when I have difficulty getting someone's blood pressure under control.

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Comfort foods

Made fast and healthy



by Healthy Exchanges

Tomato and Basil Onion Soup

Homegrown tomatoes soon will be nothing but a pleasant memory. But before they are, why not stir up a pot of this wonderful soup? It's perfect for all of us tomato and basil fans!

- 1 cup finely chopped onion
- 1 (10 1/4-ounce) can reduced-fat tomato soup
- 1 cup water
- 3 cups peeled and chopped fresh tomatoes
- 2 tablespoons minced fresh basil or 2 teaspoons dried basil

In a large saucepan sprayed with butter-flavored cooking spray, saute onion for 6-8 minutes. Stir in tomato soup and water. Bring mixture to a boil. Stir in tomatoes and basil. Lower heat and simmer for 10 to 12 minutes, stirring occasionally. Makes 4 (1 1/4 cup) servings.

TIP: 1 (15-ounce) can diced tomatoes can be used in place of fresh tomatoes.

• Each serving equals: 109 calories, 1g fat, 2g protein, 23g carb., 300mg sodium, 3g fiber; Diabetic Exchanges: 2 Vegetable, 1/2 Starch.

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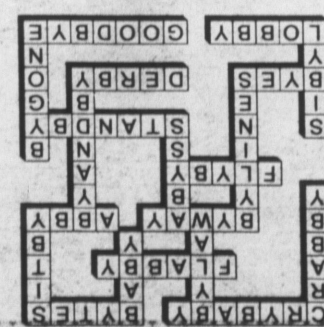
1. What group released "Love Can Make You Happy"?
2. Which Spiral Starecase song was taken from an 1889 poem, originally written in French, by Rosemonde Gerard?
3. Name the solo artist who released "Mama Can't Buy You Love."
4. How many times did Michael Jackson win a Grammy for Album of the Year?
5. Name the song that contains the lyrics: "I only meant to love you, Didn't you know it, babe, didn't you know it? Why couldn't you be content with the love I gave?"

Answers

1. Mercy, in 1969. The song was kept from the No. 1 spot on the charts by the Beatles' "Get Back." It can be heard in the film "Fireball Jungle."
2. "More Today Than Yesterday," in 1969.
3. Elton John, in 1979. It was John's first top 10 song in the U.S. in three years, reaching No. 9 on the Billboard chart. It then spent a week at the top of the Adult Contemporary chart and was certified gold.
4. Once, for "Thriller," in 1984.
5. "The Chokin' Kind," by Waylon Jennings, in 1967. Joe Simon followed with a cover in 1969, topping the charts. He nabbed the Grammy for Best R&B Vocal Performance for the song.

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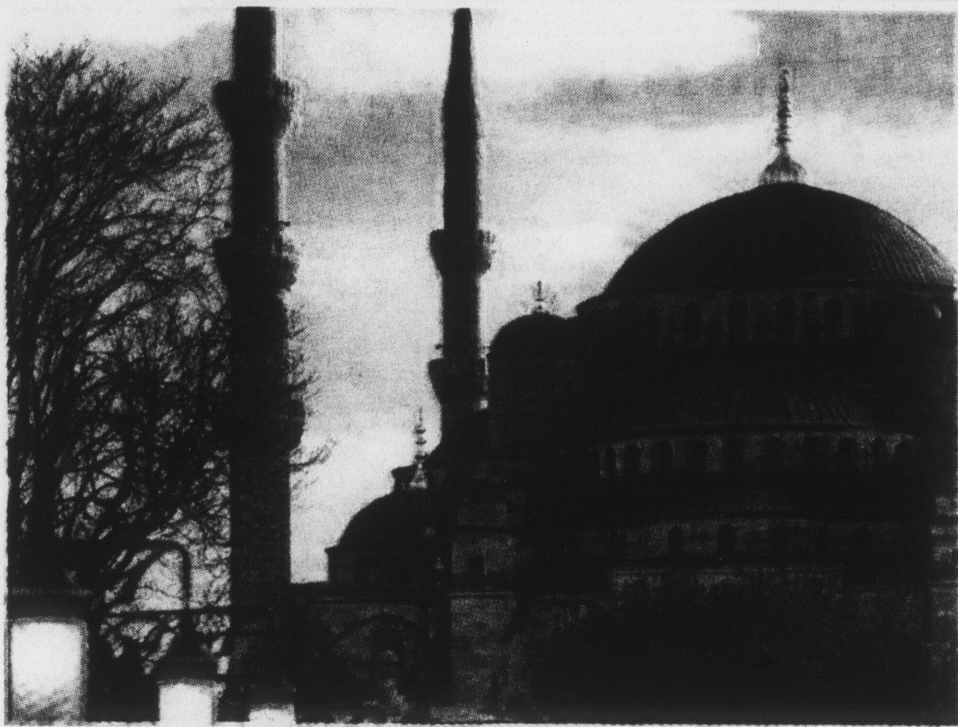
Puzzles4Kids Answer



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"THE TRAVELLING LIBRARIAN Goes to Istanbul," an online program presented by the Thomas Crane Public Library, will take place Monday, Sept. 13 from 7 to 8 p.m.

Courtesy Photo

Istanbul Topic Of Library Online Presentation Sept. 13

Join Thomas Crane Public Library and guest, Reference Librarian Jeff Klapes on Monday, Sept. 13 from 7 to 8 p.m. for a special live online presentation of "The Traveling Librarian."

Settle in for an armchair traveler's journey to the cosmopolitan city of Istanbul. A major crossroads of eastern and western civilization, Istanbul is not Turkey's politi-

cal capital, but it is the country's largest city and cultural hub. Rich with gorgeous Islamic architecture, fascinating markets, and vibrant street life, Istanbul is a city that will amaze you with its opulence.

Jeff Klapes is the head of Reference Services at the Lucius Beebe Memorial Library in Wakefield.

Join on Zoom (meeting

ID 858 5896 4025). Using the free Zoom app is recommended. Call (646) 558-8656 and use the same meeting ID to listen to the audio. You may also view the program live on the Crane Public Library's YouTube channel.

The program is sponsored by the Friends of the Thomas Crane Public Library.

Quincy Point Congregational Church Rally Day Sunday

"All things grow in God's love," is the theme for Rally Day on Sunday, Sept. 12 at Quincy Point Congregational Church, 444 Washington St., Quincy.

There will be both in-person and online "YouTube" worship 10 a.m., in-person Communion Sunday worship will take place in

the air-conditioned church sanctuary.

The Point Handbell Ringers will be performing during worship.

The sanctuary is "accessible to all" with designated parking and an elevator via the Abbey Road side of the church.

In-person Sunday School

and Youth Group starts on Rally Day, Sept. 12. Joyce Romeri and Karen Kearns will be teaching Sunday School and Angelina DeCristofaro will be teaching Youth Group. The children and youth depart for class or youth group during worship (with older children alternating weeks between

class or youth group). The first week the children and youth will be painting a garden mural in the downstairs classroom. For more details contact the church office for a schedule or see the latest version to "To the Point" monthly newsletter at <https://www.quincypoint-cong.org/church-life-1>. Reg-

istration letters will be sent out soon, but any new families can also sign up online at <https://www.quincypoint-cong.org/church-life-1>.

The Missions and Social Justice Committee of Quincy Point Congregational Church is sponsoring a summer clothing collection for Quincy Public Schools McKinney Vento Program.

Items needed in children's Sizes XS-XL are: children's underwear (needed most), socks (needed most), t-shirts, sweatpants and leggings. The drive ends on Sunday, Sept. 26. Drop off to the church on Sundays before worship or weekdays from 9 a.m. to 2 p.m. (ring the church doorbell by the bakery, doorbell at the Abbey Road accessible door) or call 617-773-6424.

Birthdays, Life Celebration Sept. 15

Hamel-Lydon Chapel and Cremation Service of Massachusetts is celebrating birthdays and life at the Kennedy Center, 440 East Squantum St., North Quincy on Wednesday, Sept. 15 at 1:30 p.m.

All are welcome to join Rose Cristiani Pope, birthday coordinator for cake, ice cream and entertainment.

There is no cost to attend and all are welcome. Call 617-376-1506 to reserve your spot.

READERS FORUM

Waterston Avenue Needs Fixing

Waterston Avenue is a significant street in Wollaston – running between and roughly parallel to Fenno St. and the meticulously landscaped Elm Avenue. But the contrast to Elm Avenue is stark – Waterston Avenue is Cinderella minus the fairy godmother.

Multiple layers of asphalt are exposed by uneven gaps in the pavement while large asphalt patches rise and fall like the waves in Quincy Bay during a Nor'easter. The depression at the intersection with Ebbett Avenue (a private way) forms a basin that is typically under-

water for several days after a decent rainfall. (I call it the "Perpetual Puddle".) No speed limit is posted because monitoring it would be a waste of time --anything over 5 MPH would be unattainable without incurring front end damage. (Not that you would want to drive down the street anyway – who would want to subject their vehicle to that level of abuse?) The real kicker is that most of the street was closed for much of the summer of 2020 – and this was the result.

Here's the bottom line: the basics of running a city are, well, pretty basic. You plow the roads, pick up the

trash, teach the kids, protect the public and, yes, pave the streets. There are no photo ops associated with paving a street -- no dedication ceremonies or speeches. QATV won't cover it; the Quincy Sun won't report it; the Governor won't praise it. But cities depend on their basic infrastructure – take that away and you have little of value left.

Until this issue is resolved, any expressions of city pride – and references to the "New Quincy" -- will ring hollow in the ears of the local citizens.

William MacDonald
Quincy

Tips For Back To School: For Parents, By Parents

enter the new school year. With that in mind, here are a few things to consider:

1. Name it. You might notice your child is more on edge or easily frustrated as the transition to school comes closer. Let your child know that it's okay to be nervous and/or excited about school starting

up again. ASK what they are feeling and name some feelings you may feel in that situation. Acknowledge that these are strange times and that school can feel different right now. Try to avoid being dismissive or saying "you're fine" if your child is upset. Kids (and adults) need to feel validated and know their feelings are expected at a transition like this.

2. Keep it simple. This is especially true for children that have been full remote this whole time. It may be mentally and emotionally overwhelming to be in school buildings with peers all day, every day after a long break. As best you can, try to ensure they have some down time to rest. Avoid peppering them with questions each day and let them feel free to unwind after the day.

3. Be calm. Easier said than done!! Our children often reflect our emotions. If we are stressed and frustrated, we will likely start to see them acting that way too. "When little people are overwhelmed by big emotions, it's our job to share our calm, not to join their chaos." L.R. Knost.

With all the uncertainty of the coming fall, we wanted parents to know that you are not alone. We are all navigating these challenges the best we can. Try to be gentle with yourselves as you put one foot in front of the other. There is no way around it, pandemic parenting is hard.

Megan Selchan, LMHC, Mom of 2 young children and Co-founder of Puzzle Pieces, pediatric outpatient therapy clinic in Quincy, Furnace Brooke Parkway

Liz Speakman, LICSW, Mom of 2 young children and candidate for Quincy School Committee, Merry-mount Road

Get back to your future.

Fall registration is now open. Choose your next step from over 64 areas of study, including:

- Nursing
- Physical Therapy Assistant
- Cyber Security
- Information Systems
- Medical Lab Technology
- Education
- Business Management
- Surgical Technology
- Criminal Justice
- Fine Arts
- Paramedic Education
- Game Development

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GENERALS BRIDGE & PARK DEDICATION

Saturday, September 11, 2021 at 10 a.m.

Corner of Dunford Drive & McConville Way, Quincy Center

Please see the blue parking lots and handicap parking locations identified below.



Map Key:



Public Parking



Hancock Street: Handicap parking available on both sides between Granite Street and School Street.

Generals Bridge Location

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